



Dundrum Athletic Club Presents:

THE **25TH** ANNUAL

collette 10k

*Quality Embroidered
Souvenir Hand Towel
For All Finishers*



**THE RACE STARTS IN
DUNDRUM
CO. TIPPERARY AT 8PM
ON WEDNESDAY 7TH
JULY 2010**

FLAT TWO LAP CIRCUIT MEASURED
BY JONES COUNTER

*First 8 Senior Men
First 3 Vet. Men O/40
First 3 Vet. Men O/45
First 3 Vet. Men O/50
First Vet. Man O/55
First Vet. Man O/60*



€100 For Winner of the Senior
Men's and Women's Race

€100 For New 10k Course
Record Men and Women

*First 4 Senior Women
First 2 Vet. Women O/35
First 2 Vet. Women O/40
First 2 Vet. Women O/45
First Vet. Women O/50*



Tim Crowe Memorial Trophy
to be presented to the first Tipperary Athlete.

*First 3 Junior Men and Women
First Wheelchair
Plus Spot Prizes*

ALSO
5K FOR JUNIOR MEN AND WOMEN
One lap ran with 10k event

<i>Course Record Men</i>	<i>Daniel Gidumbanda</i>	<i>Tanzania</i>	<i>1997</i>	<i>29:45</i>
<i>Course Record Women</i>	<i>Rosemary Ryan</i>	<i>Bilboa</i>	<i>2003</i>	<i>34:28</i>

ENTRY ON NIGHT €12 SENIOR/VETS & €7 JUNIOR

For further information and any queries you may have contact Michael at 062 71464 or 085 1743834 & John at 087 8501683 or email: dundrumac@live.ie or visit www.tipperaryathletics.com

Athletics Ireland Permit approved.
Athletes Participate at their own risk.



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www.facebook.com/dundrumathleticclub

