

BALLYCOTTON '10'

Pos	Time	Name	Club	Cat	Pace/Mile		
1	0:49:03	MULVEY, Vinnie	Raheny Shamrock AC	M	04:54.2	2	1
2	0:50:24	BRALITIS, Sandis	Latvia	M	05:02.3	4	2
3	0:50:49	MCLOUGHLIN, Cian	Clonliffe Harriers	M	05:04.8	8	3
4	0:51:10	O'SHEA, Alan	Bantry AC	M	05:06.9	10	4
5	0:51:42	CUSACK, Neil	Limerick AC	M	05:10.1	3	5
6	0:52:31	ZAKIS, Raivis	West Waterford AC	M	05:15.0	3700	6
7	0:52:40	O'LEARY, Ian	St. Finbarrs AC	M	05:15.9	2931	7
8	0:53:01	CLOUGH, Matthew	Leeds City AC	MJ	05:18.0	1850	8
9	0:53:10	O'CONNELL, Cathal	St. Finbarrs AC	M40	05:18.9	3617	9
10	0:53:33	MILLER, Neil	Bedford & County AC	M	05:21.2	562	10
11	0:53:39	KLAVA, Dzintars	Latvia	M	05:21.8	5	11
12	0:53:50	GROVES, Glen	Liverpool Harriers	M	05:22.9	1790	12
13	0:54:21	SOSNOWSKI, Wieslaw	Eagle AC	M	05:26.0	1690	13
14	0:54:44	NAVAS, Joseph	Cape Cod AC	M	05:28.3	1760	14
15	0:54:47	MCINTYRE, James	Tulla AC	M	05:28.6	2375	15
16	0:55:03	O'SULLIVAN, Eoin	Donoughmore AC	M	05:30.2	2607	16
17	0:55:05	FERGUSON, Jonathan	A.C. Corte	M	05:30.4	2308	17
18	0:55:12	FAHY, Roy	East Cork AC	M	05:31.1	7	18
19	0:55:17	WARD, Andrew	Wigan Phoenix	M	05:31.6	1856	19
20	0:55:30	HORGAN, Eamonn	Limerick Tri-Ath	M	05:32.9	585	20
21	0:55:51	O'CALLAGHAN, Donal	Riocht AC	M	05:35.0	1221	21
22	0:55:59	RYAN, Keith	Limerick AC	M40	05:35.8	87	22
23	0:56:09	CONROY, Cormac	Rathdrum	M	05:36.8	3817	23
24	0:56:13	PHELAN, Chris	Stragglers	M45	05:37.2	1463	24
25	0:56:22	MANIR, Mo	Wigan Phoenix	M	05:38.1	1860	25
26	0:56:28	KIRWAN, Finbarr	Bray	M	05:38.7	3819	26
27	0:56:33	CURLEY, Pauline	Tullamore Harriers	F35	05:39.2	11	27
28	0:56:34	BYRNE, Michael	Sli Cualann AC	M45	05:39.3	2289	28
29	0:56:45	KEVILLE, Edwin	Rathfarnham-WSAF AC	M40	05:40.4	696	29
30	0:56:54	WOODS, Trevor	St. Finbarrs AC	M	05:41.3	46	30
31	0:56:59	CODY, Paul	Killkeny City Harriers	M	05:41.8	1938	31
32	0:57:03	LIDDANE, James	Tulla AC	M	05:42.2	679	32
33	0:57:04	MCEVOY, Eamonn	St. Finbarrs AC	M50	05:42.3	2148	33
34	0:57:23	KELLEHER, Tony	Eagle AC	M	05:44.2	1260	34
35	0:57:39	MACSEAIN, Pdraig	Douglas	M	05:45.8	2009	35
36	0:57:42	O'SULLIVAN, Gary	Carraig Na BhFear	M	05:46.1	3798	36
37	0:57:47	O'SHEA, Patrick	Iveragh AC	M55	05:46.6	3529	37
38	0:57:49	TRAVERS, Jason	West Waterford AC	M	05:46.8	493	38
39	0:57:51	KAVANAGH, Peter	St. Finbarrs AC	M	05:47.0	625	39
40	0:57:52	SHANAHAN, Tom	Riocht AC	M45	05:47.1	1429	40
41	0:57:59	DEMPSEY, Mark	Limerick Country Club	M	05:47.8	603	41
42	0:58:06	MCCARTHY, Denis	East Cork AC	M40	05:48.5	1192	42
43	0:58:08	MAYE, Alan	Na Fianna AC	M	05:48.7	2119	43
44	0:58:15	DAVIS, Mark	HP Galway	M	05:49.4	3285	44
45	0:58:20	LYNCH, Bernard	Raheny Shamrock AC	M	05:49.9	3808	45
46	0:58:22	DUNNE, Michael D.	St. Finbarrs AC	M	05:50.1	2039	46
47	0:58:23	MASON, Mark	Halifax Harriers	M	05:50.2	48	47
48	0:58:27	ROSSITER, Willie	SBR Ferns	M	05:50.6	3323	48
49	0:58:28	RICE, Mick	Atheny AC	M40	05:50.7	371	49
50	0:58:30	O'SHEA, Michael	Iveragh AC	M45	05:50.9	3550	50
51	0:58:32	O'SULLIVAN, Joe	Bandon AC	M40	05:51.1	1406	51
52	0:58:33	CORMACK, Patrick	Ballynonty AC	M	05:51.2	2666	52
53	0:58:34	MOYNIHAN, Eugene	Marian AC	M45	05:51.3	1519	53
54	0:58:36	CARBUTT, Phil	Bromsgrove & Redditch AC	M50	05:51.5	1579	54
55	0:58:39	BLACKBURN, Thomas	Bilboa AC	M40	05:51.8	2877	55
56	0:58:42	MCDONNELL, Pdraig	Eagle AC	M	05:52.1	632	56
57	0:58:45	FORTUNE, Bernard	SBR AC	M	05:52.4	3559	57
58	0:58:50	SHANAHAN, John	Dundrum AC	M	05:52.9	1922	58
59	0:58:55	MASON, Trevor	West Waterford AC	M	05:53.4	772	59
60	0:58:56	FAHEY, Timmy	North Laois AC	M	05:53.5	2972	60
61	0:58:58	GREALISH, Mairtin	Gort	M	05:53.7	1916	61
62	0:58:58	CROWLEY, James	Tallaght AC	M	05:53.7	3243	62
63	0:58:58	MAHONY, Tim	East Cork AC	M	05:53.7	1711	63
64	0:59:06	O'REGAN, Noel	Midleton AC	M	05:54.5	525	64
65	0:59:11	COOK, Phil	Les Croupiers	M	05:55.0	1581	65
66	0:59:14	MULLANE, Gerard	Bilboa AC	M50	05:55.3	2391	66
67	0:59:16	BRUNNOCK, Johnny	Clonmel AC	M	05:55.5	3070	67
68	0:59:18	O'KEARNEY, Dara	Raheny Shamrock AC	M40	05:55.7	2053	68
69	0:59:20	NOONAN, Patrick	Kenilworth Runners	M40	05:55.9	1487	69
70	0:59:24	O'REGAN, Oliver	Midleton AC	M	05:56.3	1230	70
71	0:59:24	MCGRATH, Michael	Waterford AC	M	05:56.3	428	71
72	0:59:30	SMITH, Patrick	East Cork AC	M	05:56.9	3794	72
73	0:59:34	CURTIN, Noel	Youghal AC	M40	05:57.3	1647	73

74	0:59:35	REYNOLDS, Richard	Killkenny City Harriers	M40	05:57.4	1536	74
75	0:59:37	DOHERTY, Sean	Cape Cod AC	M40	05:57.6	1758	75
76	0:59:37	O'SHAUGHNESSY, Brian	Tipperary	M	05:57.6	606	76
77	0:59:38	HOGAN, Pat	Ennis Track Club	M	05:57.7	506	77
78	0:59:38	DORRILL, Martin	Kenilworth Runners	M	05:57.7	1485	78
79	0:59:38	MURPHY-SCOTT, Michelle	Carraig na bhFear AC	F35	05:57.7	15	79
80	0:59:42	SMITH, Danny	Ballynonty AC	M	05:58.1	76	80
81	0:59:43	TUCKER, Adrian	Rathfarnham-WSAF AC	M45	05:58.2	2339	81
82	0:59:44	GALLAGHER, Darren	Parnell AC	M	05:58.3	1977	82
83	0:59:45	RYAN, Liam	Ballincollig	M	05:58.4	3602	83
84	0:59:46	NAYLOR, Ronald	Mayo AC	M45	05:58.5	2834	84
85	0:59:49	DORAN, James	Riocht AC	M	05:58.8	271	85
86	0:59:50	BRENNAN, Lucy	Sligo AC	F45	05:58.9	12	86
87	0:59:56	O'CONNOR, Edward	Na Fianna AC	M40	05:59.5	2117	87
88	0:59:57	GUINA, Gerard	West Limerick AC	M	05:59.6	1664	88
89	0:59:59	HEATHCOCK, Laurence	Tipton Harriers	M	05:59.8	903	89
90	1:00:03	COOPER, Conaill	Slaney Olympic AC	M	06:00.2	2293	90
91	1:00:06	WORTHINGTON, John Anthony	Wigan Phoenix	M	06:00.5	1858	91
92	1:00:11	MULDOON, Patrick Jr.	Mullingar Harriers	M	06:01.0	2304	92
93	1:00:22	TOBIN, Michael	HP Galway	M	06:02.1	3287	93
94	1:00:24	CRABTREE, Mark	Halifax Harriers	M45	06:02.3	566	94
95	1:00:29	BARCOE, Colm	Tallaght AC	M	06:02.8	2990	95
96	1:00:31	BAKER, Daniel	Cape Cod AC	M	06:03.0	1756	96
97	1:00:33	MCCARTHY, Eugene	Inchigeela	M	06:03.2	1025	97
98	1:00:34	CARROLL, Eamonn	St. Finbarrs AC	M40	06:03.3	2132	98
99	1:00:36	O'REILLY, John	Middleton Harriers	M55	06:03.5	1771	99
100	1:00:38	HARVEY, Michael	Kilmurry-Ibrickane NC AC	M50	06:03.7	3742	100
101	1:00:42	O'CONNOR, Brian	Athenry AC	M	06:04.1	2673	101
102	1:00:43	DELAHUNTY, Mark	Ealing S&M AC	M	06:04.2	2160	102
103	1:00:44	HALLEY, Michael	Waterford AC	M40	06:04.3	3891	103
104	1:00:47	CODY, Tom	Midleton AC	M50	06:04.6	890	104
105	1:00:48	O'LEARY, Fergal	Cork	M	06:04.7	2150	105
106	1:00:52	O'ROURKE, Shane	Crusaders AC	M	06:05.1	1942	106
107	1:00:53	JOLLY, Lynne	Wigan Phoenix	F	06:05.2	1859	107
108	1:00:56	O'BRIEN, Billy	Riocht AC	M	06:05.5	4293	108
109	1:00:57	WESTWOOD, Jason	Halifax Harriers	M	06:05.6	565	109
110	1:00:58	WALSH, Thomas	Tulla AC	M40	06:05.7	3094	110
111	1:01:01	BYRNE, Raymond	SBR Ferns	M40	06:06.0	3322	111
112	1:01:07	MCHUGH, John	Rathfarnham-WSAF AC	M45	06:06.6	2633	112
113	1:01:08	HALE, Darryl	Waterford AC	M40	06:06.7	1114	113
114	1:01:09	POWER, Declan	Dublin	M	06:06.8	323	114
115	1:01:11	MADDEN, Tom	Marian AC	M55	06:07.0	1825	115
116	1:01:12	MCCARTHY, Martin	West Waterford AC	M40	06:07.1	540	116
117	1:01:13	DOYLE, Declan	Eagle AC	M	06:07.2	822	117
118	1:01:16	MULCAHY, Kieran	St. Finbarrs AC	M	06:07.5	1000	118
119	1:01:23	WALSH, Jeremy	Clonliffe Harriers	M	06:08.2	3211	119
120	1:01:28	BULMAN, Mark	Donoughmore AC	M40	06:08.7	251	120
121	1:01:30	MURPHY, Daniel	Ballincollig	MJ	06:08.9	1058	121
122	1:01:32	LENIHAN, Kevin	North Derbyshire	M40	06:09.1	2687	122
123	1:01:39	MURPHY, Seamus	Killkenny City Harriers	M40	06:09.8	1971	123
124	1:01:40	O'CEALLAIGH, Niall	Clonmel AC	M	06:09.9	2824	124
125	1:01:44	TRAVERS, Damian	West Waterford AC	M	06:10.3	492	125
126	1:01:45	CAVANAGH, Louise	UCC AC	F35	06:10.4	691	126
127	1:01:46	O'LEARY, Cillian	Cork	M	06:10.5	1806	127
128	1:01:48	COLLINS, Paul	North Derbyshire	M	06:10.7	2690	128
129	1:01:51	MULDOWNEY, David	Eagle AC	M	06:11.0	1082	129
130	1:01:52	KENNEALLY, David	Thurles Crokes	M	06:11.1	1950	130
131	1:01:52	SLATTERY, Liam	Macroom	M	06:11.1	2013	131
132	1:01:52	MURPHY, Michael	St. Finbarrs AC	M45	06:11.1	2904	132
133	1:01:54	HICKEY, Dermot	West Waterford AC	M	06:11.3	1008	133
134	1:01:55	FERGUSON, Frank	Tallaght AC	M50	06:11.4	831	134
135	1:02:02	FITZGERALD, Thomas	West Limerick AC	M45	06:12.1	44	135
136	1:02:03	GILL, Stephen	Keith & District AC	M	06:12.2	3012	136
137	1:02:04	DELANY, Ian	Cambridge & Coleridge AC	M40	06:12.3	3028	137
138	1:02:04	MOLONEY, Kevin	Limerick AC	M	06:12.3	1538	138
139	1:02:05	KELLEHER, Con	West Waterford AC	M50	06:12.4	274	139
140	1:02:05	TANCOS, Tim	Leeds City AC	M	06:12.4	1851	140
141	1:02:06	DUNLEA, Gerard	Eagle AC	M	06:12.5	1509	141
142	1:02:07	ENGLISH, Ben	Dundrum AC	M45	06:12.6	713	142
143	1:02:07	MCNAMARA, Paul	Midleton	M	06:12.6	1131	143
144	1:02:07	CALLAGHAN, Larry	Liffey Valley AC	M45	06:12.6	774	144
145	1:02:09	CLEARY, Robert	Dublin	M	06:12.8	2953	145
146	1:02:10	GAUGHAN, Jim	Liffey Valley AC	M55	06:12.9	49	146
147	1:02:10	CANNING, John	Newbridge AC	M	06:12.9	1244	147
148	1:02:11	DOBBYN, Caroline	Dublin	F	06:13.0	4123	148
149	1:02:13	O'CONNOR, Brian	Grange-Fermoy AC	M	06:13.2	3564	149
150	1:02:17	CARROLL, Denis	Eagle AC	M45	06:13.6	1349	150
151	1:02:23	WILLIAMS, Michael	Kenilworth Runners	M45	06:14.2	1486	151
152	1:02:27	BROSNAN, Don	Riocht AC	M	06:14.6	2421	152
153	1:02:29	STANKARD, Enda	Loughrea AC	M	06:14.8	1347	153

154	1:02:29	TWOMEY, Pat	Eagle AC	M55	06:14.8	1217	154
155	1:02:36	WATSON, David	North Derbyshire	M40	06:15.5	2689	155
156	1:02:38	MAHON, Donna	Rathfarnham-WSAF AC	F	06:15.7	2641	156
157	1:02:47	LENIHAN, Dermot	West Yorkshire	M40	06:16.6	2688	157
158	1:02:48	WHYTE, Tommy	Tuam AC	M40	06:16.7	2836	158
159	1:02:50	CASHMAN, Frank	East Cork AC	M55	06:16.9	893	159
160	1:02:53	MOLONEY, Jim	Thurles Crokes	M40	06:17.2	925	160
161	1:02:55	HAYES, Willie	St. Finbarrs AC	M45	06:17.4	3566	161
162	1:02:58	O'DRISCOLL, Daragh	Bath	M	06:17.7	1240	162
163	1:03:04	BOLGER, David	Slaney Olympic AC	M	06:18.3	1992	163
164	1:03:05	AHERNE, Neilus	Midleton AC	M50	06:18.4	173	164
165	1:03:07	DUNFORD, Pat	West Waterford AC	M40	06:18.6	535	165
166	1:03:08	MAHER, Patrick	Grange-Fermoy AC	M	06:18.7	3551	166
167	1:03:09	O'KEEFE, Martin	Youghal AC	M	06:18.8	4139	167
168	1:03:12	CURLEY, Paul	Youghal AC	M	06:19.1	1259	168
169	1:03:15	MACPHAIL, Ann	Bilboa AC	F35	06:19.4	3648	169
170	1:03:22	SHINE, Angela	Leevale AC	F	06:20.1	13	170
171	1:03:24	TOBIN, Maurice	Grange-Fermoy AC	M55	06:20.3	1834	171
172	1:03:25	MULCAHY, Rory	Dublin	M	06:20.4	835	172
173	1:03:26	MALONE, Kevin	Waterford AC	M	06:20.5	2806	173
174	1:03:27	DEWBERRY, Johann	Killkenny City Harriers	M	06:20.6	2210	174
175	1:03:29	O'REILLY, Martin	St. Finbarrs AC	M	06:20.8	650	175
176	1:03:31	GRENNAN, Catch	Tullamore Harriers	M	06:21.0	190	176
177	1:03:33	LAMBE, Barry	Tullamore Harriers	M	06:21.2	2291	177
178	1:03:38	O'CALLAGHAN, John	Rising Sun AC	M	06:21.7	1195	178
179	1:03:39	BUTLER, Tim	Killkenny City Harriers	M	06:21.8	2932	179
180	1:03:39	MCMANUS, Eimhin	Piranha Tri-Ath	M	06:21.8	1292	180
181	1:03:40	LOFTUS, Tom	Raheny Shamrock AC	M45	06:21.9	2373	181
182	1:03:41	COOGAN, Eric	Cork	M40	06:22.0	3082	182
183	1:03:42	MURPHY, Kieran	Clonliffe Harriers	M40	06:22.1	3220	183
184	1:03:43	LYNCH, Rhona	UCC AC	F	06:22.2	913	184
185	1:03:46	WALSH, Adele	St. Senans AC	F	06:22.5	2693	185
186	1:03:55	O'ROURKE, Kevin	Cork	M40	06:23.4	1923	186
187	1:03:56	CRONIN, Brendan	Clonmel AC	M40	06:23.5	1535	187
188	1:03:58	PIKE, Nicky	Carraig na bhFear AC	M	06:23.7	3561	188
189	1:03:59	SIEVEWRIGHT, Kevin	Eagle AC	M40	06:23.8	405	189
190	1:04:00	CLOHISEY, Vincent	Rathfarnham-WSAF AC	M50	06:23.9	491	190
191	1:04:02	MARSHALL, Patrick	St. Abbans AC	M	06:24.1	4322	191
192	1:04:02	O'LEARY, Kevin	Glenbower AC	MJ	06:24.1	529	192
193	1:04:03	DULLEA, Eoin	Tramore	M	06:24.2	2614	193
194	1:04:04	LEARY, Andrew	West Waterford AC	M40	06:24.3	155	194
195	1:04:05	MERNAGH, Brendan	St. Josephs AC	M40	06:24.4	3835	195
196	1:04:06	LEONARD, Helen	Rathfarnham-WSAF AC	F	06:24.5	3293	196
197	1:04:13	CRISPIE, Gerard	Les Croupiers	M40	06:25.2	3340	197
198	1:04:14	KENNEDY, Vincent	Blarney	M	06:25.3	2854	198
199	1:04:14	MCCARTHY, Eugene	Youghal AC	M	06:25.3	2778	199
200	1:04:16	DURACK, Paul	Limerick	M	06:25.5	4212	200
201	1:04:18	SWEENEY, Mary	St. Finbarrs AC	F45	06:25.7	1242	201
202	1:04:18	COLLINS, Eamonn	Rathfarnham-WSAF AC	M40	06:25.7	2754	202
203	1:04:21	BYRNE, Gabriel	Clontarf	M40	06:26.0	4146	203
204	1:04:21	MACMANUS, Paul	West Waterford AC	M	06:26.0	1633	204
205	1:04:24	NEAVES, Michael	Douglas	M	06:26.3	1555	205
206	1:04:25	COFFEY, Daniel	Pilz	M	06:26.4	2868	206
207	1:04:25	FOGARTY, Martin	Eagle AC	M40	06:26.4	682	207
208	1:04:26	VAUGHAN, Donal	Rising Sun AC	M40	06:26.5	588	208
209	1:04:27	KEOGH, Gavin	Donore Harriers	M	06:26.6	3173	209
210	1:04:27	CUSSEN, Matt	Cork Tri-Ath	M	06:26.6	1525	210
211	1:04:28	HORAN, David	Killarney	M	06:26.7	3754	211
212	1:04:28	KENNEDY, Liam	Midleton GAA	M	06:26.7	3253	212
213	1:04:29	O'LEARY, Diarmuid	Raheny Shamrock AC	M	06:26.8	1048	213
214	1:04:33	RYAN, Denise	Raheny Shamrock AC	F35	06:27.2	2448	214
215	1:04:34	BUCKLEY, Tim-Joe	Donoughmore AC	M50	06:27.3	839	215
216	1:04:35	CAWLEY, Seamus	West Limerick AC	M45	06:27.4	1020	216
217	1:04:39	PHELAN, David	Dublin	M	06:27.8	1920	217
218	1:04:40	LANE, Mike	Limerick Tri-Ath	M	06:27.9	1896	218
219	1:04:41	LONG, Brian	Clonmel AC	M	06:28.0	1125	219
220	1:04:41	VEALE, James	West Waterford AC	M40	06:28.0	293	220
221	1:04:42	KELLY, Norman	Eagle AC	M	06:28.1	2199	221
222	1:04:48	LYNCH, Brendan	Gneeveguilla AC	M	06:28.7	2965	222
223	1:04:50	HARKIN, Patrick	Naval Service	M	06:28.9	559	223
224	1:04:51	HICKEY, Kealan	Ballincollig	MJ	06:29.0	677	224
225	1:04:51	LARKIN, Tom	St Michaels	M	06:29.0	1234	225
226	1:04:52	SWABY, Brian	Waterford AC	M	06:29.1	2692	226
227	1:04:53	COPITHORNE, Joe	Kinsale	M50	06:29.2	245	227
228	1:04:55	LACEY, Nill	Kilkenny	M	06:29.4	2935	228
229	1:04:56	MURPHY, Joe	Eagle AC	M50	06:29.5	145	229
230	1:04:57	MURRAY, Conor	West Waterford AC	M	06:29.6	802	230
231	1:04:59	DELMER, Peter	Athenry AC	M	06:29.8	1714	231
232	1:05:00	GUIAN, PJ	West Waterford AC	M	06:29.9	3922	232
233	1:05:05	DEVITT, Ruaidhri	Dundrum AC	M	06:30.4	777	233

234	1:05:08	GOGGIN, Robert	Carrigaline	M	06:30.7	1662	234
235	1:05:11	KELLEHER, Peter	Defence Forces	M	06:31.0	2418	235
236	1:05:11	GUILFOYLE, Tracy	Kilnaboy AC	F40	06:31.0	3772	236
237	1:05:15	HEGARTY, Brian	Gurrabraher	M	06:31.4	4317	237
238	1:05:16	PENTIN, Richard	North Derbyshire	M	06:31.5	2691	238
239	1:05:17	LIVELY, Brennan	Kenilworth Runners	M	06:31.6	1484	239
240	1:05:18	GRIFFIN, Brid	Rathfarnham-WSAF AC	F35	06:31.7	1785	240
241	1:05:20	DOBBS, Pat	Slaney Olympic AC	M65	06:31.9	223	241
242	1:05:25	CHAWKE, Joe	West Limerick AC	M40	06:32.4	2250	242
243	1:05:27	CLOUGH, Trevor	Leeds City AC	M45	06:32.6	1849	243
244	1:05:28	HANLEY, John	Dublin	M40	06:32.7	3320	244
245	1:05:28	LOFTUS, Orla	Raheny Shamrock AC	F40	06:32.7	2372	245
246	1:05:28	LAMBE, Pauline	Tullamore Harriers	F	06:32.7	2290	246
247	1:05:34	DUNFORD, Michael	West Waterford AC	M	06:33.3	3531	247
248	1:05:36	MCDEVITT, Peter	Dublin	M	06:33.5	612	248
249	1:05:37	KELLY, John	Penny Lane Striders	M40	06:33.6	1501	249
250	1:05:40	GOREY, Paul	Rathfarnham-WSAF AC	M40	06:33.9	897	250
251	1:05:42	BYRNES, Tommy	Dundrum AC	M	06:34.1	1921	251
252	1:05:46	DOYLE, Sean	Rathfarnham-WSAF AC	M45	06:34.5	687	252
253	1:05:46	LUNDON, James	Athenry AC	M	06:34.5	1897	253
254	1:05:49	KEARNEY, Oliver	Duhallow AC	M45	06:34.8	100	254
255	1:05:49	HIGGINS, Fintan	Rathfarnham-WSAF AC	M50	06:34.8	410	255
256	1:05:51	LENISTON, Jonathan	Gneeveguilla AC	MJ	06:35.0	3695	256
257	1:05:52	SHIEL, David	Dublin	M	06:35.1	2803	257
258	1:05:52	O'RIORDAN, Eoin	West Waterford AC	M	06:35.1	2097	258
259	1:05:55	MCCORMACK, Jim	Ballynonty AC	M45	06:35.4	3033	259
260	1:05:55	O'RIORDAN, John	Rising Sun AC	M50	06:35.4	971	260
261	1:05:56	NUGENT, Brendan	Killkenny City Harriers	M	06:35.5	2165	261
262	1:05:57	LANGTON, Henry	St. Josephs AC	M	06:35.6	3833	262
263	1:05:58	ASPEL, Brendan	Waterford AC	M	06:35.7	1907	263
264	1:05:58	PENTONY, Ger	Naval Service	M	06:35.7	1663	264
265	1:05:58	CHESHIRE, Kathleen	Raheny Shamrock AC	F35	06:35.7	1883	265
266	1:06:01	O'CONNELL, Barry	U.C.C. BHAA	M40	06:36.0	178	266
267	1:06:01	KING, Philip	St. Finbarrs AC	M	06:36.0	1703	267
268	1:06:02	CONNOLLY, Paul	Bantry	M	06:36.1	214	268
269	1:06:04	DUNNE, Michael	St. Finbarrs AC	M55	06:36.3	2038	269
270	1:06:06	DALY, Denis	Carrigaline	M	06:36.5	1344	270
271	1:06:11	KEARNS, John	West Waterford AC	M	06:37.0	3031	271
272	1:06:11	KEHOE, Frank	Piranha Tri-Ath	M	06:37.0	1674	272
273	1:06:14	O'SULLIVAN, John	Raheen	M	06:37.3	3770	273
274	1:06:15	DOOLEY, Michael	Eagle AC	M40	06:37.4	1381	274
275	1:06:19	NOONAN, Des	Sallins	M	06:37.8	2137	275
276	1:06:23	O'CONNOR, John	Athenry AC	M	06:38.2	4195	276
277	1:06:24	WORRALL, Alan	Clonliffe Harriers	M	06:38.3	1928	277
278	1:06:27	MCCARTHY, Neily	Duhallow AC	M	06:38.6	3276	278
279	1:06:27	MURPHY, Thomas	Tulla AC	M	06:38.6	1808	279
280	1:06:27	KENT, Barry	Limerick Tri-Ath	M	06:38.6	2795	280
281	1:06:29	MULLANE, Eddie	Cork BHAA	M60	06:38.8	128	281
282	1:06:30	HAYES, Martin	West Waterford AC	M40	06:38.9	942	282
283	1:06:32	HAIRE, Muriel	Bray Runners	F40	06:39.1	169	283
284	1:06:32	MAHER, Jim	HP Galway	M	06:39.1	3290	284
285	1:06:33	DUFFY, Anthony	Sportsworld RC	M	06:39.2	2550	285
286	1:06:34	O'REGAN, Billy	Grange-Fermoy AC	M	06:39.3	9	286
287	1:06:36	RANKIN, Joe	Donore Harriers	M50	06:39.5	1668	287
288	1:06:38	POWER, Ray	Waterford AC	M45	06:39.7	1282	288
289	1:06:39	CORRIGAN, Anthony	Drogheda	M	06:39.8	876	289
290	1:06:40	BARRETT, Patrick	Ettlingen LG	M40	06:39.9	633	290
291	1:06:42	ROBINSON, Vincent	Wigan Phoenix	M50	06:40.1	1855	291
292	1:06:43	STACEY, Geoff	Riocht AC	M55	06:40.2	832	292
293	1:06:47	WHITTY, Maurice	Slaney Olympic AC	M	06:40.6	2450	293
294	1:06:49	LYNCH, John	Cork	M	06:40.8	3993	294
295	1:06:52	PLUNKETT, Thomas	LE Ciara	M	06:41.1	1472	295
296	1:06:52	CUNNINGHAM, Mike	Bilboa AC	M40	06:41.1	2876	296
297	1:06:53	HOGAN, Dave	Glanmire	M	06:41.2	699	297
298	1:06:54	SHEEHY, Mikey	Adare	M	06:41.3	3586	298
299	1:06:55	SCANNELL, John	Cork O.C.	M	06:41.4	1809	299
300	1:06:56	BURKE, Alan	Athenry AC	M	06:41.5	2052	300
301	1:06:58	O'LEARY, John	Lucan Harriers	M50	06:41.7	686	301
302	1:07:00	BURKE, Donal	Youghal AC	M	06:41.9	3113	302
303	1:07:01	DINAN-BUCKLEY, Margo	St. Finbarrs AC	F35	06:42.0	3154	303
304	1:07:04	MCKECHNIE, Brian	Ballincollig	M	06:42.3	3203	304
305	1:07:09	RAFTER, Barry	Monaleen	M45	06:42.8	507	305
306	1:07:13	MEAGHER, Greg	Annacotty	M	06:43.2	2624	306
307	1:07:14	JOHNSON, Kevin	Epic Trips	M	06:43.3	2524	307
308	1:07:14	NOONAN, Eamonn	Limerick	M	06:43.3	845	308
309	1:07:15	O'CONNELL, Fergus	Waterford AC	M	06:43.4	938	309
310	1:07:16	BRADY, Adrian	Cork	M40	06:43.5	233	310
311	1:07:17	HOLLAND, Collette	Waterford AC	F	06:43.6	869	311
312	1:07:17	ANGUS, Gerard	Keith & District AC	M40	06:43.6	3014	312
313	1:07:18	MURPHY, Donal	Dublin	M	06:43.7	1929	313

