

Organised by:



11th Annual

Mayo AC League

Supported by:



Mayo AC

2009

In association with

Mayo Sports Partnership



Mayo AC & Mayo Sports Partnership invite YOU to Run, Jog or Walk

(Record your finishing time in the box provided)

Race 1: Carramore 10k

Saturday May 16th @ 6 pm

☎ Christy: (087) 125 9435

Race 4: Swinford A.C. 8k

Sunday Aug 2nd @ 4 pm

☎ Padraig: (086) 873 8691

Race 7: Ballina 4 Mile

Sunday Oct 11th @ 3 pm

☎ Michael: (087) 661 1975

Race 2: Ballyhaunis 8k

Saturday June 27th @ 5 pm

☎ Martin: (087) 245 5989

Race 5: Claremorris 5 Mile

Saturday Aug 29th @ 5 pm

☎ (094) 93 72250

Race 8: Hollymount Road Races

Sunday Nov 8th @ 1 pm

☎ Sean: (086) 840 2679

Race 3: Balla 10k

Saturday July 25th @ 7 pm

☎ Brendan: (087) 294 1227

Race 6: Ballina A.C. 10k

Sunday Sept 13th @ 3 pm

☎ Marian: (086) 364 4073

Race 9: Westport 5k

Sunday Dec 27th @ 2 pm

☎ Michael: (086) 853 4729