314	1:07:18	O'TOOLE, Paul	U.C.C. BHAA	M40	06:43.7	1425	314
315	1:07:18	MCEVOY, Angela	St. Finbarrs AC	F40	06:43.7	2147	315
316	1:07:19	QUIGLEY, John	Eagle AC	M50	06:43.8	1651	316
317	1:07:20	TURNER, Paul	Slaney Olympic AC	M	06:43.9	2399	317
318	1:07:21	DWYER, Owen	City Life	M	06:44.0	1565	318
319	1:07:22	NI BHRIAIN, Bronagh	Clonliffe Harriers	F	06:44.1	2021	319
320	1:07:23	MOORE, Gerard	FMRC	M	06:44.2	2048	320
321	1:07:24	HORGAN, Declan	Dunboyne AC	M	06:44.3	1441	321
322	1:07:25	CARRICK, Martin	Coventry	M	06:44.4	1491	322
323	1:07:26	O'MAHONY, Tony	West Waterford AC	M	06:44.5	4311	323
324	1:07:27	KEOGHAN, Cathal	Glanmire	M	06:44.6	1166	324
325	1:07:27	NOLAN, Wesley	Dublin	M	06:44.6	1268	325
326	1:07:29	O'SHEA, John	Les Croupiers	M50	06:44.8	1588	326
327	1:07:33	O'DONNELL, Mairtin	Clare River Harriers	M50	06:45.2	462	327
328	1:07:33	BRADY, Jonathan	Slaney Olympic AC	M	06:45.2	3459	328
329	1:07:34	BARRY, Ciaran	Raheen	M	06:45.3	3047	329
330	1:07:34	HEGARTY, Paddy	Knocknaheeny	M45	06:45.3	2810	330
331	1:07:35	SPEIGHT, Barry	Eagle AC	M	06:45.4	325	331
332	1:07:36	DWYER, Anthony	West Waterford AC	M45	06:45.5	1912	332
333	1:07:37	O'LEARY, Liam	St. Finbarrs AC	M55	06:45.6	1805	333
334	1:07:37	LANNELLI, Sarah	Halifax Harriers	F35	06:45.6	567	334
335	1:07:40	QUINN, Jim	Kerbside	M	06:45.9	109	335
336	1:07:43	WRIGHT, Jackie	Rathfarnham-WSAF AC	F45	06:46.2	1935	336
337	1:07:43	PEMBERTON, Alan	Stragglers	M50	06:46.2	1461	337
338	1:07:43	O'REGAN, Damian	Waterford AC	M	06:46.2	2463	338
339	1:07:44	MCCORMACK, Gary	West Waterford AC	M40	06:46.3	4097	339
340	1:07:47	MCCANN, William	Midleton AC	M	06:46.6	1804	340
341	1:07:48	POWER, Michael	St. Josephs AC	M	06:46.7	3836	341
342	1:07:50	WILLIAMS, Adrian	Midleton AC	M40	06:46.9	532	342
343	1:07:52	BYRNE, Garret	West Waterford AC	M	06:47.1	1207	343
344	1:07:55	FLYNN, John	West Waterford AC	M	06:47.4	2529	344
345	1:07:57	LOWE, Cathal	Waterford AC	M40	06:47.6	1197	345
346	1:07:59	MULDOON, Pat	Mullingar Harriers	M50	06:47.8	2305	346
347	1:08:02	MCCARTHY, Dan	Tralee Jogging Club	M45	06:48.1	1973	347
348	1:08:04	TULLY, Alexander	St. Senans AC	M50	06:48.3	935	348
349	1:08:07	AHERN, James	Clare	M	06:48.6	1684	349
350	1:08:09	O'ROURKE, Catherine	St. Finbarrs AC	F40	06:48.8	1924	350
351	1:08:10	MULLARKEY, Martin	Dublin	M	06:48.9	2107	351
352	1:08:12	COTTERELL, James	Cork	M	06:49.1	1152	352
353	1:08:13	TWOMEY, Donal	West Muskerry AC	M	06:49.2	476	353
354	1:08:14	DWYER, Dermot	West Waterford AC	M	06:49.3	2858	354
355	1:08:15	WALSH, Michael	Midleton AC	M	06:49.4	2443	355
356	1:08:15	FITZGERALD, Mags	Dublin	F	06:49.4	2649	356
357	1:08:16	HICKEY, Paul	Fermoy	M	06:49.5	3905	357
358	1:08:17	STAPLETON, Larry	Dublin	M	06:49.6	63	358
359	1:08:18	KENNEDY, Dan	St. Finbarrs AC	M50	06:49.7	290	359
360	1:08:18	BRENNAN, Rory	Tuam	M	06:49.7	2676	360
361	1:08:19	MEEHAN, Ger	Tulla AC	M45	06:49.8	121	361
362	1:08:20	O'DONOVAN, Michael	Rochestown	M40	06:49.9	3719	362
363	1:08:21	DELANEY, Tony	Dundrum AC	M40	06:50.0	1873	363
364	1:08:22	DONNELLY, Ann	St. Finbarrs AC	F45	06:50.1	973	364
365	1:08:23	LAMBKIN, Michelle	Bray Runners	F	06:50.2	1611	365
366	1:08:24	DAWSON, Mary	Bray Runners	F	06:50.3	1610	366
367	1:08:25	LONG, Mike	Crusaders AC	M40	06:50.4	1676	367
368	1:08:26	GIBBONS, Pdraig	Naas AC	M45	06:50.5	962	368
369	1:08:27	OCALLAGHAN, David	Eagle AC	M40	06:50.6	1845	369
370	1:08:28	POWER, Rolf	West Waterford AC	M	06:50.7	1685	370
371	1:08:33	MOLONEY, Der	St. Finbarrs AC	M	06:51.2	199	371
372	1:08:34	MCCARTHY, Eric	Killeagh	M	06:51.3	702	372
373	1:08:34	WALSH, Christy	St. Finbarrs AC	M40	06:51.3	1052	373
374	1:08:35	MCCORMACK, Miriam	Rathfarnham-WSAF AC	F40	06:51.4	1875	374
375	1:08:35	BRADY, Henry	Rathgar	M	06:51.4	3872	375
376	1:08:35	O'GRADY, Anthony	Killarney	M	06:51.4	3534	376
377	1:08:36	O'SULLIVAN, Bill	Crusaders AC	M	06:51.5	2115	377
378	1:08:37	BRENNAN, Aiden	Tramore	M45	06:51.6	1021	378
379	1:08:37	CUDDIHY, Liam	West Waterford AC	M	06:51.6	537	379
380	1:08:38	EGAN, Colm	Midleton AC	M	06:51.7	2335	380
381	1:08:39	LIGHTBODY, Gordon	U.C.C. BHAA	M40	06:51.8	3151	381
382	1:08:40	MURPHY, Stephen	Rising Sun AC	M45	06:51.9	1097	382
383	1:08:44	COUGHLAN, Matt	Glanworth	M	06:52.3	1927	383
384	1:08:46	MCGRATH, Michael	Eagle AC	M45	06:52.5	368	384
385	1:08:47	HICKEY, Fiona	Youghal AC	F	06:52.6	3634	385
386	1:08:48	COONEY, Michael	West Waterford AC	M	06:52.7	2557	386
387	1:08:50	RUSSELL, Kieran	West Waterford AC	M	06:52.9	3702	387
388	1:08:51	MCCULLAGH, Harry	Locker Room H & F	M	06:53.0	3361	388
389	1:08:51	NELLIGAN, John	Castletroy	M	06:53.0	523	389
390	1:08:52	O'ROURKE, Grafton	Collins Bks	M	06:53.1	3954	390
391	1:08:52	CASHELL, Katherine	Cork	F	06:53.1	900	391
392	1:08:53	DOYLE, Paul	Grange-Fermoy AC	M	06:53.2	2794	392
393	1:08:55	HIGGINS, Noel	Limerick Tri-Ath	M	06:53.4	2767	393

394	1:08:56	WATSON, David	Midleton	M	06:53.5	3202	394
395	1:08:57	WALSH, Eileen	Dublin	F	06:53.6	3853	395
396	1:08:58	LOGAN, John	Skibbereen AC	M40	06:53.7	3735	396
397	1:09:00	MENIHANE, Gerard	Carrigaline	M	06:53.9	2850	397
398	1:09:01	COURTNEY, Laurence	Eagle AC	M40	06:54.0	708	398
399	1:09:02	BENT, Nick	Donoughmore AC	M40	06:54.1	731	399
400	1:09:03	WRIXON, Sean	Glanmire	M	06:54.2	1092	400
401	1:09:05	MULLINS, John	Locker Room H & F	M40	06:54.4	3397	401
402	1:09:06	BRADY, Pauline	Raheen	F35	06:54.5	3256	402
403	1:09:07	O'KEEFFE, Kenneth	Whitegate	M	06:54.6	4239	403
404	1:09:09	O'REILLY, Ken	Cork	M	06:54.8	3760	404
405	1:09:09	BYRNE, Eddie	Eagle AC	M40	06:54.8	164	405
406	1:09:11	HEFFERNAN, John	Cork	M	06:55.0	252	406
407	1:09:13	WRIGHT, James	Rathfarnham-WSAF AC	M45	06:55.2	1936	407
408	1:09:16	WALSH, Mick	Dublin	M40	06:55.5	825	408
409	1:09:19	QUINN, Brian	Kerbside	M	06:55.8	1317	409
410	1:09:20	DALY, James	Bandon AC	M	06:55.9	596	410
411	1:09:21	DOODY, Martin	Limerick	M	06:56.0	3655	411
412	1:09:21	MADDOCK, Rupert	Waterford Road Runners	M45	06:56.0	1308	412
413	1:09:22	DESMOND, John	Eagle AC	M40	06:56.1	3270	413
414	1:09:23	ROTTE, William	West Waterford AC	MJ	06:56.2	2249	414
415	1:09:24	KNIGHT, Malcolm	Thornbury Running Club	M55	06:56.3	1188	415
416	1:09:26	O'NEILL, Charlie	Donore Harriers	M50	06:56.5	412	416
417	1:09:27	NORGATE, Kenneth(Jnr)	Wye Valley Runners	M40	06:56.6	738	417
418	1:09:28	MATHEWS, Niall	RTE	M55	06:56.7	583	418
419	1:09:28	HORGAN, Mary	Piranha Tri-Ath	F	06:56.7	310	419
420	1:09:29	O'KEEFFE, Sean	East Cork AC	M	06:56.8	2729	420
421	1:09:30	O'LEARY, Dave	UCC AC	M	06:56.9	723	421
422	1:09:31	O'MUIRI, Lorcan	Waterford	M	06:57.0	1431	422
423	1:09:31	HASSETT, Simon	Skibbereen AC	M40	06:57.0	3734	423
424	1:09:32	COONAN, Justin	West Waterford AC	M	06:57.1	129	424
425	1:09:36	DEVANEY, Donal	Galway Triathlon Club	M	06:57.5	1366	425
426	1:09:37	HYNES, Martin	Limerick Country Club	M50	06:57.6	604	426
427	1:09:37	DELANEY, Joe	Kilkenny City Harriers	M	06:57.6	2838	427
428	1:09:38	FOLEY, John	Ballysimon	M	06:57.7	2534	428
429	1:09:39	MCCAULET, Feargal	Donore Harriers	M	06:57.8	1675	429
430	1:09:41	O'REGAN, Brian	Leevale AC	M	06:58.0	3501	430
431	1:09:43	TATE, Robert	Gneeveguilla AC	M40	06:58.2	3535	431
432	1:09:43	ROBERTSON, Alastair	Cork	M	06:58.2	1232	432
433	1:09:44	KENNY, Jason	Gorey	M	06:58.3	1426	433
434	1:09:44	PICOVICI, Dorel	Murroe	M	06:58.3	499	434
435	1:09:45	MCELHINNEY, Alan	Dungarvan	M	06:58.4	2857	435
436	1:09:46	MCGEORGE, Niall	Doonbeg	M	06:58.5	926	436
437	1:09:47	SHANAHAN, Paul	Naval Service	M	06:58.6	843	437
438	1:09:48	LASTE, Martin	Clonmel AC	M	06:58.7	4162	438
439	1:09:49	O'BRIEN, Terence	Naval Service	M	06:58.8	2713	439
440	1:09:49	LYNCH, Micheal	Kerry	M	06:58.8	2075	440
441	1:09:50	O'GRADY, Owen	West Waterford AC	M	06:58.9	327	441
442	1:09:51	O'KEEFFE, Bill	East Cork AC	M40	06:59.0	1013	442
443	1:09:51	FOLEY, Shane	Cork	M	06:59.0	4314	443
444	1:09:52	HICKEY, Ann-Marie	Raheny Shamrock AC	F	06:59.1	3110	444
445	1:09:53	WHITTY, Liam	Waterford Road Runners	M45	06:59.2	267	445
446	1:09:54	BEACHAM, Emily	Kenilworth Runners	F35	06:59.3	1488	446
447	1:09:55	MCCOOL, Vera	Mullingar Harriers	F40	06:59.4	226	447
448	1:09:55	O'MARA, Brendan	Limerick AC	M40	06:59.4	262	448
449	1:09:56	O'SULLIVAN, John	Miltown Malbay	M40	06:59.5	3321	449
450	1:09:57	FANNERAN, Stefan	Cork	M	06:59.6	3406	450
451	1:09:58	O'SHAUGHNESSY, Eddie	Kilkenny City Harriers	M45	06:59.7	3882	451
452	1:09:59	KELLER, Maurice	UCC Rowing Club	M	06:59.8	2915	452
453	1:09:59	WYNMAN, Ken	Eagle AC	M	06:59.8	1119	453
454	1:10:00	O'DRISCOLL, Patrick	Eagle AC	M	06:59.9	381	454
455	1:10:01	NEVILLE, Brian	Midland Tri Club	M	07:00.0	3144	455
456	1:10:02	AHERN, Barry	Castlemartyr	M	07:00.1	1967	456
457	1:10:02	SEXTON, John-Paul	Ballincollig	M	07:00.1	158	457
458	1:10:03	CULLIMORE, Ciaran	New Ross	M	07:00.2	3076	458
459	1:10:04	SPRING, Brian	Marian AC	M	07:00.3	3237	459
460	1:10:05	KELLY, Brian	Sportsworld RC	M	07:00.4	1622	460
461	1:10:05	SOKELL, Emma	Crusaders AC	F	07:00.4	2819	461
462	1:10:06	MURPHY, Peter	Ferrybank AC	M	07:00.5	3773	462
463	1:10:08	RYAN, Michael	Cashel	M	07:00.7	4059	463
464	1:10:09	MCMILLAN, Martin	East Antrim Harriers	M45	07:00.8	874	464
465	1:10:10	NOLAN, Michelle	Midleton AC	F	07:00.9	1110	465
466	1:10:11	O'SULLIVAN, Martin	Ballincollig AC	M50	07:01.0	234	466
467	1:10:12	HOGAN, Aaron	Ballincollig	M	07:01.1	1224	467
468	1:10:13	MCCARTHY, Malachy	West Limerick AC	M45	07:01.2	864	468
469	1:10:13	FOGARTY, Pat	ESB	M40	07:01.2	1324	469
470	1:10:13	CROWLEY, Margaret	Bandon AC	F	07:01.2	2241	470
471	1:10:14	ROONEY, Michael	Athenry AC	M	07:01.3	1627	471
472	1:10:17	SHEEHAN, Denis	Mallow	M55	07:01.6	255	472
473	1:10:18	JACKSON, Carl	Cobh	M	07:01.7	3316	473

474	1:10:19	VASILIOU, Steven	Middleton Harriers	M45	07:01.8	1777	474
475	1:10:19	MOORE, Ben	Dublin	M	07:01.8	1478	475
476	1:10:20	MOYNA, Kate	Riocht AC	F40	07:01.9	1096	476
477	1:10:22	COTTER, Dave	Belgooly AC	M55	07:02.1	2231	477
478	1:10:22	MORRISSEY, Anthony	U.C.C. BHAA	M	07:02.1	602	478
479	1:10:24	PHELAN, Pat	The Hamsters	M	07:02.3	2381	479
480	1:10:25	HOGAN, Barry	Midleton AC	M	07:02.4	427	480
481	1:10:25	LONG, Tim	Cambridge & Coleridge AC	M45	07:02.4	2260	481
482	1:10:27	DUGGAN, Loretto	St. Marys AC	F	07:02.6	198	482
483	1:10:27	FITZGERALD, Willie	Bishopstown Orienteering Club	M45	07:02.6	609	483
484	1:10:28	DALY, Niall	Shandon Boat Club	M	07:02.7	2154	484
485	1:10:29	WHELAN, Alan	Waterford AC	M	07:02.8	3696	485
486	1:10:30	GRIFFIN, Enda	Hogan Harriers	M	07:02.9	2561	486
487	1:10:36	O'BRIEN, Ronan	Butlerstown	M40	07:03.5	2840	487
488	1:10:37	GLEESON, John	Dublin	M	07:03.6	3815	488
489	1:10:43	BOOTHMAN, Paul	Metro-St. Brigids AC	M40	07:04.2	1889	489
490	1:10:45	FAHY, Brian	West Waterford AC	M	07:04.4	2864	490
491	1:10:48	REILLY, Nuala	Drogheda & District	F50	07:04.7	1539	491
492	1:10:48	NUGENT, Seamus	Kilkenny City Harriers	M40	07:04.7	3334	492
493	1:10:48	DOYLE, Ger	Slaney Olympic AC	M	07:04.7	1638	493
494	1:10:49	O'DRISCOLL, Ronan	Carrigaline	M	07:04.8	1078	494
495	1:10:50	FOGARTY, Eamonn	Ealing S&M AC	M60	07:04.9	1934	495
496	1:10:51	O'CALLAGHAN, Kathleen	Sportsworld RC	F	07:05.0	309	496
497	1:10:52	TEBAY, Albert	Waterford AC	M	07:05.1	467	497
498	1:10:57	KAVANAGH, Patrick	St. Finbarrs AC	M	07:05.6	623	498
499	1:10:57	LOWE, Anthony	Middleton Harriers	M50	07:05.6	4273	499
500	1:10:58	BURKE, Ray	West Waterford AC	M40	07:05.7	1836	500
501	1:10:59	MURPHY, Martin	Tallow	M	07:05.8	2617	501
502	1:10:59	LEAHY, John	Ballymore-Cobh AC	M40	07:05.8	241	502
503	1:11:00	FLANAGAN, William	Mountmellick	M	07:05.9	2583	503
504	1:11:01	MCDONAGH, John	Limerick	M	07:06.0	1161	504
505	1:11:02	WREN, David	Meath	M	07:06.1	1066	505
506	1:11:03	DUNNE, David	Athenry AC	M	07:06.2	1245	506
507	1:11:03	BRENNAN, Kieran	Naval Service	M	07:06.2	330	507
508	1:11:04	CUMMINS, Roy	St. Finbarrs AC	M55	07:06.3	601	508
509	1:11:07	BOHANE, Robert	Pfizer	M	07:06.6	600	509
510	1:11:09	O'DONOVAN, Michael	Dublin	M45	07:06.8	1738	510
511	1:11:09	COFFEY, Pat	Clonmel AC	M40	07:06.8	1421	511
512	1:11:10	HAYES, Michael	Lissarda	M	07:06.9	1763	512
513	1:11:14	KELLY, Eoghan	Oranmore	M	07:07.3	3090	513
514	1:11:14	TWOHIG, Denise	St. Finbarrs AC	F	07:07.3	2851	514
515	1:11:15	TAYLOR, Laura	Clonmel AC	F	07:07.4	1634	515
516	1:11:15	O'MAHONY, David	Naval Service	M	07:07.4	2705	516
517	1:11:17	HUDSON, David	Donore Harriers	M45	07:07.6	1088	517
518	1:11:18	PURCELL, Suzanne	Kinsale	F	07:07.7	3266	518
519	1:11:19	MCMAHON, David	Youghal AC	M	07:07.8	3671	519
520	1:11:21	BRENNAN, Michael	CIT	M	07:08.0	1306	520
521	1:11:24	AHERNE, Joe	Bilboa AC	M50	07:08.3	595	521
522	1:11:25	O'DOWD, Fergal	Fermoy	M40	07:08.4	3552	522
523	1:11:25	O'SHEA, Paul	Carrigaline	M	07:08.4	426	523
524	1:11:26	COTTER, Paul	Eagle AC	M45	07:08.5	2046	524
525	1:11:26	CASHMAN, John	Midleton AC	M40	07:08.5	1960	525
526	1:11:27	AHERN, Niall	St. Michaels Rowing Club	M45	07:08.6	1252	526
527	1:11:27	DILLON, Noel	Waterford Tri Ath	M	07:08.6	3040	527
528	1:11:28	COOKE, Brea	Waterford	F35	07:08.7	920	528
529	1:11:28	MCEVOY, Liam	Bray	M	07:08.7	3121	529
530	1:11:28	WALSH, Richard	Limerick AC	M	07:08.7	441	530
531	1:11:31	STREET, Patrick	West Waterford AC	M40	07:09.0	2101	531
532	1:11:32	CULLEN, Thomas	Rathdrum	M	07:09.1	3120	532
533	1:11:32	JAMES, Leonard	Cork	M	07:09.1	776	533
534	1:11:33	CORKERY, David	Carrigaline	M	07:09.2	763	534
535	1:11:34	MADDEN, Gary	Parteen	M	07:09.3	2388	535
536	1:11:34	O'MAHONY, Barry	Cork Fire Brigade	M	07:09.3	2358	536
537	1:11:35	DILLON, Ciara	Mullingar Harriers	F	07:09.4	2480	537
538	1:11:37	POWER, John	Carrigaline	M	07:09.6	2464	538
539	1:11:38	MURPHY, Teresa	London	F	07:09.7	2847	539
540	1:11:38	HEALY, Deaglan	Bishopstown	M	07:09.7	3887	540
541	1:11:39	LEHANE, Patrick	Carrigaline	M	07:09.8	3484	541
542	1:11:41	MURPHY, Niamh	Donore Harriers	F	07:10.0	634	542
543	1:11:44	NOLAN, Diarmaid	Ovens	MJ	07:10.3	227	543
544	1:11:45	MULLINS, Mike	Limerick Tri-Ath	M40	07:10.4	484	544
545	1:11:46	HALPIN, Tom	Fethard	M50	07:10.5	2458	545
546	1:11:50	O'REILLY, Brian	Laragh AC	M45	07:10.9	1022	546
547	1:11:51	AHEARNE, Michael	Merry Rangers	M40	07:11.0	1387	547
548	1:11:55	KEEGAN, Ciaran	Glounthaune	M	07:11.4	1322	548
549	1:11:56	MULLANEY, Gail	Eagle AC	F	07:11.5	450	549
550	1:11:57	COSTELLO, Willie	West Limerick AC	M50	07:11.6	586	550
551	1:11:58	RYAN, Mary-Louise	Bilboa AC	F	07:11.7	2066	551
552	1:11:58	WESTWOOD, Jamie	West Yorkshire	M	07:11.7	1891	552
553	1:11:59	NOONAN, Kenneth	Monkstown	M	07:11.8	575	553

554	1:11:59	O'MAHONY, Noel	Ballinhassig	M45	07:11.8	716	554
555	1:12:00	BOLAND, Mark	Clonmel AC	MJ	07:11.9	2936	555
556	1:12:01	O'BRIEN, Don	Cork	M40	07:12.0	1251	556
557	1:12:01	MOORE, Colin	Donore Harriers	M	07:12.0	2447	557
558	1:12:02	DUCHNICZ, Adam	Poland	M	07:12.1	3058	558
559	1:12:03	WILLOUGHBY, Stephen	Sportsworld RC	M40	07:12.2	1995	559
560	1:12:04	O'BRIEN, Colm	Clonakilty	M	07:12.3	3572	560
561	1:12:05	CASHMAN, Liam	3D Tri Triathlon Club	M	07:12.4	1309	561
562	1:12:07	GRIFFIN, John	Carraig na bhFear AC	M	07:12.6	3720	562
563	1:12:07	MURPHY, Brendan	Motorola	M	07:12.6	1004	563
564	1:12:08	O'SULLIVAN, Patrick	FMRC	M45	07:12.7	1390	564
565	1:12:10	FITZGERALD, Mark	Cork	M	07:12.9	2139	565
566	1:12:10	MCCARTHY, Cillian	Midleton AC	MJ	07:12.9	593	566
567	1:12:11	BARRETT, Michael	Eagle AC	M45	07:13.0	2278	567
568	1:12:11	MOONEY, Paul	West Waterford AC	M40	07:13.0	256	568
569	1:12:12	COLLINS, Tim	Mount Uniacke	M	07:13.1	2255	569
570	1:12:13	TUTTY, Vincent	West Waterford AC	M40	07:13.2	734	570
571	1:12:16	HYLAND, Mike	Killkenny City Harriers	M45	07:13.5	3310	571
572	1:12:18	LORIGAN, Tom	Clonmel AC	M45	07:13.7	2453	572
573	1:12:18	HEALY, Ailbhe	Glin	F	07:13.7	580	573
574	1:12:20	MURPHY, Mary	St. Finbarrs AC	F45	07:13.9	946	574
575	1:12:21	KEARNEY, Batt	Leevale AC	M45	07:14.0	3477	575
576	1:12:22	ROBB, David	Glanmire	M	07:14.1	126	576
577	1:12:23	CROTTY, Eamonn	West Waterford AC	M	07:14.2	2587	577
578	1:12:23	O'BRIEN, Ned	Clonmel AC	M50	07:14.2	54	578
579	1:12:24	FAHY, Philip	Glanmire	M	07:14.3	2900	579
580	1:12:24	O'RIORDAN, Tim	Cork	M	07:14.3	2246	580
581	1:12:29	LYONS, Tadhg	Glounthaune	M	07:14.8	2477	581
582	1:12:31	KELLY, Paddy	Ardnacrusha	M45	07:15.0	2491	582
583	1:12:32	FENNELL, John	Raheny Shamrock AC	M40	07:15.1	2744	583
584	1:12:33	O'DEA, John	Dublin	M45	07:15.2	866	584
585	1:12:34	STABLES, Neil	Keith & District AC	M	07:15.3	3013	585
586	1:12:34	O'HARE, Danny	Cork O.C.	M	07:15.3	857	586
587	1:12:34	MURPHY, Denise	Mallow	F	07:15.3	694	587
588	1:12:35	O'MAHONY, Stephen	Cork	M45	07:15.4	1956	588
589	1:12:35	CARROLL, Gerry	Ballyskenagh AC	M50	07:15.4	3880	589
590	1:12:36	DUNFORD, Ann	West Waterford AC	F35	07:15.5	536	590
591	1:12:37	ENRIGHT, Tom	Sixmilebridge	M	07:15.6	1396	591
592	1:12:37	CLIFFE, Michael	Youghal	M	07:15.6	2869	592
593	1:12:37	COLLINS, Trevor	Naas AC	M	07:15.6	261	593
594	1:12:37	MOLONEY, Mary	Thurles Crokes	F40	07:15.6	924	594
595	1:12:40	CASEY, John	Ennis	M45	07:15.9	3257	595
596	1:12:40	WALL, Norma	West Waterford AC	F	07:15.9	231	596
597	1:12:42	MOCKLER, Alan	Dublin	M	07:16.1	1269	597
598	1:12:43	COLLINS, Brendan	Limerick	M	07:16.2	2662	598
599	1:12:44	SANDERS, Brian	Youghal	M	07:16.3	1823	599
600	1:12:45	NEVILLE, Donal	Farnanes	MJ	07:16.4	463	600
601	1:12:46	O'CONNOR, John	Killeagh	M	07:16.5	1537	601
602	1:12:47	MURPHY, Martin	Limerick	M	07:16.6	1112	602
603	1:12:49	AMOEDO-PEREZ, Angeles	St. Finbarrs AC	F35	07:16.8	359	603
604	1:12:49	NOONAN, John	Monkstown	M50	07:16.8	573	604
605	1:12:50	GALLAGHER, Ciaran	Limerick	M	07:16.9	2627	605
606	1:12:51	CRONIN, Denis	Mallow AC	M40	07:17.0	2327	606
607	1:12:52	DEASY, Ciaran	Ballincollig	MJ	07:17.1	78	607
608	1:12:53	DESMOND, Don	Rising Sun AC	M55	07:17.2	3635	608
609	1:12:54	OWEN, Stephen	Les Croupiers	M45	07:17.3	1586	609
610	1:12:55	STAKELUM, Conor	Thurles Crokes	M	07:17.4	923	610
611	1:12:57	FENNELL, Emmet	Glanmire	M	07:17.6	2901	611
612	1:12:58	O'BRIEN, Noel	Kilworth	M40	07:17.7	1059	612
613	1:12:59	BLACKMORE, Malcolm	Wicklow	M40	07:17.8	3210	613
614	1:12:59	O'KEEFFE, Sean	Cork	M	07:17.8	277	614
615	1:13:01	GEELAN, Vincent	Clonmel	M	07:18.0	3057	615
616	1:13:01	MILLAR, Sean	Dublin	M45	07:18.0	4042	616
617	1:13:02	O'NEILL, David	Ratoath	M	07:18.1	590	617
618	1:13:02	WARD, Stephen	Shannon	M	07:18.1	1434	618
619	1:13:03	DEVANEY, Derval	Galway Triathlon Club	F	07:18.2	1367	619
620	1:13:03	O'NEILL, Vincent	EMC	M	07:18.2	2515	620
621	1:13:04	CARRAGHER, Geraldine	Sportsworld RC	F45	07:18.3	115	621
622	1:13:04	FINN, Derek	Cork	M40	07:18.3	2403	622
623	1:13:05	COFFEY, Maurice	Muckross Rowing Club	M	07:18.4	3670	623
624	1:13:06	O'SULLIVAN, Pdraig	Farranfore	M	07:18.5	1067	624
625	1:13:06	REDMOND, Bobby	Slaney Olympic AC	M	07:18.5	2837	625
626	1:13:07	BRADY, John	Killmallock	M50	07:18.6	834	626
627	1:13:07	O'DONOGHUE, Aidan	Faha	M	07:18.6	2659	627
628	1:13:08	LONG, Jason	Frankfield	M	07:18.7	3112	628
629	1:13:09	HARTE, Declan	Waterford AC	M45	07:18.8	196	629
630	1:13:09	O'SHEA, Paul	Dublin	M	07:18.8	1121	630
631	1:13:12	DOLAN, Eamon	Naval Service	M	07:19.1	331	631
632	1:13:14	BERNEY, Richard	Naval Service	M	07:19.3	347	632
633	1:13:14	CLIFFORD, Michael	Southampton	M	07:19.3	2930	633

634	1:13:14	SMYTH, Kenneth	St. Finbarrs AC	M45	07:19.3	624	634
635	1:13:15	KANE, Conor	Cork	M	07:19.4	2564	635
636	1:13:15	KENNEDY, Brendan	Tullamore Harriers	M45	07:19.4	204	636
637	1:13:16	FITZGERALD, Eamonn	Garda	M40	07:19.5	4043	637
638	1:13:17	KELLEHER, Patrick	Cork	M	07:19.6	2183	638
639	1:13:18	WAKEFIELD, Brian	Source Health & Fitness	M40	07:19.7	1735	639
640	1:13:19	NUGENT, Colm	Donore Harriers	M40	07:19.8	58	640
641	1:13:19	CHAPMAN, Ken	Kimberworth Striders	M60	07:19.8	647	641
642	1:13:20	HANNON, Blaitthin	St. Finbarrs AC	F	07:19.9	3493	642
643	1:13:20	KENNEDY, Nora	Thurles Crokes	F35	07:19.9	1637	643
644	1:13:21	BREEN, Peter	Gowran AC	M45	07:20.0	2510	644
645	1:13:22	COLFER, Tommy	Slaney Olympic AC	M	07:20.1	2814	645
646	1:13:22	O'BRIEN, Patricia	Grange-Fermoy AC	F	07:20.1	1969	646
647	1:13:29	WALSH, Paud	Bromination Harriers	M	07:20.8	639	647
648	1:13:30	CURRAN, Martin	West Waterford AC	M	07:20.9	2559	648
649	1:13:31	WALSH, Siobhan	Mitchelstown	F	07:21.0	2522	649
650	1:13:31	HAYDON, Michael	U.C.C. BHAA	M50	07:21.0	1467	650
651	1:13:32	O'DONOGHUE, Kieran	Faha	M	07:21.1	2660	651
652	1:13:33	O'BRIEN, Claire	East Cork AC	F	07:21.2	4210	652
653	1:13:33	COLLINS, Brian	West Waterford AC	M40	07:21.2	680	653
654	1:13:34	COMERFORD, Paul	Dooradoyle	M	07:21.3	373	654
655	1:13:35	CULLEN, Pat	West Waterford AC	M40	07:21.4	2098	655
656	1:13:35	LILLEY, Martin	Derry	M	07:21.4	1329	656
657	1:13:36	SHINE, Paul	Dublin	M	07:21.5	119	657
658	1:13:37	WALSH, Eileen	Donore Harriers	F40	07:21.6	3212	658
659	1:13:38	KELLY, Joe	Macroom	M45	07:21.7	1134	659
660	1:13:39	O'CONNOR, Bernard	Ballinacurra	M	07:21.8	2163	660
661	1:13:40	MURPHY, Jeff	Eagle AC	M45	07:21.9	1734	661
662	1:13:40	CURTIN, Kieran	Carrigaline	M	07:21.9	1520	662
663	1:13:40	HORGAN, Martin	Dunboyne AC	M40	07:21.9	1997	663
664	1:13:41	OLEARY, Ted	Conna	M	07:22.0	875	664
665	1:13:42	O'LEARY, Anne	Dublin	F35	07:22.1	826	665
666	1:13:42	O'SULLIVAN, Sean	Motorola	M40	07:22.1	1129	666
667	1:13:43	RAMSELL, Ned	Midleton AC	M	07:22.2	654	667
668	1:13:43	HOULIHAN, Michael	Waterville	M	07:22.2	3281	668
669	1:13:44	CORBETT, Michael	Butlerstown	M	07:22.3	3701	669
670	1:13:44	WADE, Michael	West Waterford AC	M45	07:22.3	1076	670
671	1:13:44	MCTIERNAN, Willie	Killkenny City Harriers	M50	07:22.3	3009	671
672	1:13:45	O'CONNELL, Kevin	Sportsworld RC	M45	07:22.4	57	672
673	1:13:46	CASEY, Derry	Eagle AC	M	07:22.5	2622	673
674	1:13:47	O'BULMAIN, Sean	Youghal AC	M	07:22.6	2637	674
675	1:13:47	ROCHE, Damian	Limerick	M	07:22.6	1816	675
676	1:13:48	HIGGINS, Terance	Cork	M	07:22.7	862	676
677	1:13:48	BARRY, Elizabeth	Bandon AC	F	07:22.7	2240	677
678	1:13:49	HEFFERNAN, John	West Waterford AC	M45	07:22.8	1469	678
679	1:13:50	O'SULLIVAN, Noel	Carrignavar	M40	07:22.9	2790	679
680	1:13:51	IRISH, Cillian	Ballincollog	MJ	07:23.0	174	680
681	1:13:52	OAKLEY, Philip	Rochestown	M	07:23.1	4022	681
682	1:13:53	CLEARY, James	Naval Service	M	07:23.2	3196	682
683	1:13:54	BREWSTER, Bob	Cape Cod AC	M40	07:23.3	1750	683
684	1:13:56	O'SULLIVAN, Sean	Ballymacoda	M	07:23.5	1056	684
685	1:13:58	MILNER, John	Cork	M45	07:23.7	764	685
686	1:13:59	O'GORMAN, Vivian	Dublin	M50	07:23.8	1294	686
687	1:14:01	BYRNE, Declan	The Curragh	M	07:24.0	912	687
688	1:14:04	LYONS, Brendan	Glanmire	M	07:24.3	1170	688
689	1:14:05	COFFEY, Tim	Blarney	M	07:24.4	3193	689
690	1:14:06	MCCARTHY, Danny	Midleton AC	M55	07:24.5	591	690
691	1:14:06	DOWLING, Siobhan	Glanmire	F	07:24.5	2363	691
692	1:14:07	BRICKLEY, Aidan	Garryspillane	M45	07:24.6	1446	692
693	1:14:07	MURPHY, Tim A	Knocknagree	M	07:24.6	614	693
694	1:14:09	HORGAN, John	Knocknagree	M	07:24.8	653	694
695	1:14:09	POWER, Daithi	Cork O.C.	M	07:24.8	448	695
696	1:14:10	THOMPSON, William	Mallow	M	07:24.9	3156	696
697	1:14:11	BADER, Jean	Sli Cualann AC	F40	07:25.0	4294	697
698	1:14:11	MURPHY, Fergus	Slaney Olympic AC	M	07:25.0	367	698
699	1:14:12	MOLONEY, Joe	Clonakilty	M	07:25.1	2799	699
700	1:14:12	HASSETT, Sean	Crusaders AC	M	07:25.1	766	700
701	1:14:13	GORMAN, Martin	North Laois AC	M	07:25.2	2973	701
702	1:14:15	O'HANLON, Eoin	Rochestown	M	07:25.4	3439	702
703	1:14:15	BUCKLEY, Eoghan	Portlaoise	M	07:25.4	1964	703
704	1:14:16	WALSH, Sean	Kilmacthomas	M	07:25.5	2602	704
705	1:14:17	ALLAN, Ian	Scotland	M	07:25.6	3283	705
706	1:14:18	ARNOTT, Rory	Youghal	M	07:25.7	1656	706
707	1:14:18	O'RIORDAN, Tomas	Cork	M	07:25.7	438	707
708	1:14:18	MURPHY, Pat	Eagle AC	M45	07:25.7	1844	708
709	1:14:19	KIRWAN, Fidelma	Eagle AC	F35	07:25.8	1838	709
710	1:14:19	O'DRISCOLL, Jacqueline	Dublin	F	07:25.8	4124	710
711	1:14:20	AMBROSE, Neil	Novohal	M	07:25.9	2647	711
712	1:14:20	CURLEY, Kieran	Youghal AC	M45	07:25.9	2600	712
713	1:14:21	DUFFY, Noel	Dunboyne AC	M50	07:26.0	1670	713

714	1:14:21	O'SULLIVAN, Robert	Cork O.C.	M	07:26.0	859	714
715	1:14:22	COSGROVE, Colm	Pfizer	M	07:26.1	1872	715
716	1:14:22	O'SULLIVAN, Dominic	Cork BHAA	M45	07:26.1	1832	716
717	1:14:23	VEALE, Martin	West Waterford AC	M	07:26.2	793	717
718	1:14:24	HOLIAN, John	Dunboyne AC	M40	07:26.3	3332	718
719	1:14:25	BUCKLEY, Paul	Glanmire	M	07:26.4	3150	719
720	1:14:26	MASON, Kenny	Dublin	M	07:26.5	2049	720
721	1:14:27	DILLON, Hugh	Cork	M	07:26.6	3637	721
722	1:14:27	FITZGERALD, Gene	City Life	F	07:26.6	1563	722
723	1:14:29	QUANE, Michael	Bristol	M	07:26.8	901	723
724	1:14:30	MOONEY, Declan	Stradbally	M	07:26.9	2286	724
725	1:14:33	O'MURCHU, Sean	Ballycotton	M45	07:27.2	1041	725
726	1:14:34	QUINN, Adrian	Kerbside	M	07:27.3	1318	726
727	1:14:35	O'LEARY, Michael	Ballinacollig	M	07:27.4	3049	727
728	1:14:36	MCGREAL, Ann	Sportsworld RC	F55	07:27.5	141	728
729	1:14:37	HOLMES, Patrick	Golden	M45	07:27.6	538	729
730	1:14:38	MCCONNON, Derek	Rathfarnham-WSAF AC	M40	07:27.7	458	730
731	1:14:40	O'LEARY, John	Leevale AC	M65	07:27.9	66	731
732	1:14:41	MCCARTHY, Terry	An Post	M	07:28.0	2140	732
733	1:14:42	DEASY, Micheal	Bandon	M	07:28.1	3730	733
734	1:14:42	DELANGT, Leyton	Stragglers	M	07:28.1	1466	734
735	1:14:42	FOLEY, Stephen	Blarney	M	07:28.1	2192	735
736	1:14:43	MINNOCK, Michael	Tullamore Harriers	M	07:28.2	189	736
737	1:14:44	GUNNER, Val	Kilkenny	M	07:28.3	2934	737
738	1:14:46	FAHEY, Frank	Clonmel AC	M50	07:28.5	986	738
739	1:14:46	MURPHY, Stephen	Douglas	M	07:28.5	635	739
740	1:14:46	MURPHY, Bernard	Locker Room H & F	M	07:28.5	3349	740
741	1:14:47	COONEY, Tony	Ballinacollig AC	M50	07:28.6	90	741
742	1:14:48	STAUNTON, Paddy	Carrigrohane	M45	07:28.7	92	742
743	1:14:49	MCGREGOR, Colin	Cloyne	M45	07:28.8	3761	743
744	1:14:49	FLANNERY, Caimin	Carrigaline	M	07:28.8	3810	744
745	1:14:51	WALSH, Ian	West Waterford AC	M	07:29.0	2861	745
746	1:14:52	LAWLESS, Brian	Matt Talbot Harriers	M	07:29.1	1494	746
747	1:14:53	GRIFFIN, William	Tralee Jogging Club	M45	07:29.2	1047	747
748	1:14:53	KINGSTON, Dan	Carrigaline	M50	07:29.2	1710	748
749	1:14:54	LYNCH, John	Youghal	M	07:29.3	2091	749
750	1:14:54	BURKE, Aiden	Cork	M40	07:29.3	2279	750
751	1:14:55	CALLAGHAN, Dermot	Duhallow AC	M	07:29.4	2121	751
752	1:14:55	MURPHY, Stephen	Mallow AC	M45	07:29.4	2322	752
753	1:14:56	NOLAN, Mark	Tralee	M	07:29.5	2979	753
754	1:14:57	KELLY, Alan	Ballinacurra	M	07:29.6	2164	754
755	1:14:58	MCCARTHY, Richard	Youghal	M40	07:29.7	2742	755
756	1:14:58	DOWD, Anthony	Johnston Castle	M	07:29.7	539	756
757	1:14:59	NICHOLSON, Andrew	Youghal AC	M	07:29.8	1729	757
758	1:14:59	FENLON, Peter	Cork BHAA	M60	07:29.8	4016	758
759	1:15:04	CROSS, Dairine	Limerick Tri-Ath	F	07:30.3	2996	759
760	1:15:05	REYNOLDS, Ken	St. Finbarrs AC	M	07:30.4	661	760
761	1:15:08	DILLON, Joan	Mullingar Harriers	F	07:30.7	1978	761
762	1:15:12	MCNEARNY, John	Kilrush	M	07:31.1	1687	762
763	1:15:14	CAREY, Michael	Bishopstown Hillwalking Club	M50	07:31.3	3508	763
764	1:15:15	BULLEN, Geoffrey	West Waterford AC	M45	07:31.4	816	764
765	1:15:17	MCCANN, Karl	Trilogy Tri Club	M	07:31.6	2975	765
766	1:15:18	DUNLEA, Noel	Sultans AC	M	07:31.7	1508	766
767	1:15:18	SHORTT, Cathy	Donore Harriers	F	07:31.7	2408	767
768	1:15:19	CONNOLLY, Tom	Grange-Fermoy AC	M	07:31.8	4023	768
769	1:15:19	EARLEY, Pat	West Waterford AC	M	07:31.8	2093	769
770	1:15:20	HAYES, Calvin	Vistacon	M40	07:31.9	2487	770
771	1:15:20	MURPHY, JJ	Sleaveen	M45	07:31.9	3627	771
772	1:15:20	FLYNN, Mairead	West Waterford AC	F35	07:31.9	482	772
773	1:15:21	MURPHY, Jacintha	Oranmore	F	07:32.0	1721	773
774	1:15:21	JALILL, Joe	Midleton	M45	07:32.0	2070	774
775	1:15:21	MCCARTHY, Vincent	Kilnaboy	M40	07:32.0	2650	775
776	1:15:22	LAWLESS, Susan	Bray Runners	F	07:32.1	1609	776
777	1:15:23	FITZPATRICK, J.P.	Ballinacollig	M	07:32.2	2792	777
778	1:15:23	O'MAHONY, Fiach	Cork	M	07:32.2	436	778
779	1:15:23	LONG, Simon	Rostellan	M	07:32.2	3436	779
780	1:15:24	LEAHY, Paul	Carraig Na BhFear	M	07:32.3	3593	780
781	1:15:24	CULLEN, Liz	Parnell AC	F	07:32.3	1904	781
782	1:15:25	WALSH, Anthony	Cork BHAA	M40	07:32.4	1728	782
783	1:15:26	FOLEY, John	West Waterford AC	M55	07:32.5	1796	783
784	1:15:27	O'RIORDAN, Martin	Curraheen	M	07:32.6	112	784
785	1:15:28	CONRAN, Mark	Fermoy	M	07:32.7	3146	785
786	1:15:28	LOONEY, Killian	Ballinacurra	M	07:32.7	2056	786
787	1:15:28	PRENDERGAST, Tom	London-Irish AC	M45	07:32.7	1951	787
788	1:15:29	MCMAHON, Eoin	Kilcullen	M	07:32.8	1229	788
789	1:15:30	HORGAN, Timothy	Kerry Orienteers	M45	07:32.9	1712	789
790	1:15:30	MCINERNEY, Mary	Ballinacollig	F	07:32.9	3509	790
791	1:15:30	SHAUGHNESSY, Barry	Naval Service	M	07:32.9	352	791
792	1:15:33	MURRAY, Dermot	Naval Service	M40	07:33.2	3581	792
793	1:15:34	LAROCQUE, Paul	FMRC	M	07:33.3	871	793

794	1:15:35	MAC SWEENEY, Denis	City Life	M	07:33.4	1560	794
795	1:15:36	MCGAULEY, Pat	Midleton AC	M	07:33.5	683	795
796	1:15:36	BUCKLEY, Frances	U.C.C. BHAA	F40	07:33.5	481	796
797	1:15:37	JONES, Finbarr	Vicarstown	M	07:33.6	2574	797
798	1:15:37	CURTIS, Peadar	Mallow AC	M50	07:33.6	2329	798
799	1:15:38	LUPTON, Ronan	Wicklow Tri Ath	M	07:33.7	4137	799
800	1:15:38	LYONS, Colm	Cork	M	07:33.7	3435	800
801	1:15:39	VAN-DER-VALK, TJ	Waterford Road Runners	M40	07:33.8	981	801
802	1:15:40	MORGAN, Pam	Liverpool	F40	07:33.9	1789	802
803	1:15:41	SHINE, Barbara	Greenhills L.C.	F	07:34.0	599	803
804	1:15:41	HURLEY, Martin	Source Health & Fitness	M	07:34.0	413	804
805	1:15:42	GEARY, Trevor	Fermoy	M	07:34.1	3685	805
806	1:15:42	COOKE, Tony	St. Finbarrs AC	M40	07:34.1	1372	806
807	1:15:43	LESTER, Alan	Cork	M	07:34.2	1553	807
808	1:15:44	COOKE, Barry	Dublin	M	07:34.3	2262	808
809	1:15:44	LISTON, Birget	Eagle AC	F	07:34.3	2348	809
810	1:15:46	LAFFAN, Eimear	Limerick AC	F	07:34.5	501	810
811	1:15:47	DILLON, Liam	Wicklow Tri Ath	M	07:34.6	3118	811
812	1:15:51	LINEHAN, Brian	Ballyvolane	M40	07:35.0	2362	812
813	1:15:51	CREHAN, Mark	Tramore AC	M	07:35.0	384	813
814	1:15:52	TREACY, Pio	Glanmire	M	07:35.1	2536	814
815	1:15:53	MCCARTHY, Denis	Castleisland	M	07:35.2	4091	815
816	1:15:54	FLYNN, Darren	Grange-Fermoy AC	M	07:35.3	1899	816
817	1:15:55	SHEEHAN, Denis	Mallow AC	M40	07:35.4	2330	817
818	1:15:57	MURPHY, Michael	Innishannon	M40	07:35.6	3545	818
819	1:15:57	BARDSLEY, Alan	Cobh	F	07:35.6	4253	819
820	1:16:02	DOODY, Damien	Muckcross Rowing Club	M	07:36.1	3912	820
821	1:16:03	KENNY, Jeremy	Muckcross Rowing Club	M	07:36.2	3666	821
822	1:16:03	CRONIN, Michael	Midleton	M40	07:36.2	1786	822
823	1:16:04	O'CONNOR, Darren	Carlow	M	07:36.3	1987	823
824	1:16:04	DILLON, John	Carlow	M	07:36.3	1984	824
825	1:16:04	MCLOUGHLAN, Sean	Waterford	M50	07:36.3	1795	825
826	1:16:04	WALSH, Emmet	West Waterford AC	M	07:36.3	2862	826
827	1:16:05	O'LEARY, Kieran	Enniskeane	M	07:36.4	3599	827
828	1:16:05	O'KELLY, Aidan	Tralee	M40	07:36.4	281	828
829	1:16:05	O'DONOVAN, John	UCC Rowing Club	MJ	07:36.4	4174	829
830	1:16:06	WATERS, William	Kinsale	M	07:36.5	1365	830
831	1:16:06	O'CONNELL, Chris	Midleton	M	07:36.5	2976	831
832	1:16:07	FOLLAN, Anne	Pontypridd AC	F35	07:36.6	1930	832
833	1:16:07	BARRY, Anthony	Glanmire	M	07:36.6	2142	833
834	1:16:07	TROY, Monica	Midleton	F35	07:36.6	863	834
835	1:16:08	MYCROFT, Liam	Athenry AC	M45	07:36.7	4271	835
836	1:16:08	O'SULLIVAN, Priscilla	Skibbreen AC	F40	07:36.7	486	836
837	1:16:09	HASSETT, Paddy	Mullingar Harriers	M	07:36.8	2028	837
838	1:16:09	O'MAHONY, John	U.C.C. BHAA	M65	07:36.8	1551	838
839	1:16:09	O'BRIEN, Michael	Waterford AC	M40	07:36.8	2558	839
840	1:16:10	BARTLEY, Conor	Grange-Fermoy AC	M	07:36.9	2156	840
841	1:16:10	DUHIG, Jim	West Waterford AC	M	07:36.9	819	841
842	1:16:11	MCNAMARA, Patsy	Mitchelstown	M	07:37.0	1402	842
843	1:16:11	NAGLE, Derek	Naval Service	M	07:37.0	2943	843
844	1:16:11	O'SULLIVAN, Pat	Belgooly	M	07:37.0	1688	844
845	1:16:12	NAGLE, Donna	Clonmel AC	F	07:37.1	269	845
846	1:16:13	GLEESON, Sean	Army	M	07:37.2	3879	846
847	1:16:14	FITZGERALD, Bryan	Limerick	M	07:37.3	4236	847
848	1:16:15	O'SHEA, Gerry	Mogeely	M45	07:37.4	1713	848
849	1:16:15	O'LEARY, Joe	Watergrasshill	M40	07:37.4	3687	849
850	1:16:16	MCPMAHON, Mark	Aherla Harriers	M	07:37.5	4085	850
851	1:16:16	MCGLYNN, Malachy	Carrick-on-Suir T.C.	M	07:37.5	1719	851
852	1:16:16	PARKES, Wez	Carrick-on-Suir	M	07:37.5	1718	852
853	1:16:16	O'NEILL, John	Newport	M50	07:37.5	86	853
854	1:16:17	SILLER, Barbara	Cork	F	07:37.6	4300	854
855	1:16:17	HOLLAND, Siobhan	Novartis	F	07:37.6	1026	855
856	1:16:17	GEANEY, Andrew	Whitechurch	M45	07:37.6	4207	856
857	1:16:18	HUNT, Stephen	New Ross	M	07:37.7	4035	857
858	1:16:19	O'CONNELL, Donie	Midleton AC	M55	07:37.8	1661	858
859	1:16:19	MITCHELL, Manus	Midleton	M	07:37.8	1331	859
860	1:16:20	GEANEY, Sean	Pfizer	M	07:37.9	4305	860
861	1:16:21	RATCHFORD, David	Brandon Fern H.	M40	07:38.0	1943	861
862	1:16:21	ARNOTT, Pat	Youghal AC	M50	07:38.0	798	862
863	1:16:21	RYAN, Eoin	Waterford	M	07:38.0	1009	863
864	1:16:21	MURPHY, John-Paul	Ballincollig	MJ	07:38.0	292	864
865	1:16:22	O'SHAUGHNESSY, Michael	Limerick	M40	07:38.1	1534	865
866	1:16:22	O'REGAN, Kenneth	Midleton	M	07:38.1	526	866
867	1:16:22	O'CONNOR, Richard	Leevale AC	MJ	07:38.1	3842	867
868	1:16:23	MEAGHER, David	Limerick Tri-Ath	M40	07:38.2	3692	868
869	1:16:25	HORAN, Deirdre	Sportsworld RC	F	07:38.4	3219	869
870	1:16:25	SISK, Bernard	Cork BHAA	M55	07:38.4	919	870
871	1:16:26	GUNNING, Peter	Midleton AC	M45	07:38.5	122	871
872	1:16:26	HOLLAND, Daniel	England	M	07:38.5	1183	872
873	1:16:26	KELLEHER, Edel	Eagle AC	F35	07:38.5	1006	873

874	1:16:27	O'RIORDAN, John	Aherla Harriers	M	07:38.6	2226	874
875	1:16:27	CAREY, Maria	Ennis Track Club	F	07:38.6	3492	875
876	1:16:28	BYRNE, Mark	Slaney Olympic AC	M	07:38.7	779	876
877	1:16:28	BUCKLEY, David	Portlaoise	M	07:38.7	1963	877
878	1:16:28	SHANNON, James	Galway	M	07:38.7	3832	878
879	1:16:28	DONOVAN, Philip	Wexford	M45	07:38.7	953	879
880	1:16:31	LISTON, John	Mallow	M	07:39.0	1705	880
881	1:16:32	COUGHLAN, Seamus	Aherla Harriers	M	07:39.1	2224	881
882	1:16:33	LEE, Elizabeth	Cork	F	07:39.2	1499	882
883	1:16:34	PRENDERGAST, Rick	Castlemartyr	M40	07:39.3	818	883
884	1:16:34	KIELY, Peter	Clonmel	M	07:39.3	3829	884
885	1:16:35	O'DONOVAN, John	Bishopstown Orienteering Club	M45	07:39.4	3433	885
886	1:16:36	ENRIGHT, Denis	Clonakilty	M	07:39.5	2683	886
887	1:16:37	CONDON, David	West Limerick AC	M50	07:39.6	3585	887
888	1:16:37	MCCORMACK, Paul	Bray Runners	M	07:39.6	2793	888
889	1:16:38	CARROLL, Michael	Cork	M	07:39.7	431	889
890	1:16:39	MCGUINNESS, Kevin	Limerick AC	M	07:39.8	2653	890
891	1:16:40	MCKENZIE, Gary	Keith & District AC	M40	07:39.9	3011	891
892	1:16:40	O'CONNOR, Denis	Blarney	M45	07:39.9	1019	892
893	1:16:40	HAYES, David	Tribesman R.C.	M	07:39.9	4127	893
894	1:16:41	CROTTY, Ciara	Kerry Pike	F	07:40.0	2541	894
895	1:16:42	O'CONNOR, Albert	Glounthaune	M	07:40.1	2890	895
896	1:16:45	FLANAGAN, Ger	Youghal AC	M40	07:40.4	2497	896
897	1:16:45	O'CONNOR, Norman	Ennis	M	07:40.4	4033	897
898	1:16:46	CARROLL, Teresa	Limerick	F	07:40.5	4288	898
899	1:16:46	DOOLEY, Sean	Kilnaboy AC	M	07:40.5	2545	899
900	1:16:47	WOODS, Bobby	Tralee	M	07:40.6	2243	900
901	1:16:47	SALMON, Joe	Cork	M	07:40.6	2682	901
902	1:16:47	STAUNTON, David	Templeogue	M	07:40.6	2755	902
903	1:16:47	KENNEDY, Noel	Crecora	M40	07:40.6	372	903
904	1:16:47	DAVIES, Desmond	Les Croupiers	M55	07:40.6	1585	904
905	1:16:48	MCENIERY, Carmel	Cambridge & Coleridge AC	F	07:40.7	904	905
906	1:16:50	O'CONNOR, Bertie	Tralee Jogging Club	M50	07:40.9	503	906
907	1:16:51	HOULIHAN, Ruth	Cobh	F	07:41.0	3315	907
908	1:16:51	CONWAY, Tom	Carrigaline	M	07:41.0	1954	908
909	1:16:53	WALSH, Mary	Pfizer	F35	07:41.2	1689	909
910	1:16:58	CLEARY, Paddy	St. Marys AC	M	07:41.7	1686	910
911	1:16:58	LAWLOR, Michael	Belgooly AC	M55	07:41.7	2200	911
912	1:17:00	KEARNEY, Stephen	Dunmanway	M	07:41.9	2423	912
913	1:17:00	MURPHY, Gerard	Slaney Olympic AC	M	07:41.9	423	913
914	1:17:00	FENNELL, John	West Waterford AC	M	07:41.9	149	914
915	1:17:00	MCTERNAN, Joan	Donore Harriers	F45	07:41.9	1087	915
916	1:17:01	O'BROIN, Sean	Cork	M50	07:42.0	941	916
917	1:17:01	MURPHY, Gerald	Carrignavar	M40	07:42.0	2182	917
918	1:17:02	LEONARD, Jerome	Cork	M45	07:42.1	940	918
919	1:17:02	BYRNE, Earol	Kilworth	M	07:42.1	1700	919
920	1:17:03	MCCARTHY, Gerard	Grenagh	M	07:42.2	2526	920
921	1:17:04	BURNS, Eilis	Source Health & Fitness	F40	07:42.3	454	921
922	1:17:04	CREAN, Brian	Cork	M	07:42.3	3745	922
923	1:17:04	CROWLEY, Therese	Clonakilty	F	07:42.3	1149	923
924	1:17:05	KEARNEY, Patrick	Kilmacow Drummers	M55	07:42.4	99	924
925	1:17:06	MOTHERWAY, John	Aghada	M60	07:42.5	2083	925
926	1:17:07	WITTAN, Stuart	Youghal	M	07:42.6	3029	926
927	1:17:08	MCCOOL, Paul	Mullingar Harriers	M45	07:42.7	225	927
928	1:17:09	RYAN, Dermot	West Waterford AC	M	07:42.8	1029	928
929	1:17:10	CURRAN, Shane	Carrigrohane	MJ	07:42.9	220	929
930	1:17:10	WILCOX, Willie	Clonakilty	M	07:42.9	2566	930
931	1:17:11	WHISTON, Seamus	Limerick	M	07:43.0	216	931
932	1:17:11	MCHUGH, Pdraig	Glenville	M	07:43.0	1159	932
933	1:17:12	BEACHAM, Roger	Bromsgrove & Redditch AC	M65	07:43.1	1480	933
934	1:17:14	MCCABE, Nicholas	Mullingar Harriers	M55	07:43.3	4285	934
935	1:17:16	FOGARTY, Cathy	Ealing S&M AC	F55	07:43.5	1933	935
936	1:17:18	BOWES, Michael	Tramore	M	07:43.7	4090	936
937	1:17:18	O'KEEFFE, Peter	Midleton AC	M	07:43.7	1135	937
938	1:17:19	GARRIGAN, Brendan	JJB	M	07:43.8	927	938
939	1:17:20	BRUNNOCK, Paul	West Waterford AC	M	07:43.9	505	939
940	1:17:21	KANE, Thomas	East Antrim Harriers	M55	07:44.0	756	940
941	1:17:21	BUTLER, Simon	Cork	M	07:44.0	2175	941
942	1:17:22	HOGAN-O'CONNELL, Eddie	Sundays Well RFC	M	07:44.1	2514	942
943	1:17:22	FRITSCHLER, Frank	Waterford AC	M55	07:44.1	1658	943
944	1:17:23	O'DONOVAN, Fachtna	Cork BHAA	M40	07:44.2	1011	944
945	1:17:23	COSHGAN, John Declan	Crusaders AC	M	07:44.2	2319	945
946	1:17:24	COUGHLAN, Jim	Cork	M40	07:44.3	882	946
947	1:17:24	ROBINSON, Nick	Cobh	M50	07:44.3	705	947
948	1:17:25	O'TOOLE, Mark	Kilkenny	M	07:44.4	2267	948
949	1:17:25	FITZGERALD, David	Cork	M	07:44.4	806	949
950	1:17:25	COUGHLAN, Karen	Blarney	F	07:44.4	4060	950
951	1:17:26	GARVEY, Colette	Eagle AC	F	07:44.5	4312	951
952	1:17:26	O'BRIEN, Kathleen	East Cork AC	F60	07:44.5	983	952
953	1:17:27	COTTER, John J	Cobh	M60	07:44.6	668	953

954	1:17:27	LUCEY, Dennis	Ballinhassig	M	07:44.6	1955	954
955	1:17:27	HARSE, Frank	Waterford	M40	07:44.6	1014	955
956	1:17:28	DALY, John	Passage West	M50	07:44.7	2619	956
957	1:17:28	BOLAND, Maurice	Clonmel AC	M50	07:44.7	2937	957
958	1:17:28	KERWICK, Patrick	Carrick-on-Suir	M	07:44.7	3885	958
959	1:17:29	MCGRATH, Declan	Butlerstown	M	07:44.8	2493	959
960	1:17:29	FITZGERALD, Kieran	Cork	M50	07:44.8	805	960
961	1:17:29	HALLINAN, Jim	Ladysbridge	M50	07:44.8	3467	961
962	1:17:29	LEACH, David	Blarney	M	07:44.8	276	962
963	1:17:29	O'BRIEN, Patrick	Charleville	M60	07:44.8	833	963
964	1:17:30	KEVANY, Sinead	Eagle AC	F	07:44.9	2235	964
965	1:17:30	QUANE, Paul	London	M40	07:44.9	3722	965
966	1:17:30	KELLY, Bernie	Galway City Harriers	F45	07:44.9	284	966
967	1:17:31	SARGENT, Peter	HSE	M65	07:45.0	752	967
968	1:17:31	ROGERS, David	Clonmel	M	07:45.0	1037	968
969	1:17:32	O'CALLAGHAN, Barry	Mallow AC	M	07:45.1	3269	969
970	1:17:32	MOTHERWAY, Jim	Aghada GAA	M	07:45.1	2082	970
971	1:17:32	BOWE, Robert	St Michaels	M	07:45.1	2993	971
972	1:17:33	O'GRADY, Patrick	Abbeyfeale	M	07:45.2	2870	972
973	1:17:34	KNIGHT, David	England	M	07:45.3	1189	973
974	1:17:34	MONAHAN, Rosemary	Maynooth	F	07:45.3	2136	974
975	1:17:35	RUSSELL, Carmel	Liverpool	F40	07:45.4	1791	975
976	1:17:35	HOLLAND, Sharon	Source Health & Fitness	F35	07:45.4	445	976
977	1:17:39	BLAKENEY, Basil	Celbridge	M40	07:45.8	1982	977
978	1:17:41	MCMAHON, Conor	Macroom	M	07:46.0	242	978
979	1:17:41	MCGANN, Ruth	Sportsworld RC	F45	07:46.0	2970	979
980	1:17:43	BARRY, Gordon	Caherline	M	07:46.2	3488	980
981	1:17:43	GILES, Pat	Waterford AC	M40	07:46.2	3682	981
982	1:17:44	HORGAN, Anthony	Eagle AC	M	07:46.3	810	982
983	1:17:45	GALLAGHER, Oliver	Kilmurry-Ibrickane NC AC	M45	07:46.4	1408	983
984	1:17:45	RICHES, Trevor	Waterford	M40	07:46.4	1959	984
985	1:17:46	MCGROARTY, John	Naval Service	M	07:46.5	3626	985
986	1:17:46	CORBY, Niamh	Dublin	F	07:46.5	1833	986
987	1:17:46	O'SULLIVAN, Barry	Cork	M	07:46.5	3017	987
988	1:17:47	HYNES, Eileen	Clonmel AC	F45	07:46.6	395	988
989	1:17:48	BURKE, Stephen	Bishopstown	M	07:46.7	2382	989
990	1:17:49	BURKE, Martina	St. Finbarrs AC	F	07:46.8	135	990
991	1:17:49	SHINNICK, Liz	Glenville	F	07:46.8	3168	991
992	1:17:50	SPILLANE, Gillian	Eagle AC	F	07:46.9	2483	992
993	1:17:51	MILLS, John	Ratoath	M	07:47.0	1295	993
994	1:17:51	COAKLEY, Diarmuid	Carrigrohane	M	07:47.0	2122	994
995	1:17:52	SKUSE, George	Grange-Fermoy AC	M45	07:47.1	992	995
996	1:17:53	HERLIHY, Diarmuid	Glanmire	M	07:47.2	3229	996
997	1:17:53	TYRRELL, Stephen	Slaney Olympic AC	M	07:47.2	1635	997
998	1:17:56	CREED, John	EMC	M	07:47.5	621	998
999	1:17:58	ROBAN, John	Enniscorthy	M	07:47.7	3462	999
1000	1:17:59	O'DONNABHAIN, Donnchadh	Cork	M	07:47.8	2640	1000
1001	1:18:00	REIHILL, John	Aghabullogue GAA	M	07:47.9	2598	1001
1002	1:18:01	O'CONNOR, Paul	Limerick	M	07:48.0	4098	1002
1003	1:18:01	HURLEY, Christopher	Dunmanway	M	07:48.0	4096	1003
1004	1:18:02	O'NEILL, Eoin	Tralee	M	07:48.1	4184	1004
1005	1:18:04	HAYES, Stephen	UCC Rowing Club	MJ	07:48.3	3506	1005
1006	1:18:04	KEARNEY, Colin	Cork	M	07:48.3	2141	1006
1007	1:18:05	COTTER, Denis	Collins Bks	M	07:48.4	3925	1007
1008	1:18:06	COTTER, A.J.	Greystones	M40	07:48.5	2484	1008
1009	1:18:07	KEATING, Paul	West Waterford AC	M50	07:48.6	273	1009
1010	1:18:07	PARSONS, Jane	Bromsgrove & Redditch AC	F35	07:48.6	1483	1010
1011	1:18:08	CASEY, Denise	Muckcross Rowing Club	F	07:48.7	3669	1011
1012	1:18:09	PHILPOTT, Dan	Duhallow AC	M40	07:48.8	947	1012
1013	1:18:10	O'SULLIVAN, Darragh	Beara	M	07:48.9	3636	1013
1014	1:18:11	O'DRISCOLL, Christopher	Cork	M55	07:49.0	1604	1014
1015	1:18:12	O'CONNOR, Fintan	Courtbrack	M	07:49.1	4034	1015
1016	1:18:13	MCCARTHY, Darren	Celbridge	M	07:49.2	3487	1016
1017	1:18:14	COURTNEY, John	Enniscorthy	M	07:49.3	3041	1017
1018	1:18:14	FARRELL, Jimmy	Civil Service Harriers	M45	07:49.3	3215	1018
1019	1:18:15	ENNIS, Emily	Piranha Tri-Ath	F	07:49.4	1033	1019
1020	1:18:16	GRIFFIN, Diarmuid	Killarney	M	07:49.5	3588	1020
1021	1:18:17	BLAKE, Brian	Wilton	M	07:49.6	3888	1021
1022	1:18:19	SHORTEN, John	Rathfarnham	M	07:49.8	2820	1022
1023	1:18:20	MCCARTHY, Laurence	Ballinacurra	M	07:49.9	2162	1023
1024	1:18:20	O'LEARY, Neilie	Belgooly AC	M60	07:49.9	56	1024
1025	1:18:21	JAMES, Steven	Bromsgrove & Redditch AC	M50	07:50.0	1479	1025
1026	1:18:22	COLLINS, Barry	Youghal	M	07:50.1	3616	1026
1027	1:18:24	SHANAHAN, Dan	Shannon RC	M	07:50.3	1113	1027
1028	1:18:24	O'CALLAGHAN, Michael	Shannon RC	M	07:50.3	3003	1028
1029	1:18:25	FOLEY, Ger	Carraig na bhFear AC	M40	07:50.4	79	1029
1030	1:18:26	MAYE, Colm	Na Fianna AC	M	07:50.5	2118	1030
1031	1:18:26	O'KEEFFE, Terry	Slaney Olympic AC	M70	07:50.5	3020	1031
1032	1:18:27	BARRY, Assumpta	Glanmire	F35	07:50.6	2143	1032
1033	1:18:28	NEVILLE, Charlie	Cork	M45	07:50.7	2903	1033

1034	1:18:29	MOLONEY, Michael	Dungarvan	M	07:50.8	3431	1034
1035	1:18:30	HALL, David	Middleton Harriers	M40	07:50.9	1868	1035
1036	1:18:30	COMISKEY, Freda	Lucan Harriers	F	07:50.9	1018	1036
1037	1:18:31	O'TUAMA, Micheal	Wilton	M	07:51.0	4021	1037
1038	1:18:33	REIHILL, Brian	Aghabullogue GAA	M	07:51.2	2597	1038
1039	1:18:34	MULLOWNEY, Stephen	Collins Bks	M	07:51.3	3932	1039
1040	1:18:35	MCMAHON, Eoin	Collins Bks	M	07:51.4	3933	1040
1041	1:18:35	WALSH, Alice	Kilkenny	F50	07:51.4	1641	1041
1042	1:18:37	NEVILLE, Martin	Mallow AC	M	07:51.6	1618	1042
1043	1:18:37	HANRAHAN, Evelyn	Dooneen AC	F35	07:51.6	303	1043
1044	1:18:38	POWER, Billy	Passage West	M40	07:51.7	531	1044
1045	1:18:38	O'HALLORAN, Tony	Glounthaune	M	07:51.7	1325	1045
1046	1:18:39	STAUNTON, Peter	Dublin	M	07:51.8	1863	1046
1047	1:18:39	DALBY, Karen	Liverpool Harriers	F40	07:51.8	2386	1047
1048	1:18:39	HAYES, Pat	Cork Fire Brigade	M40	07:51.8	2608	1048
1049	1:18:40	HENNESSY, Eddie	Source Health & Fitness	M40	07:51.9	324	1049
1050	1:18:40	HUGHES, John Paul	Douglas	M	07:51.9	2639	1050
1051	1:18:41	ROCHE, Richard	Lisnagry	M	07:52.0	3707	1051
1052	1:18:41	CORBETT, Denis	Mallow AC	M40	07:52.0	3268	1052
1053	1:18:42	COLLINS, Kerrie	Annacotty	F	07:52.1	2518	1053
1054	1:18:43	THORNTON, Emma	Source Health & Fitness	F35	07:52.2	2217	1054
1055	1:18:44	MCGARRY, Denis	Army	M40	07:52.3	3601	1055
1056	1:18:46	THORNTON, Vincent	Ballinacurra	M65	07:52.5	2218	1056
1057	1:18:48	QUIRKE, Coleman	Midleton GAA	M	07:52.7	1447	1057
1058	1:18:49	MAHONY, William	Cork	M	07:52.8	2190	1058
1059	1:18:50	HORAN, Helen	Killarney	F	07:52.9	3756	1059
1060	1:18:50	BYRNE, David	Cork Fire Brigade	M	07:52.9	3710	1060
1061	1:18:50	BUCKLEY, Aidan	Eagle AC	M40	07:52.9	1727	1061
1062	1:18:52	CURLEY, Dermot	Ballygarvan	M	07:53.1	791	1062
1063	1:18:52	CREAN, Gerard	Bandon	M	07:53.1	3748	1063
1064	1:18:52	QUILLIGAN, Kevin	Mallow AC	M45	07:53.1	547	1064
1065	1:18:53	O'CALLAGHAN, Declan	Kilworth	M	07:53.2	3630	1065
1066	1:18:53	DONNELLAN, Paul	Fermoy Rowing Club	M40	07:53.2	2733	1066
1067	1:18:53	FITZGERALD, Anne	Waterford	F45	07:53.2	1801	1067
1068	1:18:54	BOURKE, Johnny	Cork	M40	07:53.3	794	1068
1069	1:18:55	MCCARTHY, Donal	Bandon	M	07:53.4	3228	1069
1070	1:18:55	FALSEY, Maura	Kilmurry-Ibrickane NC AC	F45	07:53.4	210	1070
1071	1:18:56	GODSIL, Caroline	Midleton AC	F	07:53.5	2907	1071
1072	1:18:56	GALLAGHER, Deirdre	Castleconnell	F40	07:53.5	2997	1072
1073	1:18:56	CASEY, Darren	Bishopstown	M	07:53.5	2343	1073
1074	1:18:57	QUINN, Noel	Kerbside	M	07:53.6	1320	1074
1075	1:18:57	O'SULLIVAN, Philip	Tribesman R.C.	M	07:53.6	4128	1075
1076	1:18:58	WATSON, Yvonne	Midleton	F	07:53.7	3201	1076
1077	1:18:59	HOLLAND, John	Mallow AC	M55	07:53.8	2332	1077
1078	1:18:59	O'HARA, Shane	Carrick-on-Suir	M	07:53.8	3699	1078
1079	1:19:00	MCKEOWN, Mary	Limerick	F35	07:53.9	1172	1079
1080	1:19:01	DONALDSON, Ronnie	CIYMS AC	M60	07:54.0	1792	1080
1081	1:19:01	O'REGAN, Richard	Carrigtwohill	M	07:54.0	2344	1081
1082	1:19:01	MURPHY, Christy	Carraig na bhFear AC	M50	07:54.0	645	1082
1083	1:19:02	BUCKLEY, Michael	Cobh	M	07:54.1	704	1083
1084	1:19:02	JOHNSTON, Cathal	Fingallians	M45	07:54.1	921	1084
1085	1:19:02	MULLANEY, John	Raheen	M40	07:54.1	2298	1085
1086	1:19:03	MCKENNA, Suzanne	Raheny Shamrock AC	F	07:54.2	1330	1086
1087	1:19:04	AHERN, Alan	Lee AC	M	07:54.3	2212	1087
1088	1:19:06	DONOVAN, Joey	Ballinhassig	MJ	07:54.5	249	1088
1089	1:19:09	JENNINGS, Liam	Ballincollig	MJ	07:54.8	4242	1089
1090	1:19:09	O'DONOVAN, Grainne	Skibbereen	F	07:54.8	1624	1090
1091	1:19:10	HACKETT, Julia	Donore Harriers	F	07:54.9	2261	1091
1092	1:19:10	LEHANE, Conor	Pilz	M	07:54.9	2866	1092
1093	1:19:10	O'SULLIVAN, Kieran	Innishannon	M	07:54.9	571	1093
1094	1:19:11	CURTIN, Brendan	Midleton	M	07:55.0	3161	1094
1095	1:19:12	O'CATHALAIN, Gearoid	IMRA	M45	07:55.1	720	1095
1096	1:19:18	O'DONOGHUE, Barry	Limerick Tri-Ath	M	07:55.7	1193	1096
1097	1:19:19	O'CONNOR, Ken	Monaleen	M	07:55.8	2621	1097
1098	1:19:19	RYAN, Catherine	Limerick Country Club	F40	07:55.8	68	1098
1099	1:19:20	DINAN, Ted	Cobh	M50	07:55.9	969	1099
1100	1:19:21	MUMFORD, Kenneth	Middleton Harriers	M45	07:56.0	1773	1100
1101	1:19:22	DONNELLAN, Stephen	Fermoy Rowing Club	M40	07:56.1	2732	1101
1102	1:19:22	WATSON, Karol	Midleton	M	07:56.1	3200	1102
1103	1:19:22	ANDERSEN, Neel Lykkegaard	Sparta Denmark	F	07:56.1	2815	1103
1104	1:19:22	WATERS, Liam	West Waterford AC	M	07:56.1	402	1104
1105	1:19:24	MCMURTRY, Jim	Midleton AC	M55	07:56.3	2205	1105
1106	1:19:24	BURKE, Richard	Tralee	MJ	07:56.3	3709	1106
1107	1:19:24	BATES, Dermot	Sportsworld RC	M	07:56.3	1621	1107
1108	1:19:25	GRIFFIN, Eoin	Passage West	M	07:56.4	2080	1108
1109	1:19:26	O'SULLIVAN, Patrick	Midleton	M50	07:56.5	960	1109
1110	1:19:27	MCDONNELL, Edward	Mallow AC	M	07:56.6	3267	1110
1111	1:19:27	LYONS, Desmond	Raheny Shamrock AC	M	07:56.6	2848	1111
1112	1:19:28	ALLEN, Breffni	Douglas	F	07:56.7	3521	1112
1113	1:19:28	MACGLIP, Fraser	Castlemartyr	M40	07:56.7	2579	1113

1114	1:19:28	BRENNOCK, Michael	Fermoy	M	07:56.7	3557	1114
1115	1:19:29	LEECHMERE, Michael	Waterford AC	M50	07:56.8	1761	1115
1116	1:19:29	HALTON, Thomas	Donore Harriers	M45	07:56.8	143	1116
1117	1:19:29	WALSH, Desmond	Mullingar Harriers	M60	07:56.8	2026	1117
1118	1:19:29	MASON, Darren	West Waterford AC	M	07:56.8	771	1118
1119	1:19:30	BROWN, Maj Turi	Cape Cod AC	F	07:56.9	1757	1119
1120	1:19:30	TUTTY, George	West Waterford AC	M50	07:56.9	322	1120
1121	1:19:30	MOYNIHAN, Laura	Donore Harriers	F	07:56.9	3221	1121
1122	1:19:31	DUNLEA, Patrick	Midleton GAA	M	07:57.0	2206	1122
1123	1:19:31	COTTER, Aidan	Cork	M	07:57.0	430	1123
1124	1:19:32	HOULIHAN, Shane	Kilmallock	M	07:57.1	2438	1124
1125	1:19:33	CAHALANE, Sean	Cork Tri-Ath	M	07:57.2	3725	1125
1126	1:19:33	HYDE, Pdraig	Cork	M45	07:57.2	804	1126
1127	1:19:33	SMITH, Kevin	Ballinacurra	M	07:57.2	4209	1127
1128	1:19:33	FREEMAN, Sean	Merry Rangers	M45	07:57.2	1388	1128
1129	1:19:34	HEHIR, Stephen	Bruff	M	07:57.3	2726	1129
1130	1:19:34	PRENDERGAST, Ray	Clonmel AC	M45	07:57.3	2452	1130
1131	1:19:34	FIELD, Annette	Ashbourne	F45	07:57.3	1235	1131
1132	1:19:35	COLEMAN, Billy	West Waterford AC	M	07:57.4	1521	1132
1133	1:19:35	FLEMING, Seamus	Lisgoold GAA	M	07:57.4	972	1133
1134	1:19:36	COCKLE, Sue	Stragglers	F45	07:57.5	1456	1134
1135	1:19:37	LYONS, Marion	St. Finbarrs AC	F50	07:57.6	4276	1135
1136	1:19:38	NEENAN, Willie	Millstreet AC	M70	07:57.7	45	1136
1137	1:19:38	WHELAN, David	Ballinamult	M	07:57.7	3783	1137
1138	1:19:39	CLERKIN, Gary	Rochestown	M	07:57.8	4088	1138
1139	1:19:41	BELCHER, Abbie	London	F	07:58.0	2003	1139
1140	1:19:41	HURST-MOORE, Kyrinda	Middleton Harriers	F40	07:58.0	1779	1140
1141	1:19:42	FURLONG, Shane	Dublin	M	07:58.1	1473	1141
1142	1:19:43	SURMAN, Graham	Loughrea	M	07:58.2	1716	1142
1143	1:19:44	BOURKE, James	Waterford Road Runners	M40	07:58.3	366	1143
1144	1:19:45	BRADY, Joseph	Dublin	M	07:58.4	3174	1144
1145	1:19:45	COLEMAN, Kieran	West Waterford AC	M	07:58.4	208	1145
1146	1:19:46	MCLOUGHLIN, Kate	Clonmel AC	F	07:58.5	1693	1146
1147	1:19:46	HURLEY, Vince	Cork	M	07:58.5	113	1147
1148	1:19:46	DUNPHY, Aidan	Portlaw	M	07:58.5	1800	1148
1149	1:19:47	HIGGINS, Kieran	Whitegate	M50	07:58.6	968	1149
1150	1:19:48	WALSHE, Des	Cork	M	07:58.7	2665	1150
1151	1:19:49	KAVANAGH, Liam	West Waterford AC	M40	07:58.8	1337	1151
1152	1:19:49	WALSH, Colman	Cork	M	07:58.8	3230	1152
1153	1:19:50	MORRISSEY, Breda	Eagle AC	F45	07:58.9	712	1153
1154	1:19:50	GER, Anthony	HSE	M	07:58.9	1132	1154
1155	1:19:52	O'HALLORAN, John	ESB	M55	07:59.1	1326	1155
1156	1:19:53	HARTIGAN, Peter	Cork	M	07:59.2	3560	1156
1157	1:19:54	DUNFORD, Joanne	West Waterford AC	F35	07:59.3	3532	1157
1158	1:19:54	CRONIN, Donal	Wilton	M	07:59.3	4158	1158
1159	1:19:55	BARDEN, Gavin	Waterford	M	07:59.4	1640	1159
1160	1:19:56	POWER, Declan	Tramore	M	07:59.5	2756	1160
1161	1:19:56	DEVANE, Fiona	Muckross Rowing Club	F	07:59.5	3911	1161
1162	1:19:57	GOGGIN, Vincent	Bandon	M	07:59.6	1843	1162
1163	1:19:58	MOYNIHAN, Tadgh	Cork	M	07:59.7	1404	1163
1164	1:19:59	O'REGAN, Joseph	Slaney Olympic AC	M70	07:59.8	139	1164
1165	1:20:00	DELANEY, Yvonne	Source Health & Fitness	F35	07:59.9	455	1165
1166	1:20:01	CULLINANE, Kenneth	Clonakilty	M	08:00.0	3522	1166
1167	1:20:02	LYNCH, Michael	Limerick Tri-Ath	M	08:00.1	1275	1167
1168	1:20:03	HENNESSY, Liam	Inniscarra	MJ	08:00.2	215	1168
1169	1:20:04	MCCARTHY, Seamus	Passage West	M	08:00.3	530	1169
1170	1:20:05	MOLONEY, Evelyn	Clonakilty	F35	08:00.4	2798	1170
1171	1:20:05	O'CONNOR, Darren	Carrigaline	M	08:00.4	1012	1171
1172	1:20:06	REYNOLDS, John	City Life	M45	08:00.5	1569	1172
1173	1:20:07	LUCEY, Clare	Doon	F40	08:00.6	394	1173
1174	1:20:08	MCLAUGHLIN, Jim	Cape Cod AC	M50	08:00.7	1755	1174
1175	1:20:10	MORAN, Tom	ESB	M	08:00.9	1615	1175
1176	1:20:10	TWOMEY, Christy	Donoughmore AC	M40	08:00.9	838	1176
1177	1:20:13	RYAN-PURCELL, Charles	Novartis	M40	08:01.2	1201	1177
1178	1:20:15	O'MAHONY, Willie	Midleton AC	M60	08:01.4	1070	1178
1179	1:20:16	NATION, Brian	Blarney	M	08:01.5	957	1179
1180	1:20:18	MURRAY, Gerald	Belfast	M50	08:01.7	4130	1180
1181	1:20:20	O'SULLIVAN, Bernard	Bandon AC	M	08:01.9	987	1181
1182	1:20:20	NI BHROIN, Fionnuala	Dublin	F	08:01.9	3261	1182
1183	1:20:21	MURPHY, Vincent	Carrick-on-Suir	M	08:02.0	166	1183
1184	1:20:21	O'MAHONEY, Kevin	Launceston RR	M65	08:02.0	3811	1184
1185	1:20:21	HEALY, Ken	Cork	M	08:02.0	2599	1185
1186	1:20:23	O'SE, Con	Dublin	M	08:02.2	364	1186
1187	1:20:24	DEEGAN, Michael	West Waterford AC	M50	08:02.3	1797	1187
1188	1:20:25	COTTER, Kieran	Midleton	M	08:02.4	3081	1188
1189	1:20:26	MCINTYRE, Gerry	Limerick Tri-Ath	M	08:02.5	823	1189
1190	1:20:26	BURKE, Chris	Cork Tri-Ath	F35	08:02.5	1338	1190
1191	1:20:26	RIPPARD, Lee	West Midlands	M40	08:02.5	2921	1191
1192	1:20:27	MCCARTHY, Eoin	Midleton	M	08:02.6	3180	1192
1193	1:20:27	MCCARTHY, Sean	Locker Room H & F	M	08:02.6	3362	1193

1194	1:20:28	WALSH, Stephen	Kerry	M	08:02.7	1327	1194
1195	1:20:28	RIGNEY, Gerry	Limerick	M50	08:02.7	2511	1195
1196	1:20:31	KELLY, Dermot	Stragglers	M40	08:03.0	1460	1196
1197	1:20:32	O'CALLAGHAN, Grainne	Millstreet AC	F	08:03.1	2295	1197
1198	1:20:33	O'SULLIVAN, Christine	Ovens	F	08:03.2	3181	1198
1199	1:20:34	BYRNE, James	Mallow AC	M50	08:03.3	1148	1199
1200	1:20:34	KELLY, James	Monaleen	M	08:03.3	711	1200
1201	1:20:35	WALSH, Mary	Ealing S&M AC	F	08:03.4	4277	1201
1202	1:20:35	BYRNE, Vincent	Wexford	M	08:03.4	954	1202
1203	1:20:35	FITZPATRICK, Sean	Kill	M40	08:03.4	1228	1203
1204	1:20:36	CHRISTIE, Eidin	St. Finbarrs AC	F35	08:03.5	306	1204
1205	1:20:37	CONNELLY, Gary	East Antrim Harriers	M40	08:03.6	1276	1205
1206	1:20:37	DUFFY, Aidan	Berrings	M45	08:03.6	3592	1206
1207	1:20:38	HANLEY, Paul	Matt Talbot Harriers	M50	08:03.7	176	1207
1208	1:20:38	O'SULLIVAN, Shane	Cork	M	08:03.7	2354	1208
1209	1:20:38	WARD, Noel	Dublin	M50	08:03.7	3001	1209
1210	1:20:39	BURNS, Paul	Douglas	M	08:03.8	1412	1210
1211	1:20:39	FITZGERALD, John	Leamlara	M	08:03.8	3584	1211
1212	1:20:40	MCNAMARA, Wesley	Blarney	M	08:03.9	2577	1212
1213	1:20:41	KELLY, Michelle	Penny Lane Striders	F45	08:04.0	1500	1213
1214	1:20:42	SPAIN, Alan	Bray	M	08:04.1	3565	1214
1215	1:20:43	WILMOT, Eddie	Bandon	M	08:04.2	2791	1215
1216	1:20:43	BUNCE, Philip	Carrigtwohill	M45	08:04.2	1206	1216
1217	1:20:43	BRENNAN, John	Ballyhoura Bears	M	08:04.2	3479	1217
1218	1:20:44	MCINERNEY, John	Kinvara	M	08:04.3	2051	1218
1219	1:20:44	MALIN, Jeanette	Bromsgrove & Redditch AC	F35	08:04.3	1481	1219
1220	1:20:44	HENRY, Kieran	Cork	M	08:04.3	1361	1220
1221	1:20:44	KERLEY, Sile	Riocht AC	F35	08:04.3	3547	1221
1222	1:20:44	CLANCY, Daragh	Kilnaboy AC	M	08:04.3	2548	1222
1223	1:20:45	KIERNAN, Sinead	Cork	F	08:04.4	917	1223
1224	1:20:45	O'SHAUGHNESSY, Shane	St. Finbarrs AC	M	08:04.4	918	1224
1225	1:20:46	CREMIN, Denis	HSE	M40	08:04.5	64	1225
1226	1:20:47	COLEMAN, Gerry	TG Victoria	M40	08:04.6	1989	1226
1227	1:20:47	NAUGHTON, Denis	Killarney	M	08:04.6	2242	1227
1228	1:20:48	DENNIS, Rory	Dublin	M	08:04.7	3923	1228
1229	1:20:48	HARTE, Cecil	Cork	M	08:04.7	932	1229
1230	1:20:49	O'SHEA, Feargal	Cork City Council	M	08:04.8	3064	1230
1231	1:20:50	FOLEY, Brendan	Dublin	M45	08:04.9	4107	1231
1232	1:20:50	O'KEEFFE, Bernadette	Whitegate	F35	08:04.9	4240	1232
1233	1:20:51	O'BRIEN, Alan	Blarney	M	08:05.0	1595	1233
1234	1:20:52	O'REILLY, Elaine	Thomastown AC	F	08:05.1	2073	1234
1235	1:20:54	O'REILLY, Kevin	Castlemartyr	M	08:05.3	229	1235
1236	1:20:56	DONNELLAN, Frank	Olympic Harriers	M	08:05.5	365	1236
1237	1:20:57	DIGGIN, Albert	Bank Of Ireland	M	08:05.6	675	1237
1238	1:20:57	FYNES, Nicola	Raheny Shamrock AC	F	08:05.6	3303	1238
1239	1:20:58	COLLINS, Emer	Castletroy	F	08:05.7	2881	1239
1240	1:20:59	HEFFERNAN, John	Canon Hayes AC	M50	08:05.8	51	1240
1241	1:21:00	O'CONNOR, Robert	Cork	M60	08:05.9	975	1241
1242	1:21:03	RYAN, Hughie	Limerick Country Club	M55	08:06.2	60	1242
1243	1:21:07	LAWLOR, John	Ballincollig	MJ	08:06.6	1010	1243
1244	1:21:08	KEHOE, Michael	Slaney Olympic AC	M50	08:06.7	1945	1244
1245	1:21:09	HOLMES, Alison	Middleton Harriers	F45	08:06.8	1869	1245
1246	1:21:09	BROOKES, Christine	Middleton Harriers	F50	08:06.8	1780	1246
1247	1:21:11	PEACOCK, Amy	Cape Cod AC	F40	08:07.0	1759	1247
1248	1:21:12	LOWNEY, Pat	Cork	M	08:07.1	360	1248
1249	1:21:14	LANHAM, James	Manchester Harriers	M55	08:07.3	1911	1249
1250	1:21:15	O'CONNELL, David	Dublin	M	08:07.4	1444	1250
1251	1:21:15	MEANEY, Peter	Saleen	M	08:07.4	239	1251
1252	1:21:16	O'NEILL, Eoghan	Watergrasshill	M	08:07.5	4203	1252
1253	1:21:17	O'DRISCOLL, Kevin	Eagle AC	M50	08:07.6	1079	1253
1254	1:21:17	NEIRINCK, Dimitri	Cloyne	M	08:07.6	3863	1254
1255	1:21:18	BURKE, Kevin	Innishannon	M	08:07.7	1044	1255
1256	1:21:18	MURRAY, Jimmy	Rising Sun AC	M55	08:07.7	589	1256
1257	1:21:20	GILROY, Stephen	Middleton	M40	08:07.9	996	1257
1258	1:21:20	BRADY, Sandra	Dublin	F45	08:07.9	1204	1258
1259	1:21:25	WEDDERBURN, Peter	Stragglers	M55	08:08.4	3148	1259
1260	1:21:26	BREKETON, Dermot	Rhode	M	08:08.5	2134	1260
1261	1:21:26	DOYLE, Brid	Grenagh	F	08:08.5	2470	1261
1262	1:21:26	WATSON, Jo	Stragglers	F35	08:08.5	2284	1262
1263	1:21:30	NOONAN, Kieran	Cork	M40	08:08.9	782	1263
1264	1:21:31	HICKEY, Anne	Cork BHAA	F40	08:09.0	212	1264
1265	1:21:32	FORREST, Denis	Blarney	M40	08:09.1	2427	1265
1266	1:21:33	CROTTY, Pat	Cork	M	08:09.2	3688	1266
1267	1:21:33	COTTER, Seamus	Pfizer	M	08:09.2	4306	1267
1268	1:21:34	DONOHUE, Barry	Mullingar	M	08:09.3	1887	1268
1269	1:21:34	ROCHE, Micheal	HSE	M	08:09.3	1433	1269
1270	1:21:34	FOLLIOU, Fabrice	Newbridge	M	08:09.3	3881	1270
1271	1:21:35	DINNEEN, Joan	Glanmire	F35	08:09.4	2743	1271
1272	1:21:35	MEYLER, Shane	Naval Service	M	08:09.4	4310	1272
1273	1:21:35	FEEHAN, Ted	Newmarket	M60	08:09.4	1024	1273

1274	1:21:35	CUMMINS, Ivan	Cork Tri-Ath	M	08:09.4	2416	1274
1275	1:21:36	SHEA, Natalie	Cape Cod AC	F35	08:09.5	1744	1275
1276	1:21:36	O'CONNELL, Terry	Douglas	M45	08:09.5	2620	1276
1277	1:21:37	O'BRIEN, Rachel	Glanmire	F	08:09.6	2684	1277
1278	1:21:37	O'CONNOLL, Ross	Dublin	M	08:09.6	4309	1278
1279	1:21:37	ALLEN, Kay	Glanmire	F40	08:09.6	3647	1279
1280	1:21:38	O'LOUGHLIN, Kevin	Kilmurry-Ibrickane NC AC	M50	08:09.7	4292	1280
1281	1:21:39	JOHNSON, Michael	Epic Trips	M	08:09.8	2525	1281
1282	1:21:40	MCGILLICUDDY, Sharon	Locker Room H & F	F	08:09.9	4073	1282
1283	1:21:40	GLEESON, Marie	Naval Service	F	08:09.9	337	1283
1284	1:21:40	O'FLYNN, Aisling	Naval Service	FJ	08:09.9	344	1284
1285	1:21:41	FOX, Colm	Naval Service	M	08:10.0	340	1285
1286	1:21:41	CURTIN, Brendan	Naval Service	M	08:10.0	346	1286
1287	1:21:41	O'BRIEN, Sean	Naval Service	MJ	08:10.0	348	1287
1288	1:21:41	KELLY, Niall	Naval Service	MJ	08:10.0	342	1288
1289	1:21:41	DONAGHER, Martin	Naval Service	M	08:10.0	345	1289
1290	1:21:42	MULCAHY, Shane	Naval Service	MJ	08:10.1	341	1290
1291	1:21:42	HENNIGAN, Florence	Innishannon	M50	08:10.1	1175	1291
1292	1:21:43	TWOMEY, Mark	Wicklow	M	08:10.2	1926	1292
1293	1:21:43	CARTER, Fiona	Wicklow	F35	08:10.2	1925	1293
1294	1:21:44	CUDDY, Richard	Cork Tri-Ath	M	08:10.3	652	1294
1295	1:21:45	DOYLE, Lar	Slaney Olympic AC	M50	08:10.4	576	1295
1296	1:21:45	MCMANUS, Mark	Locker Room H & F	M	08:10.4	3376	1296
1297	1:21:45	FLANAGAN, Eamon	Youghal AC	M	08:10.4	275	1297
1298	1:21:45	FEHENEY, Catherine	Kilkenny	F	08:10.4	1617	1298
1299	1:21:45	MASTERSON, Darragh	Blarney	MJ	08:10.4	669	1299
1300	1:21:46	WALSH, Frank	Norwood	M40	08:10.5	3111	1300
1301	1:21:46	DUFFY, David	West Midlands	M40	08:10.5	2920	1301
1302	1:21:47	MCNALLY, David	West Waterford AC	M	08:10.6	1692	1302
1303	1:21:47	CONNAUGHTON, Pat	West Waterford AC	M55	08:10.6	2191	1303
1304	1:21:48	NAGLE, Dan	Mallow AC	M55	08:10.7	2323	1304
1305	1:21:48	STUNDON, Elizabeth	Castletroy	F40	08:10.7	3769	1305
1306	1:21:49	FITZGIBBON, Clotilde	Glanworth	F35	08:10.8	3432	1306
1307	1:21:49	KIELY, Finbarr	Locker Room H & F	M	08:10.8	4284	1307
1308	1:21:50	O'KEEFFE, Jim	Blarney	M40	08:10.9	690	1308
1309	1:21:50	BOYD, Lina	Kinsale	F40	08:10.9	246	1309
1310	1:21:51	GATELY, John	Source Health & Fitness	M40	08:11.0	516	1310
1311	1:21:52	WALSH, Pat	Midleton	M40	08:11.1	2889	1311
1312	1:21:53	KELLEHER, Donal	Douglas	M	08:11.2	2036	1312
1313	1:21:54	MCNAMARA, Liam	Limerick	M40	08:11.3	545	1313
1314	1:21:54	BRENNAN, Gillian	Kilmacanogue	F35	08:11.3	2023	1314
1315	1:21:54	DELEE, Bill	Ennis	M	08:11.3	3074	1315
1316	1:21:54	CLEARY, Gearoid	Cork	M	08:11.3	2442	1316
1317	1:21:55	MOORE, Ray	West Waterford AC	M	08:11.4	4177	1317
1318	1:21:57	HEFFERNAN, Dave	Ballincollig	M	08:11.6	1403	1318
1319	1:21:57	MAHON, Liam	Dublin	M	08:11.6	3179	1319
1320	1:21:58	WATTERS, Pat	Kildare	M45	08:11.7	1227	1320
1321	1:22:02	ELLIOTT, Stephen	Waterford	M40	08:12.1	3055	1321
1322	1:22:02	BRENNAN, Chelley	Tramore	F	08:12.1	2560	1322
1323	1:22:04	O'MAHONY, Brendan	SCI	M	08:12.3	3126	1323
1324	1:22:05	HUNT, Brenda	Dungarvan	F	08:12.4	4036	1324
1325	1:22:06	QUIGLEY, Emma	Limerick	F	08:12.5	3662	1325
1326	1:22:07	LEDDIN, Timothy	Dublin	M	08:12.6	385	1326
1327	1:22:09	HEGARTY, Trish	Cape Cod AC	F40	08:12.8	1745	1327
1328	1:22:09	LEWIS, Liam	Cork	M	08:12.8	1414	1328
1329	1:22:09	LOOWEY, Aidan	Ovens	M	08:12.8	3254	1329
1330	1:22:09	BUCKLEY, Colin	Ladysbridge	M	08:12.8	84	1330
1331	1:22:09	MCCARTHY, Sean	Kilworth	M	08:12.8	2923	1331
1332	1:22:09	HANNON, Susan	West Waterford AC	F	08:12.8	868	1332
1333	1:22:09	MURPHY, Linda	Dublin	F35	08:12.8	389	1333
1334	1:22:09	O'BYRNE, Conor	Galway	M	08:12.8	4196	1334
1335	1:22:09	MAGUIRE, Padraig	Bundoran	M	08:12.8	517	1335
1336	1:22:09	WALSH, Frank	Passage West	M	08:12.8	1081	1336
1337	1:22:09	LYNCH, Micheal	Cork	M40	08:12.8	2538	1337
1338	1:22:09	FITZSIMONS, John J	Crusaders AC	M65	08:12.8	2318	1338
1339	1:22:10	CURLEY, William	Tallow	M	08:12.9	3227	1339
1340	1:22:10	O'FLYNN, Brian	Shandon Boat Club	M	08:12.9	2153	1340
1341	1:22:11	CUDMORE, Sally	UCC Staff AC	F35	08:13.0	1305	1341
1342	1:22:12	HOARE, Terence	Carrigtwohill	M	08:13.1	3997	1342
1343	1:22:15	O'BRIEN, David	Carrigaline	M	08:13.4	2722	1343
1344	1:22:16	DEVEREUX, Dominic	Limerick	M45	08:13.5	2114	1344
1345	1:22:18	DEASY, Conor	Ballinhassig	M	08:13.7	2002	1345
1346	1:22:19	O'SULLIVAN, Eddie	Gorey	M45	08:13.8	2964	1346
1347	1:22:20	UNKNOWN,	NDB	08:13.9	5002	1347	
1348	1:22:21	RUSSELL, Richard	Youghal	M	08:14.0	1315	1348
1349	1:22:21	OWENS, David	Naval Service	M	08:14.0	2718	1349
1350	1:22:22	CAMPBELL, Stephen	Naval Service	M	08:14.1	2710	1350
1351	1:22:22	CLANCY, Seamus	Cork	M	08:14.1	280	1351
1352	1:22:24	CRONIN, Ann	Clonmel AC	F40	08:14.3	1287	1352
1353	1:22:24	COLLINS, Niall	Naas AC	M	08:14.3	260	1353

1354	1:22:24	JOHANSSON, Annette	Clonliffe Harriers	F	08:14.3	3576	1354
1355	1:22:25	O'HAGAN, Michelle	Dublin	F	08:14.4	1879	1355
1356	1:22:26	O'DEA, Kevin	Clare River Harriers	M	08:14.5	1613	1356
1357	1:22:26	WHYMS, Dermot	Donabate	M40	08:14.5	2316	1357
1358	1:22:27	HEALY, Pat	Cork	M	08:14.6	2942	1358
1359	1:22:27	RYAN, Veronica	Raheen	F	08:14.6	3747	1359
1360	1:22:28	MORRISSEY, John	U.C.C. BHAA	M	08:14.7	2482	1360
1361	1:22:29	MURPHY, David	Dublin	M40	08:14.8	1980	1361
1362	1:22:29	EGAN, Joan	Midleton AC	F	08:14.8	1451	1362
1363	1:22:30	DOWLING, Marcus	Collins Bks	MJ	08:14.9	3942	1363
1364	1:22:31	LANE, Gillian	Killiney	F40	08:15.0	171	1364
1365	1:22:32	MARTIN, Allen	Collins Bks	M	08:15.1	3946	1365
1366	1:22:32	QUINN, Ann-Marie	Kerbside	F35	08:15.1	108	1366
1367	1:22:33	O'NEILL, Tommy	Clonard	M	08:15.2	548	1367
1368	1:22:34	COONEY, Neil	Mullingar	M	08:15.3	1886	1368
1369	1:22:35	O'SHAUGHNESSY, Michael	Castleinch	M40	08:15.4	3883	1369
1370	1:22:36	RYAN, Dorothy	Country Club Runners	F45	08:15.5	629	1370
1371	1:22:37	O'KEEFFE, Niall	Ballycotton	M	08:15.6	104	1371
1372	1:22:38	LAMBE, Sean	Tallaght	M65	08:15.7	3050	1372
1373	1:22:39	WOODS, Brian	Midleton AC	M	08:15.8	1051	1373
1374	1:22:39	CONDON, David	West Limerick AC	M60	08:15.8	421	1374
1375	1:22:40	MCCARTHY, Michael	Carrigaline	M45	08:15.9	1807	1375
1376	1:22:41	BYRNE, Sheila	Eagle AC	F35	08:16.0	464	1376
1377	1:22:42	KEARNEY, Nan	Cork	F	08:16.1	1829	1377
1378	1:22:42	DWYER, Michael	Waterford AC	M45	08:16.1	2159	1378
1379	1:22:42	FLYNN, Cathal	Carrigaline	M	08:16.1	1133	1379
1380	1:22:43	MERRIGAN, Wendy	Parnell AC	F	08:16.2	2634	1380
1381	1:22:45	RIORDAN, Richard	Doneraile	M	08:16.4	443	1381
1382	1:22:45	KENNEDY, Suzanne	UCC AC	F	08:16.4	1835	1382
1383	1:22:45	HOLLAND, Aidan	Ballinhassig	M	08:16.4	299	1383
1384	1:22:47	MCEVOY, Martin	Cork	M55	08:16.6	821	1384
1385	1:22:47	MURPHY, Niall	Source Health & Fitness	M40	08:16.6	407	1385
1386	1:22:47	BROWNE, Clifford	Cork	MJ	08:16.6	970	1386
1387	1:22:50	DORAN, Patrick	Limerick Country Club	M60	08:16.9	191	1387
1388	1:22:50	O'DONOVAN, Colm	Cobh	M	08:16.9	1900	1388
1389	1:22:50	BURKE, John	Dublin	M	08:16.9	1639	1389
1390	1:22:51	COOKE, Sean	Tralee	M	08:17.0	2827	1390
1391	1:22:51	LANDERS, Anthony	Merry Rangers	M	08:17.0	1385	1391
1392	1:22:51	MCGRATH, Eanna	Mungret	M	08:17.0	3996	1392
1393	1:22:52	O'SIORDAN, Susan	Silversprings	F	08:17.1	3998	1393
1394	1:22:52	O'CONNOR, Brian	Millstreet AC	M	08:17.1	307	1394
1395	1:22:52	CREAN, Gerry	Tralee	M45	08:17.1	4093	1395
1396	1:22:53	MCCARTHY, Aidan	Glanmire	M	08:17.2	3132	1396
1397	1:22:53	O'SHEA, Niall	Youghal AC	M	08:17.2	2100	1397
1398	1:22:55	FITZPATRICK, Eoin	Cork	M	08:17.4	3165	1398
1399	1:22:56	MURRAY, John-Philip	St. Finbarrs AC	M50	08:17.5	3516	1399
1400	1:22:56	O'BRIEN, Ger	Source Health & Fitness	M	08:17.5	515	1400
1401	1:22:56	CLANCY, Christina	Fitness Forever	F35	08:17.5	243	1401
1402	1:22:56	DALY, Teresa	Kilkenny City Harriers	F45	08:17.5	1965	1402
1403	1:22:57	KENNEDY, Tom	Kilkenny	M45	08:17.6	2933	1403
1404	1:22:57	COLLINS, Micheal	Crosshaven	M40	08:17.6	2351	1404
1405	1:22:57	CORKERY, Martin	Ennis	M	08:17.6	2672	1405
1406	1:22:58	CROWLEY, Desmond	Innishannon	M	08:17.7	572	1406
1407	1:22:58	CAREY, Brian	Kilworth	M	08:17.7	2274	1407
1408	1:23:00	QUEALLY, Will	Dungarvan	M	08:17.9	3972	1408
1409	1:23:00	O'ROURKE, Tommy	Cork	M40	08:17.9	2944	1409
1410	1:23:00	LEAHY, James	Kilkenny	M40	08:17.9	3979	1410
1411	1:23:00	DURACK, Aiden	Limerick	M	08:17.9	4214	1411
1412	1:23:01	GRIFFIN, Billy	Midleton AC	M65	08:18.0	934	1412
1413	1:23:01	O'REGAN, Annmarie	Clonakilty	F35	08:18.0	4252	1413
1414	1:23:02	RILEY, Neil	Waterford	M40	08:18.1	3238	1414
1415	1:23:02	MAXWELL, Deirdre	Blackrock AC	F	08:18.1	1077	1415
1416	1:23:02	FOLEY, Bernie	West Limerick AC	F45	08:18.1	765	1416
1417	1:23:05	CHARLES, Gerard	Collins Bks	MJ	08:18.4	3941	1417
1418	1:23:09	CROWLEY, Niall	Dooradoyle	M	08:18.8	3587	1418
1419	1:23:10	KENT, Stephen	Tramore AC	M	08:18.9	3577	1419
1420	1:23:10	SPILLANE, Michael	Dublin	M	08:18.9	3568	1420
1421	1:23:11	AKAR, Yasi	Mayflower	M	08:19.0	2946	1421
1422	1:23:12	FLEMING, Andrea	Donore Harriers	F45	08:19.1	1074	1422
1423	1:23:13	DELANEY, Susan	Source Health & Fitness	M	08:19.2	3920	1423
1424	1:23:14	HENDERSON, Alison	Midleton	F35	08:19.3	3115	1424
1425	1:23:14	SCANNELL, Gerard	Ballinlusk Survivors	M45	08:19.3	2311	1425
1426	1:23:15	RYAN, Liz	Bray Runners	F	08:19.4	1608	1426
1427	1:23:16	MASTERSON, Bill	Cape Cod AC	M65	08:19.5	1666	1427
1428	1:23:16	FOLEY, John	Slaney Olympic AC	M45	08:19.5	778	1428
1429	1:23:17	MANSFIELD, Conor	Crosshaven	M	08:19.6	1724	1429
1430	1:23:17	OLORENSHAW, Mark	England	M40	08:19.6	3130	1430
1431	1:23:18	CLEARY, Eibhlin	East Cork AC	F	08:19.7	2766	1431
1432	1:23:18	MULCAHY, Sarah	Tipperary	F	08:19.7	1510	1432
1433	1:23:18	HARTIGAN, Martin	Scarriff	M	08:19.7	824	1433

1434	1:23:20	BARRY, Ivan	Dublin	M	08:19.9	2632	1434
1435	1:23:21	O'ROURKE, Joan	Cork	F40	08:20.0	2945	1435
1436	1:23:21	POWER, James	Blackrock	M45	08:20.0	2405	1436
1437	1:23:21	O'DOWLING, Alan	Macroom	M	08:20.0	2314	1437
1438	1:23:25	O'CONNELL, Brendan	Collins Bks	M	08:20.4	3947	1438
1439	1:23:26	BRADY, Natasha	Rathgar	F	08:20.5	3873	1439
1440	1:23:26	MCDONNELL, Pauline	Newbridge AC	F45	08:20.5	2135	1440
1441	1:23:27	CLIFFORD, Liz	Bromsgrove & Redditch AC	F50	08:20.6	1580	1441
1442	1:23:27	BRADY, John	Novartis	M45	08:20.6	2517	1442
1443	1:23:27	BYRNE, Tony	Birdhill	M	08:20.6	2856	1443
1444	1:23:29	SHANAHAN, Martin	Lismore	M	08:20.8	3555	1444
1445	1:23:29	MOONEY, Donal	Mountmellick	M	08:20.8	2582	1445
1446	1:23:30	DOWNEY, Bernadette	Clonakilty	F35	08:20.9	542	1446
1447	1:23:31	IRVINE, Andrew	Cambridge & Coleridge AC	M	08:21.0	905	1447
1448	1:23:32	CARROLL, Michael	Eastcote	M50	08:21.1	316	1448
1449	1:23:34	DUNNE, Declan	Portlaoise	M	08:21.3	2898	1449
1450	1:23:35	O'BRIEN, Mark	Aghada	M	08:21.4	209	1450
1451	1:23:35	SHEEHAN, Michael	Limerick Country Club	M45	08:21.4	257	1451
1452	1:23:36	KINSELLA, Andy	ESB	M40	08:21.5	1126	1452
1453	1:23:39	KELLEHER, Elaine	Douglas	F	08:21.8	2294	1453
1454	1:23:40	DINAN, Brendan	Carrigaline	M	08:21.9	2905	1454
1455	1:23:40	WEAFER, John	Donore Harriers	M45	08:21.9	59	1455
1456	1:23:41	QUIRKE, Nicola	Dublin	F	08:22.0	1470	1456
1457	1:23:41	O'KEEFFE, Linda	Lismore	F	08:22.0	2604	1457
1458	1:23:42	POWER, Richard	West Waterford AC	M50	08:22.1	1524	1458
1459	1:23:42	CLANCY, Catherine	Kilnaboy AC	F	08:22.1	2547	1459
1460	1:23:42	KEEGAN, Felim	Glounthaune	M50	08:22.1	1321	1460
1461	1:23:43	COWAN, Derek	CIYMS AC	M55	08:22.2	2781	1461
1462	1:23:43	BROOKER, Matt	London	M	08:22.2	3128	1462
1463	1:23:43	DALY, Paddy	Army	M60	08:22.2	131	1463
1464	1:23:45	CLEARY, Philip	Dungarvan	M50	08:22.4	4005	1464
1465	1:23:45	MCCARTHY, Hilary	Cardigan R.C.	F35	08:22.4	1427	1465
1466	1:23:46	NORTON, Evan	Ballygarvan	M	08:22.5	2580	1466
1467	1:23:47	FITZGERALD, Tom	West Waterford AC	M60	08:22.6	1138	1467
1468	1:23:48	CHAPMAN, Deirdre	Waterford AC	F	08:22.7	937	1468
1469	1:23:49	O'SULLIVAN, Adrian	Motorola	M	08:22.8	1659	1469
1470	1:23:50	RAFFERTY, John	Dublin	M40	08:22.9	1147	1470
1471	1:23:50	ATKINSON, Brian	Watergrasshill	M40	08:22.9	3184	1471
1472	1:23:51	WALSH, Mark	Midleton	M45	08:23.0	728	1472
1473	1:23:53	O'GORMAN, Brendan	Rochestown	M	08:23.2	3133	1473
1474	1:23:54	RYAN, Patrick	Cork	M	08:23.3	3974	1474
1475	1:23:56	QUIRKE, Geraldine	Dublin	F	08:23.5	3314	1475
1476	1:23:56	O'RIORDAN, Tom	Silversprings	M	08:23.5	3999	1476
1477	1:23:57	MOORE, Greg	Eagle AC	M	08:23.6	3895	1477
1478	1:23:58	CLERKIN, Brian	Maynooth	M	08:23.7	1293	1478
1479	1:24:00	BRADLEY, Niall	Bank Of Ireland	M40	08:23.9	302	1479
1480	1:24:01	MCKNIGHT, John	Waterford AC	M40	08:24.0	2555	1480
1481	1:24:03	COLFER, Barbara	Dublin	F40	08:24.2	1629	1481
1482	1:24:04	O'REGAN, David	Bandon	M40	08:24.3	717	1482
1483	1:24:06	RUSSELL, Liam	Fermoy	M	08:24.5	2474	1483
1484	1:24:08	BANNON, Aisling	West Waterford AC	F	08:24.7	3299	1484
1485	1:24:09	CONNELLY, Martin	Newbridge	M45	08:24.8	314	1485
1486	1:24:11	O'DONOVAN, Annette	Limerick	F	08:25.0	3300	1486
1487	1:24:12	HALPIN, Patrick	Ballynonty AC	M50	08:25.1	1741	1487
1488	1:24:12	DOMGANS, Martin	Dublin	M	08:25.1	2341	1488
1489	1:24:13	BARRY, Margaret	Midleton AC	F55	08:25.2	681	1489
1490	1:24:14	FOREN, Allison	Cork	F	08:25.3	2575	1490
1491	1:24:14	PURCELL, John	Dublin	M40	08:25.3	3331	1491
1492	1:24:16	O'DRISCOLL, Patrick	Cork	M60	08:25.5	2853	1492
1493	1:24:18	BYRNE, Regina	West Waterford AC	F	08:25.7	487	1493
1494	1:24:22	HARTE, Barry	Locker Room H & F	M	08:26.1	2499	1494
1495	1:24:23	MORIARTY, Joe	Cork Tri-Ath	M	08:26.2	1128	1495
1496	1:24:28	AHERN, Paul	Dublin	M	08:26.7	236	1496
1497	1:24:31	LAWSON, Susan	Dublin	F	08:27.0	995	1497
1498	1:24:35	QUINLAN, Deirdre	Cork Tri-Ath	F40	08:27.4	1767	1498
1499	1:24:35	FLYNN, Michael	Waterford AC	M40	08:27.4	894	1499
1500	1:24:37	HEALY, Nollaig	St. Finbarrs AC	F	08:27.6	80	1500
1501	1:24:37	MCCOURT, Dave	Athlone	M	08:27.6	4104	1501
1502	1:24:38	HORGAN, Billy	Tralee	M	08:27.7	3223	1502
1503	1:24:38	HOEY, Gerard	Carrigaline	M	08:27.7	2748	1503
1504	1:24:39	KELLY, Michael	Shannon	M40	08:27.8	644	1504
1505	1:24:39	HUDNER, Brian	3D Tri Triathlon Club	M	08:27.8	611	1505
1506	1:24:40	O'SHEA, Darragh	Ballindinis	M	08:27.9	685	1506
1507	1:24:40	O'SHEA, Eoin	Ballindinis	M	08:27.9	684	1507
1508	1:24:41	HEALY, Joseph	Douglas	M	08:28.0	2959	1508
1509	1:24:41	JORDAN, Roisin	Amsterdam	F	08:28.0	2985	1509
1510	1:24:42	O'SULLIVAN, Jer	Limerick Tri-Ath	M	08:28.1	2498	1510
1511	1:24:42	O'RIORDAN, Pauline	Aherla Harriers	F	08:28.1	2227	1511
1512	1:24:43	MCMAMARA, Ross	Blarney	M	08:28.2	2576	1512
1513	1:24:44	MCCARTHY, Dan-Joe	Vicarstown	M45	08:28.3	134	1513

1514	1:24:44	CASHIN, Aidan	Roscommon AC	M60	08:28.3	1874	1514
1515	1:24:45	NOLAN, Andrew	Fermoy	M	08:28.4	1313	1515
1516	1:24:46	LUCEY, Paul	Mayfield	M	08:28.5	3673	1516
1517	1:24:47	CORCORAN, Eoin	Colaiste Choilm	MJ	08:28.6	519	1517
1518	1:24:48	MCCARTHY, Finbarr	Fanahan McSweeney AC	M50	08:28.7	2006	1518
1519	1:24:49	HILLIARD, Pauline	Dunboyne AC	F35	08:28.8	3446	1519
1520	1:24:50	MACNAMARA, Adrian	Locker Room H & F	M40	08:28.9	3357	1520
1521	1:24:50	HARTE, Ken	Cork	M	08:28.9	931	1521
1522	1:24:50	TAYLOR, Matt	Castletroy	M	08:28.9	2879	1522
1523	1:24:51	NATION, Una	Blarney	F	08:29.0	956	1523
1524	1:24:52	BAILEY, Pat	Skibbereen	M	08:29.1	978	1524
1525	1:24:52	CULLEN, Conor	Clonlara	M40	08:29.1	3741	1525
1526	1:24:54	MORAN, Gerry	Wexford	M	08:29.3	1616	1526
1527	1:24:55	LEDDIN, Brian	Limerick	M	08:29.4	2752	1527
1528	1:24:56	ENRIGHT, Conor	Crosshaven	M	08:29.5	4282	1528
1529	1:24:57	MAHER, Brendan	SCI	M	08:29.6	1518	1529
1530	1:24:58	JACOBS, Paul	Cape Cod AC	M40	08:29.7	1752	1530
1531	1:24:59	DONNELLAN, Michael	Fermoy Rowing Club	M	08:29.8	2734	1531
1532	1:25:00	O'KEARNEY, Martina	Crusaders AC	F35	08:29.9	1410	1532
1533	1:25:00	CONDON, Owen	Douglas	M	08:29.9	1300	1533
1534	1:25:01	FARRELL, Toddy	Gowran	MJ	08:30.0	2509	1534
1535	1:25:02	DOLLARD, Andrew	St. Senans AC	M40	08:30.1	3632	1535
1536	1:25:03	DOPSON, Ian	Cork	M	08:30.2	2593	1536
1537	1:25:04	MURPHY, Claire	Cork	F	08:30.3	2594	1537
1538	1:25:06	BARRETT, Fiona	Cork O.C.	F	08:30.5	446	1538
1539	1:25:07	CARTWRIGHT, Toby	Weston & Weedon Shufflers	M	08:30.6	788	1539
1540	1:25:08	SAVAGE, Dave	Dublin	M	08:30.7	560	1540
1541	1:25:08	DOONAN, Francesca	Cork	F	08:30.7	437	1541
1542	1:25:09	MAXWELL, Pat	Ovens	M40	08:30.8	2891	1542
1543	1:25:11	HEALY, Brian	Dunboyne AC	M40	08:31.0	991	1543
1544	1:25:11	NODWELL, Sarah	Blarney	F	08:31.0	3733	1544
1545	1:25:12	MANTON, Paul	Mallow	M40	08:31.1	842	1545
1546	1:25:13	KENNEALLY, Robert	Limerick	M	08:31.2	3660	1546
1547	1:25:13	LITTLE, David	Blackrock	M40	08:31.2	3066	1547
1548	1:25:13	REDMOND, Michael	Gorey	M50	08:31.2	4274	1548
1549	1:25:14	DONNELLY, Joe	Cork Masters SC	M50	08:31.3	1102	1549
1550	1:25:16	O'DRISCOLL, John	Glounthaune	M	08:31.5	848	1550
1551	1:25:17	LAWTON, Jerry	Belgooly AC	M50	08:31.6	1594	1551
1552	1:25:18	O'REGAN, Thelma	Clonakilty	F35	08:31.7	2067	1552
1553	1:25:19	LONERGAN, PJ	Fermoy	M	08:31.8	3556	1553
1554	1:25:20	FEHILLY, Chris	Bandon	M	08:31.9	2968	1554
1555	1:25:20	BYRNE, Liam	Rochestown	M	08:31.9	3848	1555
1556	1:25:21	MULLEN, Patrick	Ballina	M	08:32.0	2991	1556
1557	1:25:21	O'SULLIVAN-BYRNE, Frances	Riocht AC	F45	08:32.0	3153	1557
1558	1:25:22	MCCARTHY, Donal	EMC	M	08:32.1	2123	1558
1559	1:25:22	DOHERTY, John	Kilmallock	M50	08:32.1	2485	1559
1560	1:25:23	PETERS, Donal	Limerick Country Club	M45	08:32.2	483	1560
1561	1:25:24	HALLEY, Thomas	Clonmel AC	M40	08:32.3	485	1561
1562	1:25:25	ENRIGHT, Shane	Wilton	M	08:32.4	2379	1562
1563	1:25:26	O'SHEA, Denis	Cork Garda	M45	08:32.5	3190	1563
1564	1:25:27	WALSHE, John	East Cork AC	M50	08:32.6	1040	1564
1565	1:25:28	O'DONNELL, Gerald	Cork	M	08:32.7	3032	1565
1566	1:25:29	MCEVOY, John	North Laois AC	M40	08:32.8	2974	1566
1567	1:25:30	O'CONNOR, Liam	Monkstown	M45	08:32.9	1578	1567
1568	1:25:31	POWELL, Andrew	Cork	M	08:33.0	180	1568
1569	1:25:31	O'REILLY, Deirdre	Eagle AC	F40	08:33.0	657	1569
1570	1:25:31	DOHERTY, Paul	Waterford	M40	08:33.0	1898	1570
1571	1:25:32	QUINLAN, Nicky	Waterford	M	08:33.1	719	1571
1572	1:25:32	COOPER, James	Ballincollog	MJ	08:33.1	91	1572
1573	1:25:33	KEARNEY, Darren	EMC	M	08:33.2	2501	1573
1574	1:25:33	COLLINS, Seamus	Glanmire	M	08:33.2	1394	1574
1575	1:25:33	FOLEY, Roy	Carrigaline	M	08:33.2	81	1575
1576	1:25:34	BURKE, Roddy	Clarina	M	08:33.3	3104	1576
1577	1:25:35	O'SHAUGHNESSY, James	Cork	M45	08:33.4	944	1577
1578	1:25:35	SANDFORD, Liam	West Waterford AC	M50	08:33.4	780	1578
1579	1:25:35	HOOPER, Aileen	Raheny Shamrock AC	F	08:33.4	2376	1579
1580	1:25:36	MURPHY, Tomas	West Waterford AC	M	08:33.5	2095	1580
1581	1:25:36	CODY, Stephen	Cork	M	08:33.5	2961	1581
1582	1:25:36	BUTLER, Eoin	Mallow	M	08:33.5	3983	1582
1583	1:25:37	COHALAN, Caroline	Midleton	F	08:33.6	2925	1583
1584	1:25:37	HARRINGTON, Raymond	Cork	M	08:33.6	877	1584
1585	1:25:37	REDDY, Siobhan	St. Senans AC	F	08:33.6	3752	1585
1586	1:25:37	O'HANLON, Lory	St. Senans AC	M	08:33.6	3625	1586
1587	1:25:37	HOLMES, Keith	Delgaty	M	08:33.6	397	1587
1588	1:25:38	CURRAN, Raymond	West Waterford AC	M	08:33.7	1218	1588
1589	1:25:39	O'SHEA, Kathryn	Bandon	F	08:33.8	2745	1589
1590	1:25:39	HARRINGTON, Alan	Skibbereen	M	08:33.8	117	1590
1591	1:25:40	CUMBERTON, Frank	Cork	M45	08:33.9	83	1591
1592	1:25:41	WALSH, Mary	Midleton AC	F40	08:34.0	727	1592
1593	1:25:46	MCKERNAN, Declan	Cork	M	08:34.5	2535	1593

1594	1:25:46	BARRETT, Brian	Dungarvan	M	08:34.5	3339	1594
1595	1:25:46	MCDONNELL, Kieran	Cork	M50	08:34.5	872	1595
1596	1:25:48	COX, Alison	Cork	F	08:34.7	1214	1596
1597	1:25:49	O'FLAHERTY, John	Tipperary	M40	08:34.8	4122	1597
1598	1:25:50	RIORDAN, Derek	Mitchelstown	M	08:34.9	1654	1598
1599	1:25:51	WALDRON, Rosalie	Longford	F	08:35.0	4291	1599
1600	1:25:51	CAREY, Bryan	Ballycotton	M	08:35.0	3169	1600
1601	1:25:51	POWER, Kenneth	Aughinish Striders	M	08:35.0	726	1601
1602	1:25:52	MCCARTHY, David	Russell Rovers	M	08:35.1	3656	1602
1603	1:25:52	O'BRIEN, Paddy	Kilross	M	08:35.1	2872	1603
1604	1:25:53	CULLIMORE, Noelle	Sportsworld RC	F	08:35.2	1423	1604
1605	1:25:54	MCDONALD, Joan	Carrigaline	F	08:35.3	305	1605
1606	1:25:54	COOMEY, Anthony	Douglas	M	08:35.3	1107	1606
1607	1:25:55	DELANEY, Patrick	Portlaoise	M	08:35.4	3000	1607
1608	1:25:55	YOUNG, Donal	Meath	M	08:35.4	2988	1608
1609	1:25:55	HURLEY, Ciaran	Ballincollog AC	MJ	08:35.4	429	1609
1610	1:25:56	GUEST, Ronan	Borrisokane GAA	M	08:35.5	3473	1610
1611	1:25:56	ESAW, Charlie	Mallow	M	08:35.5	1043	1611
1612	1:25:57	WHITE, Michael	Newbridge	M	08:35.6	2384	1612
1613	1:25:57	MORRISSEY, Patrick	West Waterford AC	M	08:35.6	1380	1613
1614	1:25:58	GEOGHEGAN, Stephen	EMC	M	08:35.7	3598	1614
1615	1:25:58	PROCTOR, Paschal F	West Waterford AC	M50	08:35.7	3528	1615
1616	1:26:00	O'DONOGHUE, Joe	Cork	M	08:35.9	118	1616
1617	1:26:00	MORRIS, Tom	Kilkenny	M50	08:35.9	2211	1617
1618	1:26:00	KING, Sue	Ardnacrusha	F40	08:35.9	950	1618
1619	1:26:02	HAYES, John	City Life	M45	08:36.1	1564	1619
1620	1:26:02	LYNCH, Barry	Ballincollog	M40	08:36.1	2941	1620
1621	1:26:02	KAVANAGH, Liam	Gowran AC	M45	08:36.1	2507	1621
1622	1:26:03	GUILFOYLE, Richard	Crookstown	M40	08:36.2	2494	1622
1623	1:26:05	KEARNEY, John	Baltimore	M	08:36.4	979	1623
1624	1:26:05	LAWTON, James	Garda	M60	08:36.4	52	1624
1625	1:26:06	O'REGAN, Catherine	Slaney Olympic AC	F65	08:36.5	140	1625
1626	1:26:06	GLEESON, James	Blarney	M	08:36.5	3404	1626
1627	1:26:07	LASSETER, Amanda	Cambridge & Coleridge AC	F40	08:36.6	2259	1627
1628	1:26:08	TRINDLE, Edward	Cork	M	08:36.7	2852	1628
1629	1:26:08	KENNEALLY, Clodagh	Glounthaune AC	F	08:36.7	153	1629
1630	1:26:09	ROHAN, Margaret	Midleton AC	F45	08:36.8	755	1630
1631	1:26:10	CARTY, Gerard	Slaney Olympic AC	M60	08:36.9	272	1631
1632	1:26:10	O'REGAN, Ronan	Glanmire	M	08:36.9	2839	1632
1633	1:26:11	DAVIS, Kevin	Midleton AC	M45	08:37.0	722	1633
1634	1:26:11	HALVEY, Mark	Limerick	M	08:37.0	3909	1634
1635	1:26:12	MULCAHY, Derek	Cork	M40	08:37.1	3137	1635
1636	1:26:12	HARTNEY, Garrett	Limerick	M	08:37.1	4289	1636
1637	1:26:13	GANNON, Barry	Cloghroe	M	08:37.2	3249	1637
1638	1:26:13	DONEGAN, John	Banagher	M45	08:37.2	3959	1638
1639	1:26:14	GEARY, Niall	Bandon	M	08:37.3	3960	1639
1640	1:26:15	SINNOTT, Fiona	West Waterford AC	F	08:37.4	1407	1640
1641	1:26:16	COAKLEY, Tom	Dublin	M	08:37.5	1996	1641
1642	1:26:17	HOULIHAN, Ruth	Adare	F	08:37.6	3124	1642
1643	1:26:18	KEENA, Noel	Glanmire	M50	08:37.7	3517	1643
1644	1:26:19	CAWLEY, Michael	Waterford AC	M40	08:37.8	4281	1644
1645	1:26:20	MCCARTHY, Ray	Blarney	M40	08:37.9	1377	1645
1646	1:26:22	KELLY, Peter	Cobh	M	08:38.1	4140	1646
1647	1:26:23	LOVETT, Alan	Bilboa AC	M55	08:38.2	534	1647
1648	1:26:26	MURPHY, Denis	Dunboyne AC	M50	08:38.5	3259	1648
1649	1:26:27	LUNN, James	Cork	M	08:38.6	883	1649
1650	1:26:28	BUNYON, Joseph	Tralee	M	08:38.7	2912	1650
1651	1:26:28	SWEENEY, David	Collins Bks	M	08:38.7	3924	1651
1652	1:26:29	BURKE, Michael	Waterford AC	M	08:38.8	477	1652
1653	1:26:29	TOBIN, John	Cork	M	08:38.8	3607	1653
1654	1:26:30	CRONE, William	North Herts R.R.	M60	08:38.9	815	1654
1655	1:26:30	CARROLL, Nigel	Leamlara	M	08:38.9	2111	1655
1656	1:26:32	MACCARTHY, John	Ennis	M	08:39.1	3035	1656
1657	1:26:32	BARRY-MURPHY, Judy	Macroom	F	08:39.1	1739	1657
1658	1:26:33	BARRY, Ken	Nenagh	M	08:39.2	1740	1658
1659	1:26:34	LEVERMORE, Peter	London	M	08:39.3	3921	1659
1660	1:26:34	O'MARA, Ann	Limerick	F40	08:39.3	146	1660
1661	1:26:35	DOYLE, Eric	Ballincollog	MJ	08:39.4	799	1661
1662	1:26:36	CURTIN, Jim	Cork	M	08:39.5	3078	1662
1663	1:26:36	MULCAHY, Catriona	Kilmacthomas	F	08:39.5	3530	1663
1664	1:26:37	PAYNE, Brendan	Newmarket	M	08:39.6	1506	1664
1665	1:26:37	MORRISSEY, Patrick	City Life	M	08:39.6	1570	1665
1666	1:26:38	GLASHEEN, John	Cork	M	08:39.7	3986	1666
1667	1:26:38	KEOHANE, Adrian	Collins Bks	M	08:39.7	3926	1667
1668	1:26:38	CASEY, Lisa	Cork	F	08:39.7	374	1668
1669	1:26:39	MCKENNA, Ted	Cork	M	08:39.8	4200	1669
1670	1:26:39	CRONIN, Kevin	Cork City Ambulance Ser	M	08:39.8	1909	1670
1671	1:26:39	MCCARTHY, Bob	Kinsale	M40	08:39.8	3641	1671
1672	1:26:40	SPILLANE, Marcus	Eagle AC	M	08:39.9	2204	1672
1673	1:26:40	HENNIGAN, Gavin	Ballincollog	MJ	08:39.9	758	1673

1674	1:26:40	LYNCH, Sue	Donore Harriers	F40	08:39.9	1888	1674
1675	1:26:41	MURPHY, Fergal	Cork	M	08:40.0	982	1675
1676	1:26:41	MURPHY, Austin	Riverstown	M55	08:40.0	2149	1676
1677	1:26:42	BARRY, Brendan	Shannon RC	M	08:40.1	3005	1677
1678	1:26:42	NELSON, Victor	Rochestown	M	08:40.1	2768	1678
1679	1:26:42	WOLFE, Amy	Cork	F	08:40.1	854	1679
1680	1:26:43	COLLINS, Kevin	Clonmel AC	M50	08:40.2	1177	1680
1681	1:26:43	DUFFY, Dan	Claremorris	M50	08:40.2	553	1681
1682	1:26:44	LEE, Gillian	Cork	F40	08:40.3	2454	1682
1683	1:26:44	LEE, Tommy	City Life	M40	08:40.3	1566	1683
1684	1:26:45	MORRIS, David	Rickmansworth	M50	08:40.4	162	1684
1685	1:26:46	NOLAN, Ross	Douglas	M	08:40.5	4001	1685
1686	1:26:46	TROY, Catherine	Midleton	F	08:40.5	434	1686
1687	1:26:47	DONOVAN, Dermot	Midleton	M	08:40.6	433	1687
1688	1:26:47	PERRY, Anne-Marie	Midleton AC	F	08:40.6	4202	1688
1689	1:26:48	HENCHION, John	Belgooly	M	08:40.7	3640	1689
1690	1:26:48	DOWLING, Thomas	P.P. Athletic	M	08:40.7	2062	1690
1691	1:26:49	SULLIVAN, Brian	P.P. Athletic	M	08:40.8	2064	1691
1692	1:26:51	MARRON, Sinead	Cobh	F	08:41.0	3619	1692
1693	1:26:51	WALSH, Adam	Baltimore	M	08:41.0	1405	1693
1694	1:26:51	O'GRADY, Aisling	Cork	F	08:41.0	3862	1694
1695	1:26:53	AHERN, John	Bandon	M	08:41.2	4019	1695
1696	1:26:53	HUMPHREYS, Kevin	Glanmire	M	08:41.2	1359	1696
1697	1:26:53	MAHER, Jim	West Waterford AC	M40	08:41.2	3413	1697
1698	1:26:54	DUNNE, Maggie	Grange-Fermoy AC	F60	08:41.3	3463	1698
1699	1:26:54	DOBBS, Margaret	Slaney Olympic AC	F55	08:41.3	224	1699
1700	1:26:54	O'CONNOR, John-Joe	Castlegregory	M50	08:41.3	1794	1700
1701	1:26:55	MORTIMER, John	Epsom&Ewell H.	M50	08:41.4	2256	1701
1702	1:26:55	CREEDON, Marie	CSO	F40	08:41.4	2277	1702
1703	1:26:55	CASHIN, Donal	Dublin	M	08:41.4	1448	1703
1704	1:26:55	DILLANE, John	Kanturk	M	08:41.4	1449	1704
1705	1:26:56	GERAGHTY, Majella	Limerick Country Club	F35	08:41.5	620	1705
1706	1:26:56	POMEROY, Tom	Weston & Weedon Shufflers	M55	08:41.5	521	1706
1707	1:26:56	GRIMES, Danny	England	M	08:41.5	4197	1707
1708	1:26:57	CUMMINS, Valerie	Cork BHAA	F	08:41.6	2186	1708
1709	1:26:57	CREMIN, Robbie	Pfizer	M	08:41.6	740	1709
1710	1:26:57	RUSSELL, Sam	Rochestown	M	08:41.6	2402	1710
1711	1:26:57	BARRON, Bernadette	Country Club Runners	F50	08:41.6	2695	1711
1712	1:26:58	DOLAN, Brendon	Glanmire	M	08:41.7	820	1712
1713	1:26:58	RYAN, Louise	Dublin	F	08:41.7	3764	1713
1714	1:26:58	FERGUSON, Colette	Tallaght AC	F50	08:41.7	830	1714
1715	1:27:00	O'SULLIVAN, Sandra	Cork BHAA	F35	08:41.9	541	1715
1716	1:27:01	CRONIN, Richard	Cork	M	08:42.0	814	1716
1717	1:27:03	O'BRIEN, Gavin	Dublin	M	08:42.2	1840	1717
1718	1:27:04	ROBINSON, Colleen	Crusaders AC	F	08:42.3	767	1718
1719	1:27:04	CUSACK, Tom	Janssen	M	08:42.3	93	1719
1720	1:27:04	O'NEILL, Linda	Mitchelstown	F	08:42.3	3738	1720
1721	1:27:05	HENNESSY, Kieran	Cork	M	08:42.4	1219	1721
1722	1:27:05	DOYLE, Miriam	Cobh	F	08:42.4	3899	1722
1723	1:27:07	KEANE, Liam	Ballyduff Upper	M	08:42.6	3558	1723
1724	1:27:07	FOLEY, Mark	Cork	M	08:42.6	3907	1724
1725	1:27:07	HENDERSON, Pat	Ballysimon	M40	08:42.6	3241	1725
1726	1:27:09	KAVANAGH, Myles	Enniscorthy	M50	08:42.8	2292	1726
1727	1:27:09	WALSH, Patricia	City Life	F	08:42.8	1573	1727
1728	1:27:10	ATTRIDGE, Anthony	Army	M60	08:42.9	130	1728
1729	1:27:14	O'CONNELL, Owen	Douglas	M	08:43.3	2787	1729
1730	1:27:16	DONNELLAN, Conor	Fermoy Rowing Club	M	08:43.5	2735	1730
1731	1:27:17	MEADE, Fiona	Whites Cross	F	08:43.6	3101	1731
1732	1:27:18	FITZMAURICE, Ian	Clane	M	08:43.7	1513	1732
1733	1:27:18	LENNON, Pat	West Waterford AC	M40	08:43.7	509	1733
1734	1:27:18	KING, Brian	Celbridge	M40	08:43.7	1512	1734
1735	1:27:19	RYAN, Don	Cobh	M	08:43.8	3785	1735
1736	1:27:19	CROTTY, Greg	Youghal AC	M	08:43.8	2780	1736
1737	1:27:20	O'SHEA, John	Glounthaune	M	08:43.9	3786	1737
1738	1:27:21	HARE, Ruth	Middleton Harriers	F50	08:44.0	1774	1738
1739	1:27:22	HORGAN, Patrick	Cork	M	08:44.1	3402	1739
1740	1:27:22	MANGAN, Stuart	UCC Rowing Club	M	08:44.1	4114	1740
1741	1:27:23	RYAN, Gillian	Cork	F	08:44.2	558	1741
1742	1:27:23	CLIFFORD, John	Cork	M55	08:44.2	228	1742
1743	1:27:23	WALSHE, Brian	Kerry Pike	M	08:44.2	2233	1743
1744	1:27:24	MUGFORD, Nikki	Stragglers	F35	08:44.3	1464	1744
1745	1:27:24	COCKLE, Ray	Stragglers	M50	08:44.3	1455	1745
1746	1:27:24	HOGAN, Jason	Caherdavin	M	08:44.3	3690	1746
1747	1:27:25	CRONIN, Pat	Matt Talbot Harriers	M45	08:44.4	1289	1747
1748	1:27:25	KELLEHER, Frank	Cork City Council	M60	08:44.4	2365	1748
1749	1:27:27	SAMMON, David	Cork	M	08:44.6	1417	1749
1750	1:27:28	KELLY, Frank	Donabate	M40	08:44.7	3766	1750
1751	1:27:28	SHEEHY, Chris	Limerick	M	08:44.7	4225	1751
1752	1:27:29	O'BRIEN, Dick	Castle Lyons	M60	08:44.8	82	1752
1753	1:27:30	WINDSOR, Owen	Bray	M	08:44.9	1546	1753

1754	1:27:31	O'FARRELL, Kieran	Caherconlish	M	08:45.0	2061	1754
1755	1:27:32	LLEWELLYN, Mark	Youghal AC	MJ	08:45.1	2176	1755
1756	1:27:32	O'SULLIVAN, John	Bandon	M	08:45.1	2055	1756
1757	1:27:34	WALSH, Patrick	Cobh	M	08:45.3	2623	1757
1758	1:27:35	O'DWYER, Finbarr	Newport	M	08:45.4	3072	1758
1759	1:27:35	O'LEARY, Alan	Douglas	M	08:45.4	2188	1759
1760	1:27:35	O'CONNOR, David	Cork	M	08:45.4	976	1760
1761	1:27:36	O'NEILL, Una	Cobh	F	08:45.5	706	1761
1762	1:27:36	IRWIN, Eddie	Glanmire	M	08:45.5	1527	1762
1763	1:27:37	LYONS, Paul	Naval Service	M	08:45.6	349	1763
1764	1:27:38	COAKLEY, Ciaran	Dublin	M	08:45.7	4012	1764
1765	1:27:38	DUNNE, Tony	Grange-Fermoy AC	M60	08:45.7	3464	1765
1766	1:27:38	MATTHEWS, Evelyn	UCC	F	08:45.7	3790	1766
1767	1:27:38	COLFER, Donie	Slaney Olympic AC	M50	08:45.7	3874	1767
1768	1:27:39	MCENEANEY, Eamonn	Waterford Road Runners	M50	08:45.8	3302	1768
1769	1:27:40	STACK, Tony	Cork	M	08:45.9	4188	1769
1770	1:27:40	STANTON, David	Ballinacurra	M50	08:45.9	62	1770
1771	1:27:41	CHAMBERS, J.J.	Janssen	M	08:46.0	2696	1771
1772	1:27:42	O'HANLON, Don	Cork	M	08:46.1	424	1772
1773	1:27:43	GIBNEY, Kate	Macroom	F	08:46.2	2350	1773
1774	1:27:44	CREAGH, Richard	Cork	M	08:46.3	676	1774
1775	1:27:46	FITZPATRICK, Gertude	Sportsworld RC	F35	08:46.5	286	1775
1776	1:27:47	MENTON, Billy	ESB	M45	08:46.6	870	1776
1777	1:27:48	CAREY, Eileen	Thurles Crokes	F40	08:46.7	1296	1777
1778	1:27:50	CORCORAN, Liam	Limerick	M	08:46.9	2652	1778
1779	1:27:50	BROWNE, Donal	Ballygarvan	M	08:46.9	3870	1779
1780	1:27:50	BROWN, Craig	Bristol	M	08:46.9	3731	1780
1781	1:27:50	CREAN, Kieran	Cork	M	08:46.9	2578	1781
1782	1:27:51	STAFFORD, Tom	Civil Service Harriers	M50	08:47.0	357	1782
1783	1:27:52	MCLOUGHLIN, John	HP Galway	M	08:47.1	3284	1783
1784	1:27:53	MURRAY, Malachi	Quin	M	08:47.2	1704	1784
1785	1:27:53	ROWE, Colette	Cobh	F35	08:47.2	449	1785
1786	1:27:54	WALSH, Cathy	Clonakilty	F45	08:47.3	1783	1786
1787	1:27:55	BROWN, Gerard	Country Club Runners	M	08:47.4	998	1787
1788	1:27:56	KELLEHER, John	Carrigaline	M	08:47.5	2145	1788
1789	1:27:57	WALKER, Michael	Dublin	M	08:47.6	775	1789
1790	1:27:58	KELLY, Dermot	Rathangan	M	08:47.7	2057	1790
1791	1:27:58	ROONEY, Debbie	UL Rowing	F35	08:47.7	3768	1791
1792	1:28:00	O'BRIEN, Shane	Midleton	M	08:47.9	1354	1792
1793	1:28:00	KEEGAN, Noel	Midleton	M	08:47.9	1355	1793
1794	1:28:01	MCCABE, Garrett	Arklow	M	08:48.0	3762	1794
1795	1:28:02	KIDNEY, David	Cork	M45	08:48.1	1709	1795
1796	1:28:02	CAVANAGH, Jackie	Douglas	F40	08:48.1	1257	1796
1797	1:28:03	DAVIES, Emma	Whitegate	F	08:48.2	3116	1797
1798	1:28:03	MOORE, Paul	Doneraile	M40	08:48.2	444	1798
1799	1:28:03	MCINERNEY, Margaret	Limerick Country Club	F45	08:48.2	3095	1799
1800	1:28:04	CLARKE, Karen	Lee Road	F35	08:48.3	2352	1800
1801	1:28:05	MANNING, Sarah	Cape Cod AC	F40	08:48.4	1746	1801
1802	1:28:06	MULHERN, Noel	Trim	M	08:48.5	2478	1802
1803	1:28:06	RYAN, Jim	Country Club Runners	M45	08:48.5	628	1803
1804	1:28:06	REDDY, Vincent	Midleton	M	08:48.5	648	1804
1805	1:28:06	MORRISSEY, Martin	Midleton	M	08:48.5	2927	1805
1806	1:28:07	HEALY, Shirley	Pilz	F	08:48.6	2867	1806
1807	1:28:08	O'BRIEN, Sinead	Glanmire	F35	08:48.7	3631	1807
1808	1:28:09	O'LEARY, Moira	Epsom&Ewell H.	F60	08:48.8	2169	1808
1809	1:28:10	SHINNERS, Philip	Limerick	M45	08:48.9	1118	1809
1810	1:28:11	JUDGE, Amy	Limerick Tri-Ath	F	08:49.0	4169	1810
1811	1:28:12	MACKLIN, Pauric	Naval Service	M45	08:49.1	335	1811
1812	1:28:13	LYNCH, Kieran	Naval Service	M40	08:49.2	334	1812
1813	1:28:13	MCMAHON, Christopher	Youghal AC	M40	08:49.2	2104	1813
1814	1:28:14	SMITH, Cormac	Dungourney	M	08:49.3	1919	1814
1815	1:28:14	WOODS, Anthony	Middleton Harriers	M40	08:49.3	1778	1815
1816	1:28:15	MCGRATH, Jane	Eagle AC	F40	08:49.4	1811	1816
1817	1:28:15	STAPLETON, Joan	Dublin	F40	08:49.4	1852	1817
1818	1:28:16	UI CHONGAILLE, Maire	Berrings	F45	08:49.5	1544	1818
1819	1:28:17	HORGAN, Margaret	Donoughmore AC	F45	08:49.6	1543	1819
1820	1:28:18	SHORTHALL, Anne Marie	Kilkenny	F	08:49.7	1947	1820
1821	1:28:18	PHELAN, Kevin	Eagle AC	M	08:49.7	1290	1821
1822	1:28:19	MAHER, Catherine	St. Josephs AC	F35	08:49.8	3834	1822
1823	1:28:19	VARLEY, Colin	Killaloe	M	08:49.8	3657	1823
1824	1:28:20	HEDIGAN, Sandra	Galbally	F	08:49.9	3658	1824
1825	1:28:21	WALSH, Patrick	Naval Service	M	08:50.0	2697	1825
1826	1:28:22	O'MALLEY, Sinead	Dublin	F	08:50.1	1401	1826
1827	1:28:23	CAUGHEY, Norman	East Antrim Harriers	M55	08:50.2	3147	1827
1828	1:28:25	O'CONNOR, Gina	Limerick Masters	F35	08:50.4	2537	1828
1829	1:28:25	O'DONOVAN, Ciara	Cobh	F	08:50.4	439	1829
1830	1:28:25	O'DONNELL, John	Fermoy	M45	08:50.4	1060	1830
1831	1:28:27	O'NEILL, Alan	Carrigaline	M	08:50.6	1346	1831
1832	1:28:27	WALLACE, Andrew	Stragglers	M50	08:50.6	1462	1832
1833	1:28:28	O'HARA, Padraic	FMRC	M40	08:50.7	1386	1833

1834	1:28:28	GARRY, Peter	Blarney	M	08:50.7	195	1834
1835	1:28:28	MURRAY, Ray	West Waterford AC	M50	08:50.7	2113	1835
1836	1:28:29	NOLAN, Fergus	Waterford	M55	08:50.8	1940	1836
1837	1:28:30	DEWBERRY, Gemma	Waterford	F35	08:50.9	2109	1837
1838	1:28:30	CUSACK, Siobhan	UCC Staff AC	F	08:50.9	1391	1838
1839	1:28:31	WALSH, Cyril	Midleton	M	08:51.0	1650	1839
1840	1:28:32	WHELAN, Leo	Ballincollig AC	M	08:51.1	1211	1840
1841	1:28:33	CLEARY, Brigid	Wexford Garda	F	08:51.2	2765	1841
1842	1:28:33	DUFF, David	Novartis	M	08:51.2	4167	1842
1843	1:28:34	GAYNOR, Maurice	Bandon	M	08:51.3	4248	1843
1844	1:28:34	HALPIN, Marc	Ballincollig AC	M	08:51.3	577	1844
1845	1:28:35	MURPHY, Alan	Limerick	M	08:51.4	3098	1845
1846	1:28:36	HARTNETT, David	Cork	M	08:51.5	3188	1846
1847	1:28:36	KEANE, Thomas	Kilkenny	M50	08:51.5	1378	1847
1848	1:28:37	FITZGERALD, John	Cork	M	08:51.6	2173	1848
1849	1:28:39	MCGETTRICK, David	Thurles	M	08:51.8	1003	1849
1850	1:28:39	O'NEILL, Kenneth	Mallow	M	08:51.8	3131	1850
1851	1:28:41	FOX, Seamus	Carrigaline	M40	08:52.0	2675	1851
1852	1:28:41	O'NEILL, Barry	Cork	M	08:52.0	967	1852
1853	1:28:42	O'MAHONY, Donal	Cork BHAA	M50	08:52.1	283	1853
1854	1:28:44	MILLAR, Bernadette	Slaney Olympic AC	F45	08:52.3	110	1854
1855	1:28:45	MILLAR, Joseph	Enniscorthy	M45	08:52.4	111	1855
1856	1:28:46	BURNS, Aine	London	F45	08:52.5	4297	1856
1857	1:28:47	MASTERSON, Damien	St. Michaels Rowing Club	M45	08:52.6	2605	1857
1858	1:28:48	LYNCH, Una	Quin	F	08:52.7	4307	1858
1859	1:28:48	KELLEHER, Damien	Whites Cross	M	08:52.7	4264	1859
1860	1:28:49	MOTHERWAY, Denis	Mitchelstown	M	08:52.8	2273	1860
1861	1:28:49	TWOMEY, Ciara	Carrigaline	F	08:52.8	1104	1861
1862	1:28:50	O'DWYER, Micheal	Dublin	M	08:52.9	2830	1862
1863	1:28:51	BAILY, Clare	Dublin	F	08:53.0	1983	1863
1864	1:28:51	O'DRISCOLL, John Joe	Dunmanway	M50	08:53.0	3195	1864
1865	1:28:52	STAVROU, Amanda	Watergrasshill	F45	08:53.1	1109	1865
1866	1:28:52	CONNOLLY, Cornelia	Monaghan	F	08:53.1	1715	1866
1867	1:28:52	ENRIGHT, Jim	Tralee	MJ	08:53.1	3779	1867
1868	1:28:53	O'SULLIVAN, Martin	Ballincollig	M	08:53.2	1045	1868
1869	1:28:54	BURNS, Criona	Limerick	F45	08:53.3	1094	1869
1870	1:28:55	FITZGERALD, Mary	Cahirciveen	F	08:53.4	1962	1870
1871	1:28:55	O'NEILL, Shane	Dublin	M	08:53.4	828	1871
1872	1:28:56	O'NEILL, Aifric	Kilkenny	F	08:53.5	2776	1872
1873	1:28:57	MCSWEENEY, Mark	Douglas	M	08:53.6	2661	1873
1874	1:28:58	TOBIN, Karen	Kilworth	F	08:53.7	3859	1874
1875	1:28:59	TOOMEY, Martin	Limerick Country Club	M50	08:53.8	124	1875
1876	1:28:59	MCLOUGHLIN, Martin	Country Club Runners	M50	08:53.8	4170	1876
1877	1:29:00	JENKINS, Tony	Invincibles	M60	08:53.9	321	1877
1878	1:29:01	O'CONNOR, John Jnr	Carrigtwohill	M	08:54.0	3537	1878
1879	1:29:02	MEALLY, Rachel	Midleton AC	F	08:54.1	2664	1879
1880	1:29:03	DURAND, Michele	Dublin	F35	08:54.2	1497	1880
1881	1:29:03	AHERN, Conor	Lee AC	M	08:54.2	2213	1881
1882	1:29:04	CARROLL, Michael	HP Galway	M50	08:54.3	3286	1882
1883	1:29:05	STANLEY, Susie	Fitworx	F35	08:54.4	3594	1883
1884	1:29:06	CLABBY, Gavin	Macroom	M	08:54.5	3152	1884
1885	1:29:10	HOUGH, Sean	Birmingham	M	08:54.9	2939	1885
1886	1:29:11	CLEARY, Anne	Celbridge	F40	08:55.0	2954	1886
1887	1:29:14	O'REGAN, Patrick	Ballyhoura	M60	08:55.3	1016	1887
1888	1:29:15	BOURKE, Laurence	Ballincollig	M	08:55.4	3793	1888
1889	1:29:16	RIORDAN, Anna	Blarney Park Leisure	F40	08:55.5	4014	1889
1890	1:29:17	BARRETT, Rosemarie	Midleton AC	F40	08:55.6	1136	1890
1891	1:29:17	COUGHLAN, Fiona	Ballyvolane	F	08:55.6	2618	1891
1892	1:29:18	EATON, Kieran	West Waterford AC	M40	08:55.7	160	1892
1893	1:29:19	RICHARDS, David	Wicklow	M	08:55.8	4191	1893
1894	1:29:20	O'DONOVAN, Jonathan	Clonakilty	M	08:55.9	3917	1894
1895	1:29:21	POWER, Anne-Marie	West Waterford AC	F	08:56.0	3273	1895
1896	1:29:23	SHEAHAN, Lulu	Parteen	F40	08:56.2	1630	1896
1897	1:29:24	FOLEY, Vincent	Bishopstown	M	08:56.3	3982	1897
1898	1:29:24	KELLY, Richard	Ring	M40	08:56.3	4259	1898
1899	1:29:25	FLYNN, Ger	Boyle AC	M	08:56.4	3197	1899
1900	1:29:26	KELLY, Vincent	Mallow	M50	08:56.5	3307	1900
1901	1:29:27	MCLOUGHLIN, Gerard	Naval Service	MJ	08:56.6	356	1901
1902	1:29:28	LEAHY, Raymond	Blackrock	M	08:56.7	3549	1902
1903	1:29:29	DONOVAN, Donal	Ballinhassig	M45	08:56.8	114	1903
1904	1:29:29	HOGAN, Laura	West Waterford AC	F	08:56.8	2556	1904
1905	1:29:30	KELLY, Alan	Cork	M	08:56.9	3411	1905
1906	1:29:30	BRENNAN, Ann	Douglas	F	08:56.9	3123	1906
1907	1:29:30	LEDDIN, Gregory	Limerick	M	08:56.9	387	1907
1908	1:29:31	KEARNEY, Patricia	Ballygarvan	F	08:57.0	1827	1908
1909	1:29:32	O'BRIEN, John	Cork	M	08:57.1	1828	1909
1910	1:29:32	O'LEARY, Finbarr	Ennistymon	M	08:57.1	3683	1910
1911	1:29:33	HARTE, Ciaran	Rochestown	M	08:57.2	933	1911
1912	1:29:34	MAUNSELL, Francis	Leamlara	M	08:57.3	3852	1912
1913	1:29:35	BREEN, Elva	Crusaders AC	F	08:57.4	3319	1913

1914	1:29:35	CLEERE, Michael	Rochestown	M	08:57.4	3787	1914
1915	1:29:36	HUMPHREYS, Bryan	Cork City Council	M	08:57.5	2004	1915
1916	1:29:37	TOBIN, Jonathan	Youghal	M	08:57.6	1824	1916
1917	1:29:38	BUCKLEY, Yvonne	Portlaoise	F	08:57.7	496	1917
1918	1:29:38	SINCLAIR, Lorna	Dublin	F35	08:57.7	1122	1918
1919	1:29:39	SHANAHAN, John	Analog	M40	08:57.8	4020	1919
1920	1:29:39	LOGIE, James	Keith & District AC	M	08:57.8	3015	1920
1921	1:29:39	O'CONNOR, Jayne	Dundrum AC	F	08:57.8	1949	1921
1922	1:29:40	DEVITT, Claire	Dundrum AC	F	08:57.9	1333	1922
1923	1:29:40	O'RIORDAN, Fiona	Eagle AC	F35	08:57.9	3429	1923
1924	1:29:41	O'NEILL, Michael	Youghal AC	M45	08:58.0	2103	1924
1925	1:29:45	LYNCH-FRAHILL, Gavin	Naval Service	MJ	08:58.4	353	1925
1926	1:29:45	MCCARTHY, Maeve	Skibbereen	F	08:58.4	570	1926
1927	1:29:46	DUNPHY, Mark	Portlaw	M	08:58.5	1437	1927
1928	1:29:46	POWER, David	Dunhill	M	08:58.5	2638	1928
1929	1:29:46	MURPHY, Ken	Carrigaline	M	08:58.5	2272	1929
1930	1:29:47	NAKAJIMA, Sakae	Cork	M	08:58.6	1200	1930
1931	1:29:48	CORBY, Catherine	Creora	F35	08:58.7	1100	1931
1932	1:29:48	MELICAN, Eleanor	North Cork AC	F	08:58.7	2370	1932
1933	1:29:48	DINNEEN, Mike	London	M45	08:58.7	4296	1933
1934	1:29:49	HARRINGTON, Seamus	Douglas	M	08:58.8	2757	1934
1935	1:29:49	MCGANN, Tony	Sportsworld RC	M55	08:58.8	2969	1935
1936	1:29:50	MEAGHER, Brian	Rochestown	MJ	08:58.9	4160	1936
1937	1:29:50	MURPHY, Joseph	Cork	M	08:58.9	3222	1937
1938	1:29:51	KAVANAGH, Therese	Portlaoise	F	08:59.0	495	1938
1939	1:29:51	BRENNAN, Michelle	Dooneen AC	F	08:59.0	2628	1939
1940	1:29:53	FLYNN, Michelle	West Waterford AC	F40	08:59.2	2102	1940
1941	1:29:54	MURPHY, Mike	Rockville Runners	M	08:59.3	1590	1941
1942	1:29:54	LEONARD, Jim	Drogheda	M65	08:59.3	3119	1942
1943	1:29:55	BEAUSANG, Margaret	Midleton AC	F45	08:59.4	753	1943
1944	1:29:56	WALSH, Jean	Kilkenny	F	08:59.5	1642	1944
1945	1:29:57	DOUGAN, Loretta	Eagle AC	F	08:59.6	1810	1945
1946	1:29:58	O'KEEFFE, Claire	Analog	F	08:59.7	1375	1946
1947	1:29:58	O'LEARY, Andrew	Cork Tri-Ath	M	08:59.7	974	1947
1948	1:29:58	HORNIBROOK, Carolyn	Fitnessworx	F35	08:59.7	3595	1948
1949	1:30:01	CARROLL, JP	Cork	MJ	09:00.0	2074	1949
1950	1:30:02	HARMON, Siobhan	Blackrock	F	09:00.1	2565	1950
1951	1:30:03	BRACKEN, Fiacra	Cork	M45	09:00.2	1422	1951
1952	1:30:04	AHERN, Martin	Mallow	M	09:00.3	2106	1952
1953	1:30:05	CONWAY, Eugene	Glendalough	M45	09:00.4	555	1953
1954	1:30:06	HARTY, Teresa	Cloyne	F	09:00.5	3591	1954
1955	1:30:07	O'HORA, Liam	Limerick	M45	09:00.6	1176	1955
1956	1:30:08	RYAN, Martina	West Waterford AC	F35	09:00.7	1831	1956
1957	1:30:08	MURPHY, Sharon	Douglas	F35	09:00.7	2784	1957
1958	1:30:09	CRAVEN, Fiona	Dublin	F	09:00.8	3980	1958
1959	1:30:09	HALBERT, Ger	Glenville	F45	09:00.8	3649	1959
1960	1:30:10	WELSH, Jane	London	F45	09:00.9	581	1960
1961	1:30:10	MOLONEY, Ann	Youghal AC	F35	09:00.9	1430	1961
1962	1:30:11	STAUNTON, John	Piranha Tri-Ath	M	09:01.0	1877	1962
1963	1:30:11	LAFFAN, Patrick	Ballysimon	M	09:01.0	3718	1963
1964	1:30:13	O'SULLIVAN, Sean	Cork City Ambulance Ser	M	09:01.2	1910	1964
1965	1:30:13	O'REILLY, Fiona	Passage West	F40	09:01.2	3540	1965
1966	1:30:14	MURPHY, Sean	Passage West	M40	09:01.3	3539	1966
1967	1:30:14	O'GORMAN, Shane	Collins Bks	M	09:01.3	3930	1967
1968	1:30:15	JACKSON, Andy	Castlelyons	M	09:01.4	253	1968
1969	1:30:15	DOYLE, Garrett	Cahir	M	09:01.4	3805	1969
1970	1:30:16	BARRY, Kevin	Listowel	M	09:01.5	2490	1970
1971	1:30:16	O'RIORDAN, Lucy	Cork	F35	09:01.5	2404	1971
1972	1:30:17	MCCARTHY, Noel	Newtownshandrum	M	09:01.6	4118	1972
1973	1:30:17	CUSACK, Sinead	Limerick	F	09:01.6	4119	1973
1974	1:30:18	O'BYRNE, Deirdre	Newtownshandrum	F	09:01.7	4117	1974
1975	1:30:18	CORCORAN, Paul	Limerick	M	09:01.7	2651	1975
1976	1:30:19	O'GRADY, Geraldine	Ballincollig	F	09:01.8	693	1976
1977	1:30:20	GOULDING, Colm	Naval Service	M	09:01.9	339	1977
1978	1:30:20	DOOLAN, Fiona	St. Josephs AC	F	09:01.9	2393	1978
1979	1:30:21	O'KEEFFE, Don	Glanmire	M	09:02.0	1362	1979
1980	1:30:21	O'KEEFFE, Paul	Dublin	M	09:02.0	205	1980
1981	1:30:24	CARTHY, Thomas	Slaney Olympic AC	M45	09:02.3	795	1981
1982	1:30:26	FOLEY, Rose	Cork	F50	09:02.5	3511	1982
1983	1:30:27	O'MEARA, Jennifer	Cork	F	09:02.6	4206	1983
1984	1:30:28	NYHAN, Finola	Douglas	F	09:02.7	4205	1984
1985	1:30:28	CASEY, Mary	Carrignavar	F55	09:02.7	2345	1985
1986	1:30:29	FITZGIBBON, Sheila	Blarney Park Leisure	F35	09:02.8	1270	1986
1987	1:30:30	MURPHY, Ray	Fermoy	M	09:02.9	1061	1987
1988	1:30:31	O'SHEA, Geraldine	Crusaders AC	F	09:03.0	1549	1988
1989	1:30:33	BLACK, Gill	Kinsale	F35	09:03.2	2926	1989
1990	1:30:34	O'CONNOR, Michael	Ballincollig	M40	09:03.3	3513	1990
1991	1:30:34	DENVOR, Ian	Ballybrittas	M40	09:03.3	746	1991
1992	1:30:35	MORRIS, Mark	Ballinacurra	M40	09:03.4	96	1992
1993	1:30:36	SCULLY, Mairead	Galway	F	09:03.5	4302	1993

1994	1:30:36	MORAN, Breeda	Meath	F	09:03.5	3454	1994
1995	1:30:37	COYLE, Margaret	Cork	F	09:03.6	3984	1995
1996	1:30:37	HEGARTY, Brian	CIT	M	09:03.6	1174	1996
1997	1:30:38	CORKERY, Sharon	Blarney Park Leisure	F35	09:03.7	796	1997
1998	1:30:38	CAHALANE, Sheila	Crusaders AC	F35	09:03.7	1517	1998
1999	1:30:39	COTTER, Brian	Cobh	M	09:03.8	2782	1999
2000	1:30:39	PETROVEK, Kevin	Cape Cod AC	M55	09:03.8	1748	2000
2001	1:30:40	O'KEEFFE, Samantha	East Cork AC	F35	09:03.9	2730	2001
2002	1:30:41	NOONAN, Fiona	Castletroy	F	09:04.0	2880	2002
2003	1:30:42	MAHON, Eithne	Dublin	F	09:04.1	3246	2003
2004	1:30:42	FITZPATRICK, Paula	Dublin	F	09:04.1	3245	2004
2005	1:30:44	BEVAN, Declan	Conna	M40	09:04.3	2552	2005
2006	1:30:44	O'BRIEN, Karen	Glanmire	F	09:04.3	447	2006
2007	1:30:45	WREN, Gerard	Dublin	M	09:04.4	2383	2007
2008	1:30:48	O'LEARY, Eimear	Dublin	F	09:04.7	2635	2008
2009	1:30:49	COLEMAN, Martin	Killeagh	M	09:04.8	2414	2009
2010	1:30:51	LAPOT, Katarzyna	Kinsale	FJ	09:05.0	4000	2010
2011	1:30:52	GILLEN, Jenny	Belfast	F	09:05.1	1089	2011
2012	1:31:00	DINEEN, Joe	Cork	M50	09:05.9	152	2012
2013	1:31:02	KEHOE, Michelle	Slaney Olympic AC	F	09:06.1	265	2013
2014	1:31:04	CONRAN, Doireann	Limerick	F	09:06.3	2586	2014
2015	1:31:06	CONRAN, Joan	Limerick	F50	09:06.5	984	2015
2016	1:31:09	KENNY, Damien	Ballyvolane	M	09:06.8	3255	2016
2017	1:31:11	HORAN, Breda	Muckcross Rowing Club	F	09:07.0	4301	2017
2018	1:31:12	O'SULLIVAN, Aoife	Mallow	F	09:07.1	3563	2018
2019	1:31:13	O'DONOVAN, Karol	Castletroy	M	09:07.2	3562	2019
2020	1:31:19	SHEEHAN, John	U.C.C. BHAA	M	09:07.8	1505	2020
2021	1:31:19	PHILLIPS, Barry	Mallow	M	09:07.8	718	2021
2022	1:31:20	MURPHY, Deirdre	Eagle AC	F	09:07.9	358	2022
2023	1:31:21	CRONIN, John	Clonakilty	M	09:08.0	1277	2023
2024	1:31:21	MCGINN, Greg	Douglas	M	09:08.0	2077	2024
2025	1:31:22	O'MAHONY, Julie	Bandon	F35	09:08.1	3069	2025
2026	1:31:23	DWYER, Trudy	Bandon	F35	09:08.2	197	2026
2027	1:31:24	TIERNAN, Brian	Macroom	M	09:08.3	3263	2027
2028	1:31:24	MCGROARTY, Jason	Collins Bks	M	09:08.3	3937	2028
2029	1:31:25	CRONIN, Daniel	Collins Bks	M	09:08.4	4286	2029
2030	1:31:25	ANDERSON, Liz	Project Management	F	09:08.4	3919	2030
2031	1:31:26	DILLON, Paul	Dublin	M	09:08.5	1502	2031
2032	1:31:27	SUTTON, Philip	Brandon Fern H.	M45	09:08.6	1764	2032
2033	1:31:27	NOLAN, Eimear	Source Health & Fitness	F	09:08.6	4179	2033
2034	1:31:28	MURPHY, Mary	Cork	F	09:08.7	2124	2034
2035	1:31:29	CRONIN, Eanna	Limerick	M	09:08.8	3475	2035
2036	1:31:31	MORAN, Sarah	Carrigrohane	F	09:09.0	2359	2036
2037	1:31:32	COMYN, Keith	Mardyke	M	09:09.1	4125	2037
2038	1:31:32	MURPHY, Ed	Shepherds Bush	M	09:09.1	1589	2038
2039	1:31:33	HOULIHAN, Carol	Kilmallock	F	09:09.2	3145	2039
2040	1:31:34	SCALLAN, Rob	Eagle AC	M	09:09.3	2417	2040
2041	1:31:35	MASON, Joe	Cork	M50	09:09.4	1323	2041
2042	1:31:36	O'GRADY, Aine	Mullingar	F35	09:09.5	3445	2042
2043	1:31:37	MURPHY, Andrea	Glounthaune	F	09:09.6	1820	2043
2044	1:31:38	MCNALLY, Jane	Kenilworth Runners	F45	09:09.7	1489	2044
2045	1:31:39	KEHOE, Betty	Donore Harriers	F50	09:09.8	144	2045
2046	1:31:41	ROSE, Ian	Ballinacurra	M	09:10.0	1005	2046
2047	1:31:50	CHAMBERS, Willie	Cork BHAA	M50	09:10.9	1443	2047
2048	1:31:51	CURTIN, Anne-Marie	Inchicore	F	09:11.0	3869	2048
2049	1:31:52	O'CALLAGHAN, Sean	Blarney	M40	09:11.1	518	2049
2050	1:31:53	CASEY, William	Mitchelstown	M50	09:11.2	411	2050
2051	1:31:55	DREHER, Anette	Beara AC	F35	09:11.4	4066	2051
2052	1:31:55	CRONIN, Adrian	Passage West	M	09:11.4	997	2052
2053	1:31:56	O'CALLAGHAN, John	Glanmire	M40	09:11.5	2180	2053
2054	1:31:56	CULLIGAN, Kieran	Mallow AC	M	09:11.5	2041	2054
2055	1:31:57	KEOHANE, Brendan L	Waterfall	M55	09:11.6	4076	2055
2056	1:31:58	MCNICOL, Stuart	Splashworld	M	09:11.7	1723	2056
2057	1:32:00	BRANDWITTE, Bernhard	Celbridge	M	09:11.9	1514	2057
2058	1:32:01	O'KEEFFE, Louise	Ballincollig	F40	09:12.0	812	2058
2059	1:32:02	LAFFAN, Margaret	Dublin	F	09:12.1	3059	2059
2060	1:32:04	RUSSELL, Moray	Carrigaline	M	09:12.3	2045	2060
2061	1:32:04	WALSH, Aoife	Tramore	F	09:12.3	2616	2061
2062	1:32:05	CANTELLA, Nancy	Cape Cod AC	F45	09:12.4	1749	2062
2063	1:32:06	COLLINS, Paul	Naas AC	M	09:12.5	259	2063
2064	1:32:07	WALSH, Brendan	Limerick	M	09:12.6	4287	2064
2065	1:32:08	BRODIE, Steve	Brandon Fern Hoppers	M	09:12.7	475	2065
2066	1:32:08	HOULIHAN, Celia	Cobh	F	09:12.7	3317	2066
2067	1:32:09	BURKLEY, Paul	Limerick	M	09:12.8	4324	2067
2068	1:32:10	CARTY, Norma	Dublin	F	09:12.9	4272	2068
2069	1:32:11	BARRY, Cathy	Kinsale	F	09:13.0	1080	2069
2070	1:32:12	MASON, Catherine	Llandudno R.R.	F45	09:13.1	1917	2070
2071	1:32:13	DUNNE, John	CSO	M	09:13.2	2401	2071
2072	1:32:13	BROSNAN, Iris	Garda	F	09:13.2	4102	2072
2073	1:32:14	CAREY, Jolene	Thurles Crokes	F	09:13.3	1298	2073

2074	1:32:15	O'CONNOR, Jackie	Ennis	F	09:13.4	4032	2074
2075	1:32:18	MCCORMACK, John	Naval Service	M	09:13.7	338	2075
2076	1:32:18	LAFFAN, Niamh	Limerick Country Club	F	09:13.7	500	2076
2077	1:32:18	SHEEHAN, Maresa	Grenagh	F	09:13.7	2909	2077
2078	1:32:19	BURKE, Colm	Rostellan	M	09:13.8	4270	2078
2079	1:32:20	LYONS, Colm	Cork	M	09:13.9	829	2079
2080	1:32:23	LYNCH, Grainne	Douglas	F	09:14.2	2201	2080
2081	1:32:23	RYAN, Kevin	Clonakilty	M40	09:14.2	2741	2081
2082	1:32:24	CURTIN, Liam	Cork	M	09:14.3	3079	2082
2083	1:32:25	O'BRIEN, Ann-Marie	Grange-Fermoy AC	F	09:14.4	4280	2083
2084	1:32:25	MCLEAN, Barbara	Dublin	F50	09:14.4	2266	2084
2085	1:32:25	DALY, Claire	City Life	F	09:14.4	1571	2085
2086	1:32:26	CUSSEN, Josephine	City Life	F35	09:14.5	1577	2086
2087	1:32:28	MOLONEY, Pat	West Limerick AC	M45	09:14.7	1273	2087
2088	1:32:30	SHEEHAN, Jason	University Of Limerick	M	09:14.9	4224	2088
2089	1:32:31	DUNNE, Nadya	Crusaders AC	F35	09:15.0	1628	2089
2090	1:32:32	HALPIN, Diana	Fethard	F45	09:15.1	2457	2090
2091	1:32:33	BURKE, Karen	Clarina	F	09:15.2	3103	2091
2092	1:32:33	HOGAN, Liz	Glanmire	F35	09:15.2	698	2092
2093	1:32:34	CAMERON, Helen	Dublin	F	09:15.3	3981	2093
2094	1:32:37	O'SHEA, Des	Cork	M	09:15.6	435	2094
2095	1:32:38	EGAN, Tom	Earlscourt	M	09:15.7	3589	2095
2096	1:32:38	MCCARTHY, Niall	Dublin	M	09:15.7	4323	2096
2097	1:32:39	FARRISSEY, Marie	Charleville	F50	09:15.8	3234	2097
2098	1:32:40	O'CALLAGHAN, Eilish	Blarney Park Leisure	F	09:15.9	285	2098
2099	1:32:43	MACKEY, Aidan	Blarney	M40	09:16.2	2434	2099
2100	1:32:44	CONNOLLY, Karina	Ballygarvan	F	09:16.3	2078	2100
2101	1:32:44	TROY, Ivan	Naval Service	M	09:16.3	2712	2101
2102	1:32:45	FRENCH, Mairead	Dublin	F	09:16.4	1050	2102
2103	1:32:46	KEIGHER, Kevin	Meath	M40	09:16.5	4315	2103
2104	1:32:46	CROWE, Hubert	Tipperary	M	09:16.5	150	2104
2105	1:32:47	HARTE, Lorraine	Birmingham	F	09:16.6	2940	2105
2106	1:32:49	CAROLAN, Ray	Dublin	M	09:16.8	4190	2106
2107	1:32:49	KIRBY, Colette	Cork	F	09:16.8	3240	2107
2108	1:32:51	XIE, Patrick	Ballincollig AC	MJ	09:17.0	453	2108
2109	1:32:57	BUCKLEY, Una	St. Finbarrs AC	F	09:17.6	2087	2109
2110	1:33:00	WADDING, M.J.	Gorey	M45	09:17.9	3453	2110
2111	1:33:01	MCLOUGHLIN, Bernard	Sandycove	M40	09:18.0	311	2111
2112	1:33:01	O'DWYER, Ann	Cloghroe	F40	09:18.0	1215	2112
2113	1:33:02	FARRISSEY, Philip	Charleville	M55	09:18.1	3235	2113
2114	1:33:02	MALONE, Jayne	Cork	F	09:18.1	1069	2114
2115	1:33:03	HORGAN, Brian	Dublin	M	09:18.2	3224	2115
2116	1:33:06	KEARNEY, Michael	Fermoy	M	09:18.5	4103	2116
2117	1:33:06	CUMMINS, Kevin	Cork BHAA	M60	09:18.5	2185	2117
2118	1:33:09	O'SHEA, Cornelius	Ballincollig	M40	09:18.8	1263	2118
2119	1:33:11	COFFEY, Susan	Blarney	F	09:19.0	3194	2119
2120	1:33:12	BERNARD, John	Innishannon	M40	09:19.1	3544	2120
2121	1:33:13	BUCKLEY, Caroline	Monaleen	F35	09:19.2	508	2121
2122	1:33:14	O'DONOVAN, Charlotte	Rostellan	F	09:19.3	4308	2122
2123	1:33:14	MCLOUGHLIN, Liam	Dublin	M50	09:19.3	1086	2123
2124	1:33:15	MURPHY, Aislinn	Kilkenny	F	09:19.4	4105	2124
2125	1:33:16	SCANLAN, Frank	Wicklow	M	09:19.5	1310	2125
2126	1:33:17	MANNIX, Noel John	Cobh	M	09:19.6	4045	2126
2127	1:33:18	SAVAGE, Ultan	Midleton	M	09:19.7	2977	2127
2128	1:33:19	ROSS, Fiona	Dublin	F40	09:19.8	4275	2128
2129	1:33:22	BUCKLEY, Sinead	Cork	F	09:20.1	3728	2129
2130	1:33:24	O'KEEFFE, Marilyn	Blarney	F	09:20.3	206	2130
2131	1:33:25	MARSHALKA, Andrew	Cape Cod AC	M40	09:20.4	1753	2131
2132	1:33:26	MASON, Tom	CIYMS	M50	09:20.5	2282	2132
2133	1:33:27	DUGGAN, Anna	Portlaoise	F35	09:20.6	1974	2133
2134	1:33:29	O'HALLORAN, Eleanor	Garda	F	09:20.8	4101	2134
2135	1:33:29	O'BRIEN, Frances	Ballyhoura Bears	F45	09:20.8	2871	2135
2136	1:33:30	CARROLL, Barbara	Dublin	F50	09:20.9	2584	2136
2137	1:33:30	CROWLEY, Martin	Ballincollig	MJ	09:20.9	873	2137
2138	1:33:31	WALSH, Donal	Cork City Ambulance Ser	M50	09:21.0	557	2138
2139	1:33:32	GLAVIN, Bernice	Cork	F45	09:21.1	743	2139
2140	1:33:32	CULLINANE, Edmund	Bishopstown	M	09:21.1	4303	2140
2141	1:33:33	FIDGEON, Anne Marie	Raheny Shamrock AC	F35	09:21.2	1328	2141
2142	1:33:35	BALFRY, Joe	Locker Room H & F	M45	09:21.4	3356	2142
2143	1:33:38	BYRNE, George	Roundwood	M40	09:21.7	396	2143
2144	1:33:39	HALL, Rachel	Locker Room H & F	F	09:21.8	4320	2144
2145	1:33:39	MEGAW, Elaine	East Antrim Harriers	F50	09:21.8	1597	2145
2146	1:33:39	MCMURTRY, William	East Antrim Harriers	M55	09:21.8	1598	2146
2147	1:33:43	MCDERMOTT, Vincent	Cork	M45	09:22.2	667	2147
2148	1:33:43	KELLY, Cathal	St. Finbarrs AC	M	09:22.2	836	2148
2149	1:33:43	CLARKE, Louise	Greystones	F	09:22.2	1085	2149
2150	1:33:45	MACEOIN, Oisín	Greystones	M	09:22.4	1084	2150
2151	1:33:45	EVANS, Andrew	Swansea	M	09:22.4	1265	2151
2152	1:33:45	SHAW-HAMILTON, Natalie	Cork	F	09:22.4	598	2152
2153	1:33:46	O'CALLAGHAN, Carol	Kinsale	F	09:22.5	2194	2153

2154	1:33:46	O'CALLAGHAN, Ultan	Kinsale	M	09:22.5	2193	2154
2155	1:33:47	O'KEEFFE, Luke	Ballinacurra	MJ	09:22.6	432	2155
2156	1:33:47	HARPER, Robert	Wye Valley Runners	M40	09:22.6	2928	2156
2157	1:33:48	VAUGHAN, Ted	Whitechurch	MJ	09:22.7	2875	2157
2158	1:33:49	O'CATHAIN, Peadair	Collins Bks	M	09:22.8	3927	2158
2159	1:33:49	DALY, Grainne	Muckross Rowing Club	F	09:22.8	3916	2159
2160	1:33:50	BUCKLEY, Gerard	Limerick	M55	09:22.9	1083	2160
2161	1:33:51	O'BRIEN, Michael	Glanmire	M	09:23.0	3504	2161
2162	1:33:51	O'BRIEN, Kevin	Skibbereen	M	09:23.0	3965	2162
2163	1:33:51	BYRNE, Orla	Dublin	F	09:23.0	2108	2163
2164	1:33:52	BYRNE, Ian	Delgany	M	09:23.1	2288	2164
2165	1:33:52	FLANAGAN, Louise	Delgany	F	09:23.1	2287	2165
2166	1:33:53	MCMANUS, Hugh	Clonakilty	M	09:23.1	1286	2166
2167	1:33:53	FITZGERALD, Brian	Youghal AC	M55	09:23.1	1626	2167
2168	1:33:54	CORBETT, Dave	Limerick	M55	09:23.2	123	2168
2169	1:33:58	O'DWYER, Niamh	Tipperary Town AC	F	09:23.6	4182	2169
2170	1:33:59	KEOHANE, Gus	Watergrasshill	M	09:23.7	2908	2170
2171	1:34:00	FERRON, Roisin	Dublin	F	09:23.8	2385	2171
2172	1:34:00	FAIRBAIRN, Dylan	Kilworth	M	09:23.8	2773	2172
2173	1:34:01	MURPHY, Maurice	Mallow AC	M	09:23.9	3198	2173
2174	1:34:02	MCGRATH, Gobnait	Glanmire	F40	09:24.0	840	2174
2175	1:34:04	CLEARY, Vicki	Ballincollig	F	09:24.2	2625	2175
2176	1:34:04	MCGRATH, Dave	Cobh	M	09:24.2	2361	2176
2177	1:34:05	HEGARTY, Geraldine	Ballincollig	F45	09:24.3	1915	2177
2178	1:34:06	HICKEY, Garrett	Fermoy	M	09:24.4	3906	2178
2179	1:34:06	MATHEWS, Declan	Youghal AC	M50	09:24.4	582	2179
2180	1:34:07	BURNS, Deirdre	Glanmire	F40	09:24.5	1093	2180
2181	1:34:07	REVILLE, William	Waterfall	M55	09:24.5	2601	2181
2182	1:34:07	HENNESSY, Catherine	Dublin	F35	09:24.5	2486	2182
2183	1:34:08	FITZMAURICE, John	Dublin	M	09:24.6	2680	2183
2184	1:34:08	O'SHEA, Declan	Dunmanway	M	09:24.6	1373	2184
2185	1:34:09	BARRETT, Conor	Dungarvan	M	09:24.7	3338	2185
2186	1:34:10	CLIFFORD, Mary-Teresa	Aughinish	F45	09:24.8	468	2186
2187	1:34:10	NAUGHTON, David	Cobh	M55	09:24.8	616	2187
2188	1:34:11	O'NEILL, Niall	Cork	M	09:24.9	966	2188
2189	1:34:12	MOORE, Ronan	Cork	M	09:25.0	1156	2189
2190	1:34:13	BUCKLEY, Gillian	Douglas	F	09:25.1	3157	2190
2191	1:34:14	HEALY, Susan	Douglas	F	09:25.2	3159	2191
2192	1:34:14	CONNOLLY, Treasa	Kilworth	F	09:25.2	549	2192
2193	1:34:15	PALMER, Stephen	Midleton	M50	09:25.3	3686	2193
2194	1:34:17	MCGOVERN, Conor	Sultans AC	M	09:25.5	2020	2194
2195	1:34:19	MANAHAN, Donal	West Waterford AC	M40	09:25.7	1413	2195
2196	1:34:21	FLYNN, Emer	Waterford	F	09:25.9	2613	2196
2197	1:34:22	MURPHY, John	Carrigaline	M	09:26.0	3782	2197
2198	1:34:22	PAYNE, Ann	St. Finbarrs AC	F40	09:26.0	2588	2198
2199	1:34:23	BUTTNER, Patricia	Ballincollig AC	FJ	09:26.1	465	2199
2200	1:34:23	MASTERSON, Ben	Cape Cod AC	MJ	09:26.1	1667	2200
2201	1:34:24	RYAN, Vaughan	Cork	M40	09:26.2	1032	2201
2202	1:34:26	EVANS, Richard	Helensburgh AC	M60	09:26.4	1682	2202
2203	1:34:26	COLLINS, David	Mallow	M	09:26.4	102	2203
2204	1:34:27	FLEMING, Jon	Belfast	M	09:26.5	1540	2204
2205	1:34:28	MACCARTHY, Andrew	Dublin	M	09:26.6	2643	2205
2206	1:34:28	CONNOR, Grainne	Rathfarnham	F	09:26.6	4132	2206
2207	1:34:29	QUANE, Catherine	Bristol	F	09:26.7	902	2207
2208	1:34:31	SISK, Colm	Cork	M	09:26.9	1182	2208
2209	1:34:32	O'RIORDAN, Valerie	Cork	F	09:27.0	2174	2209
2210	1:34:32	HENNESSY, Eugene	Glanmire	M45	09:27.0	751	2210
2211	1:34:33	SMITH, Aidan	Newcastle	M	09:27.1	4145	2211
2212	1:34:34	RIDGWAY, John	Douglas	M	09:27.2	2042	2212
2213	1:34:34	NOONAN, David	Monkstown	M	09:27.2	574	2213
2214	1:34:35	JORDAN, Sean	Ballinhassig	M	09:27.3	1160	2214
2215	1:34:38	WARD, Gerry	Dub Runners Belfast	M70	09:27.6	658	2215
2216	1:34:39	DWYER, Eamon	City Life	M	09:27.7	1562	2216
2217	1:34:41	KEHOE, Annis	Slaney Olympic AC	F50	09:27.9	1946	2217
2218	1:34:43	O'REGAN, Michael	Glanmire	M	09:28.1	1155	2218
2219	1:34:44	MCDONAGH, Derval	Locker Room H & F	F	09:28.2	3350	2219
2220	1:34:45	CARR, Conor	Pilz	M	09:28.3	3596	2220
2221	1:34:46	O'MAHONY, Alan	Fermoy	M	09:28.4	3553	2221
2222	1:34:50	GOODWIN, Lynda	Brandon Fern Hoppers	F35	09:28.8	474	2222
2223	1:34:51	LOWNEY, Peter	Cashel	M	09:28.9	2050	2223
2224	1:34:51	O'SULLIVAN, Liz	Bandon	F35	09:28.9	988	2224
2225	1:34:52	MCMAHON, Rossa	City Life	M	09:29.0	1575	2225
2226	1:34:53	MCGLONE, Maisie	Lucan Harriers	F35	09:29.1	67	2226
2227	1:34:53	NOONAN, Colm	Passage West	M45	09:29.1	3663	2227
2228	1:34:53	MAHON, Doris	Douglas	F	09:29.1	3898	2228
2229	1:34:54	O'BRIEN, Peter	Locker Room H & F	M	09:29.2	3382	2229
2230	1:34:54	MOYNIHAN, Michael	Ovens	M	09:29.2	3507	2230
2231	1:34:56	O'CALLAGHAN, Jill	Ballincollig	F	09:29.4	692	2231
2232	1:34:57	O'DONOVAN, Donal	Little Island	M50	09:29.5	3236	2232
2233	1:34:57	TWOMEY, Sean	Innishannon	M	09:29.5	2008	2233

2234	1:34:58	WARD, Peter	Glendalough	M	09:29.6	1815	2234
2235	1:34:58	SINGLETON, Kevin	Glendalough	M40	09:29.6	4299	2235
2236	1:34:59	PEDLEY, Pippa	Shanagarry	F	09:29.7	3117	2236
2237	1:35:00	HAYES, Ann	Source Health & Fitness	F35	09:29.8	2208	2237
2238	1:35:01	FLANAGAN, Mark	Cobh	M	09:29.9	2723	2238
2239	1:35:02	LEHANE, Bridget	Clonakilty	F	09:30.0	2678	2239
2240	1:35:03	GUTHRIE, Catherine	Tullaroan	F35	09:30.1	3877	2240
2241	1:35:04	O'ROURKE, Maureen	Crusaders AC	F	09:30.2	2455	2241
2242	1:35:05	DUFFY, Michael	Kilkenny	M45	09:30.3	4010	2242
2243	1:35:08	O'DOHERTY, Pat	Ballincollig GAA	M55	09:30.6	4015	2243
2244	1:35:11	NAVIN, Joan	West Waterford AC	F	09:30.9	422	2244
2245	1:35:12	KEANE, Elaine	Midleton AC	F	09:31.0	3277	2245
2246	1:35:14	BLAKE, Terry	Dublin	F60	09:31.2	103	2246
2247	1:35:16	COLEMAN, Karen	Dublin	F	09:31.4	4168	2247
2248	1:35:17	HOGAN, Peter	Limerick Country Club	M55	09:31.5	254	2248
2249	1:35:17	KENNEDY, Emmet	Carrigaline	M	09:31.5	1841	2249
2250	1:35:19	KENNEDY, David	Cork	M	09:31.7	1957	2250
2251	1:35:22	GOWAN, Dara	Rochestown	M	09:32.0	377	2251
2252	1:35:23	AHERN, Mark	Collins Bks	M	09:32.1	3931	2252
2253	1:35:23	BYRNE, Marie	Sportsworld RC	F	09:32.1	3855	2253
2254	1:35:24	YOUNG, Fiona	Cratloe	F45	09:32.2	3744	2254
2255	1:35:24	BUCKLEY, John	Naval Service	M	09:32.2	2708	2255
2256	1:35:25	O'CONNELL, Laura	Midleton	F	09:32.3	2888	2256
2257	1:35:25	O'CONNELL, Lisa	Mallow	F	09:32.3	3542	2257
2258	1:35:27	ATKINSON, Anne	Watergrasshill	F40	09:32.5	3183	2258
2259	1:35:27	MORAN, Kathleen	Waterford AC	F45	09:32.5	2615	2259
2260	1:35:27	CROSSE, Alec	Waterford AC	M	09:32.5	489	2260
2261	1:35:28	UNKNOWN,	NDB	09:32.6	5003	2261	
2262	1:35:28	MULLANEY, Gerard	Kilkenny	M45	09:32.6	1379	2262
2263	1:35:29	HERNON, Mairead	Analog	F	09:32.7	1376	2263
2264	1:35:29	CROWLEY, Stuart	West Midlands	M40	09:32.7	2922	2264
2265	1:35:34	MCSHERRY, Tara	Muckross Rowing Club	F	09:33.2	3913	2265
2266	1:35:35	CARROLL, Catherine	Leevale AC	F	09:33.3	2228	2266
2267	1:35:36	KELLY, Peter	Tralee	M	09:33.4	116	2267
2268	1:35:37	SKERRETT, Alan	Waterford	M60	09:33.5	4057	2268
2269	1:35:38	GOLDEN, Donal	Cork	M	09:33.6	3400	2269
2270	1:35:39	TWOMEY, Conor	Cork	M	09:33.7	512	2270
2271	1:35:40	LINGWOOD, Paul	Cork Tri-Ath	M	09:33.8	3038	2271
2272	1:35:41	COURTNEY, Ross	Collins Bks	MJ	09:33.9	3939	2272
2273	1:35:42	KIELY, Stephen	Collins Bks	M	09:34.0	3929	2273
2274	1:35:43	MANAHAN, Seamus	West Waterford AC	M50	09:34.1	1454	2274
2275	1:35:43	O'REGAN, Ailis	Midleton	F	09:34.1	2924	2275
2276	1:35:44	O'DONNELL, Vicki	Cork	F	09:34.2	2187	2276
2277	1:35:45	EGAN, Deirdre	Cope Foundation	F	09:34.3	2433	2277
2278	1:35:46	O'CONNELL, Mark	Tower	M	09:34.4	3732	2278
2279	1:35:47	CREMIN, Alan	Vicarstown	M	09:34.5	2472	2279
2280	1:35:47	CREMIN, Tim	Vicarstown	M55	09:34.5	2471	2280
2281	1:35:48	MANUEL, Philip	Killaloe	M	09:34.6	3027	2281
2282	1:35:49	HARRINGTON, Lillian	Midleton AC	F40	09:34.7	3155	2282
2283	1:35:50	BARRY, John	Cobh	M	09:34.8	3797	2283
2284	1:35:51	EDWARDS, Martha	Cape Cod AC	F65	09:34.9	1671	2284
2285	1:35:52	O'SHEA, Jo Anne	City Life	F	09:35.0	1561	2285
2286	1:35:53	BRENNAN, Susan	Dublin	F45	09:35.1	664	2286
2287	1:35:53	MACRORY, Domeneca	Tramore	F	09:35.1	4062	2287
2288	1:35:54	WALSH, Rory	Tramore	M	09:35.2	4063	2288
2289	1:35:54	CLARKE, Jonny	Dublin	M	09:35.2	1495	2289
2290	1:35:55	GRANT, Jim	CIYMS	M55	09:35.3	2281	2290
2291	1:35:55	DOHERTY, William	Eagle AC	M45	09:35.3	419	2291
2292	1:35:58	DOYLE, Brendan	Invincibles	M45	09:35.6	320	2292
2293	1:36:01	UNKNOWN,	NDB	09:35.9	5004	2293	
2294	1:36:02	KENNEDY, Hugh	Ballincollig AC	MJ	09:36.0	291	2294
2295	1:36:02	TWOMEY, Noelle	Cork	F40	09:36.0	511	2295
2296	1:36:04	BUCKLEY, Elizabeth	Kilbrittain	F	09:36.2	2237	2296
2297	1:36:05	GUINANE, Stephen	Bank Of Ireland	M60	09:36.3	2512	2297
2298	1:36:05	MCDONNELL, Breda	Mullingar Harriers	F55	09:36.3	757	2298
2299	1:36:06	MURRAY, Tomas	Dublin	M	09:36.4	2539	2299
2300	1:36:07	FROST, Kevin	Sixmilebridge	M	09:36.5	2551	2300
2301	1:36:08	HORGAN, Kieren	Midleton	M	09:36.6	2236	2301
2302	1:36:09	MCGONAGLE, Conrad	Mallow	M	09:36.7	3481	2302
2303	1:36:09	COLLINS, Sile	Kildorrery	F	09:36.7	3125	2303
2304	1:36:10	MOSS, Gerry	Macroom	M	09:36.8	3264	2304
2305	1:36:10	BACKHOUSE, Cath	Coventry	F	09:36.8	1493	2305
2306	1:36:11	MUSSON, Daniel	Coventry	M	09:36.9	1492	2306
2307	1:36:12	TWOHIG, Teddy	Donoughmore AC	M	09:37.0	837	2307
2308	1:36:14	O'SULLIVAN, Declan	Aherla	M	09:37.2	2146	2308
2309	1:36:15	HARNEDY, James	Mitchelstown	M	09:37.3	2060	2309
2310	1:36:15	KEARNS, Frieda	Youghal	F	09:37.3	101	2310
2311	1:36:16	KENNY, Clodagh	Cork	F	09:37.4	3990	2311
2312	1:36:17	NORMOYLE, Brid	Douglas	F	09:37.5	3063	2312
2313	1:36:17	NUGENT, Michelle	Kilkenny City Harriers	F35	09:37.5	3333	2313

2314	1:36:18	HEALY, Paul	Donoughmore AC	M	09:37.6	3628	2314
2315	1:36:18	FITZGERALD, Maurice	Patrickswell	M40	09:37.6	2283	2315
2316	1:36:19	GRIFFITHS, Bill	Wye Valley Runners	M55	09:37.7	2835	2316
2317	1:36:20	FITZGERALD, Meg	Dublin	F40	09:37.8	3442	2317
2318	1:36:21	THOMAS, David	Dept Of Education	M	09:37.9	4304	2318
2319	1:36:22	HANRAHAN, Susan	Glanworth	F	09:38.0	2007	2319
2320	1:36:23	O'CONNELL, Aidan	Cork Garda	M45	09:38.1	65	2320
2321	1:36:23	SOLO, Sue	Harpers R.C.	F50	09:38.1	1679	2321
2322	1:36:24	PERCIVAL, Carole	Gorey	F40	09:38.2	2460	2322
2323	1:36:25	HANNON, Gerard	Collins Bks	M50	09:38.3	3928	2323
2324	1:36:25	MUSGRAVE, Darragh	Whitegate	M	09:38.3	3729	2324
2325	1:36:27	O'DONNELL, Breda	Aran Islands AC	F	09:38.5	415	2325
2326	1:36:28	JORDAN, Colm	Midleton AC	M	09:38.6	2913	2326
2327	1:36:30	CRADOCK, Karen	Dublin	F	09:38.8	2530	2327
2328	1:36:31	MOYNIHAN, David	Lissarda	M45	09:38.9	2005	2328
2329	1:36:32	CROTTY, Olivere	West Waterford AC	F35	09:39.0	3414	2329
2330	1:36:33	CAROLAN, Bryan	Dublin	M	09:39.1	4189	2330
2331	1:36:34	SHEEHAN, Alana	Dublin	F	09:39.2	497	2331
2332	1:36:35	WILSON, Aoife	Raheny Shamrock AC	F	09:39.3	3818	2332
2333	1:36:36	KELLEHER, Susanne	Athlone	F	09:39.4	2033	2333
2334	1:36:37	LUCEY, John	Glanmire	M	09:39.5	4229	2334
2335	1:36:39	MCKAY, Ian	Cambridge & Coleridge AC	M45	09:39.7	907	2335
2336	1:36:40	LEE, Sinead	Nenagh	F35	09:39.8	3496	2336
2337	1:36:43	SWEENEY, Paul	Cork	M40	09:40.1	2356	2337
2338	1:36:46	REDDY, Hugh	Dublin	M45	09:40.4	1932	2338
2339	1:36:46	FEENEY, Aine	West Waterford AC	F35	09:40.4	1798	2339
2340	1:36:49	QUINLAN, Gillian	Limerick	F	09:40.7	1246	2340
2341	1:36:50	KENNEDY, Damien	Limerick	M	09:40.8	203	2341
2342	1:36:52	NI CHOLMAIN, Niamh	Crusaders AC	F	09:41.0	3216	2342
2343	1:36:53	O'HERLIHY, Hazel	Whites Cross	F	09:41.1	4278	2343
2344	1:36:56	MURRAY, Kevin	Collins Bks	M	09:41.4	3949	2344
2345	1:36:57	CARROLL, John	Collins Bks	M40	09:41.5	3952	2345
2346	1:36:58	LACEY, Alan	Collins Bks	M40	09:41.6	3953	2346
2347	1:36:58	JONES, Penny	Renmore	F35	09:41.6	1124	2347
2348	1:37:14	NOONAN, Roy	Lee AC	M	09:43.2	2214	2348
2349	1:37:19	GANNON, Charlie	Cloghroe	M	09:43.7	3250	2349
2350	1:37:21	FINN, James	EMC	M	09:43.9	1782	2350
2351	1:37:23	O'KEEFFE, Lorraine	Mitchelstown	F	09:44.1	1788	2351
2352	1:37:26	BRENNAN, Jean	West Waterford AC	F45	09:44.4	456	2352
2353	1:37:27	O'BRIEN WALSH, Sharon	West Waterford AC	F35	09:44.5	3415	2353
2354	1:37:30	COYLE, Eamon	Roscommon	M	09:44.8	2753	2354
2355	1:37:31	NEWMAN, Edward	Douglas	M	09:44.9	3468	2355
2356	1:37:32	KENNY, Rachel	City Life	F	09:45.0	1572	2356
2357	1:37:33	HOGAN, Deirdre	Tralee	F	09:45.1	1837	2357
2358	1:37:34	PHELAN, Eamonn	HSE	M55	09:45.2	2209	2358
2359	1:37:35	SCANLAN, Alan	Ballincollig	M	09:45.3	1209	2359
2360	1:37:35	TWOMEY, Michael	Raheny Shamrock AC	M	09:45.3	1210	2360
2361	1:37:37	HENRY, Peig	Clondalkin	F	09:45.5	4136	2361
2362	1:37:37	DUNNE, Richard	Clondalkin	M	09:45.5	4135	2362
2363	1:37:39	WILEY, Alan	Kilworth	M	09:45.7	3600	2363
2364	1:37:40	UNKNOWN,	NDB	09:45.8	5005	2364	
2365	1:37:40	QUINLAN, Finbarr	Whitechurch	M	09:45.8	4187	2365
2366	1:37:44	O'CONNELL, Gerald	Glasheen	M50	09:46.2	2496	2366
2367	1:37:46	SHIEL, Jacinta	West Waterford AC	F45	09:46.4	1799	2367
2368	1:37:46	MCGRATH, Albert	West Waterford AC	M	09:46.4	637	2368
2369	1:37:47	WALSH, Tara	St. Senans AC	F	09:46.5	2694	2369
2370	1:37:48	POTTER, Steve	Weston & Weedon Shufflers	M50	09:46.6	1939	2370
2371	1:37:48	WEEKES, Lynda	Bennettsbridge	F40	09:46.6	1496	2371
2372	1:37:52	NICOL, Stacey	Keith & District AC	M	09:47.0	3016	2372
2373	1:37:53	RYAN, Michelle	Dublin	F	09:47.1	2157	2373
2374	1:37:56	WALSH, Geraldine	Mullingar Harriers	F60	09:47.4	2025	2374
2375	1:37:58	KEARNS, Sean	Crusaders AC	M75	09:47.6	2317	2375
2376	1:38:00	MCDONNELL, Sean	Glanmire	M	09:47.8	425	2376
2377	1:38:01	MCCARTHY, Noirin	Midleton	F	09:47.9	2392	2377
2378	1:38:05	COUGHLAN, Joanne	Blarney	F	09:48.3	1787	2378
2379	1:38:06	NASH, Frances	Mallow	F	09:48.4	3781	2379
2380	1:38:08	WOOD, Jackie	Clarion	F	09:48.6	4247	2380
2381	1:38:08	EGAN, Jackie	Source Health & Fitness	F	09:48.6	4246	2381
2382	1:38:10	NOLAN, Aine	Rathnew	F50	09:48.8	898	2382
2383	1:38:11	SHEEHAN, Trish	Limerick	F40	09:48.9	73	2383
2384	1:38:13	O'LEARY, Jackie	Clonakilty	M	09:49.1	2567	2384
2385	1:38:15	FLYNN, John	Macroom	M60	09:49.3	2611	2385
2386	1:38:22	MURPHY, Eleanor	Knockraha	F40	09:50.0	3691	2386
2387	1:38:23	CLIFFORD, Phonicie	Limerick	M75	09:50.1	4238	2387
2388	1:38:25	WILEY, Darragh	Mallow	M	09:50.3	3480	2388
2389	1:38:25	O'BRIEN, Michael	Ballinhassig	M40	09:50.3	2769	2389
2390	1:38:26	SIMPSON, Clare	Stainland Lions	F	09:50.4	568	2390
2391	1:38:29	CROMIE, Clare	Locker Room H & F	F	09:50.7	3342	2391
2392	1:38:31	REID, Colleen	Locker Room H & F	F	09:50.9	3379	2392
2393	1:38:31	REYNOLDS, Nuala	Cork	F	09:50.9	2166	2393

2394	1:38:34	ROWE, Ann-Marie	Kilkenny	F35	09:51.2	2845	2394
2395	1:38:34	DOHENY, Helen	Kilkenny	F40	09:51.2	2844	2395
2396	1:38:35	HIGGINS, Claire	Ballymacoda	F35	09:51.3	689	2396
2397	1:38:35	JACKSON, Aileen Maria	London	F	09:51.3	3026	2397
2398	1:38:36	BOURGEOIS, Ryan	Midleton AC	MJ	09:51.4	2177	2398
2399	1:38:37	MURPHY, Donal	Fermoy	M	09:51.5	1062	2399
2400	1:38:39	MCGINLEY, Colm	Naval Service	M45	09:51.7	333	2400
2401	1:38:39	FLYNN, Kate	Anacotty	F	09:51.7	3767	2401
2402	1:38:41	O'HALLORAN, David	Bishopstown	M	09:51.9	2899	2402
2403	1:38:43	CURLEY, Kenneth	Cobh	M	09:52.1	792	2403
2404	1:38:45	MOHER, Patricia	Dublin	F45	09:52.3	137	2404
2405	1:38:47	EGAN, Caroline	Dublin	F	09:52.5	3207	2405
2406	1:38:51	BICKERS, Christina	Locker Room H & F	F	09:52.9	3364	2406
2407	1:38:53	SCANNELL, David	Locker Room H & F	M	09:53.1	3365	2407
2408	1:38:55	MOHALLY, Brian	Limerick	M	09:53.3	107	2408
2409	1:38:55	MANGAN, Mary	Dublin	F50	09:53.3	1853	2409
2410	1:39:04	O'BRIEN, Patrick	Rochestown	M45	09:54.2	1842	2410
2411	1:39:06	KIRWAN, Jennifer	West Waterford AC	F40	09:54.4	2738	2411
2412	1:39:08	LARGE, Marie	Killiney	F35	09:54.6	3763	2412
2413	1:39:10	BURCHELL, Alan	Cork BHAA	M45	09:54.8	399	2413
2414	1:39:19	FORKAN, Michael	Rochestown	M	09:55.7	1596	2414
2415	1:39:21	BOWEN, Don	Blackrock	M40	09:55.9	3139	2415
2416	1:39:34	COLEMAN, Christine	Ballinhassig	F	09:57.2	2086	2416
2417	1:39:35	CORBETT, John	Limerick	M40	09:57.3	999	2417
2418	1:39:36	GLASSON, Theresa	Limerick	F35	09:57.4	1226	2418
2419	1:39:36	MULLINS, Suzanne	Locker Room H & F	F35	09:57.4	3396	2419
2420	1:39:37	DUKELOW, Belinda	Midleton AC	F	09:57.5	184	2420
2421	1:39:38	GOUGH, Terri	West Waterford AC	F60	09:57.6	1632	2421
2422	1:39:39	RYAN, Anne-Marie	Ballinacurra	F	09:57.7	3158	2422
2423	1:39:40	HEAVEY, Edward	Naas	M50	09:57.8	636	2423
2424	1:39:41	KEANE, Marian	West Waterford AC	F40	09:57.9	1523	2424
2425	1:39:44	GRIFFIN, Ivan	Limerick	M	09:58.2	1418	2425
2426	1:39:48	MURRAY, Olivia	Bottlehill	F45	09:58.6	2540	2426
2427	1:39:49	MULCAHY, Elizabeth	Tipperary	F	09:58.7	1511	2427
2428	1:39:50	O'CONNOR, Kevin	Carrigaline	M	09:58.8	2725	2428
2429	1:39:51	FORAN, Eilis	Oranmore	F	09:58.9	3087	2429
2430	1:39:52	BECKETT, Wendy	Cape Cod AC	F35	09:59.0	1751	2430
2431	1:39:53	CLIFFORD, Aileen	Tralee	F45	09:59.1	1542	2431
2432	1:39:53	COMISKEY, Tom	Douglas	M	09:59.1	2170	2432
2433	1:39:54	MURPHY, Ian	Douglas	M	09:59.2	2171	2433
2434	1:39:55	KENNY, Nigel	Tralee	M	09:59.3	3053	2434
2435	1:39:56	UREN, Alastair Mark	Glanmire	M	09:59.4	3505	2435
2436	1:39:57	BOTHWELL, Amanda	Dublin	F	09:59.5	4316	2436
2437	1:39:59	PRENDIVILLE, Kate	Tralee	F	09:59.7	3052	2437
2438	1:40:01	HORAN, Grainne	Sportsworld RC	F	09:59.9	3217	2438
2439	1:40:05	LARSEN, Marie	Kilkenny	F	10:00.3	3086	2439
2440	1:40:06	O'MAHONEY, John	Aherla Harriers	M50	10:00.4	4325	2440
2441	1:40:07	SELL, Merrin	Stragglers	F60	10:00.5	1458	2441
2442	1:40:10	O'REILLY, Shane	Ballincollig AC	MJ	10:00.8	466	2442
2443	1:40:10	MCNALLY, Killian	Ballincollig AC	MJ	10:00.8	457	2443
2444	1:40:11	O'CONNOR, Padraig	Colaiste Choilm	MJ	10:00.9	1046	2444
2445	1:40:16	SWITZER, Susan	Dublin	F45	10:01.4	1864	2445
2446	1:40:17	KENNEDY, Marie	St. Annes M&T	F60	10:01.5	163	2446
2447	1:40:19	BENNETT, Clodagh	Mallow	F	10:01.7	2800	2447
2448	1:40:23	EDWARDS, Steven	Watergrasshill	M	10:02.1	2047	2448
2449	1:40:24	FOGARTY, Gerry	Wexford	M55	10:02.2	1143	2449
2450	1:40:30	LEETCH, Suzanne	Ballincollig	F	10:02.8	3988	2450
2451	1:40:33	CONNOLLY, Desmond	Glanmire	M	10:03.1	1169	2451
2452	1:40:35	FITZPATRICK, Gerard	Cobh	M65	10:03.3	3978	2452
2453	1:40:36	HARDY, Chris	Cape Cod AC	M45	10:03.4	1747	2453
2454	1:40:43	O'CONNOR, Raymond	Dublin	M	10:04.1	2724	2454
2455	1:40:44	HURLEY, Paul	Watergrasshill	M	10:04.2	3175	2455
2456	1:40:47	QUILLINAN, Anna	Blackrock	F	10:04.5	3060	2456
2457	1:40:49	O'CONNELL, Kathleen	Midleton AC	F50	10:04.7	1660	2457
2458	1:40:50	MCCARTHY, Richard	Ballinora	MJ	10:04.8	533	2458
2459	1:40:52	KELLY, Bruce	Cape Cod AC	M	10:05.0	1742	2459
2460	1:40:52	MYCOCK-KELLY, Lisa	Cape Cod AC	F35	10:05.0	1743	2460
2461	1:40:53	COYLE, Deirdre	Dublin	F35	10:05.1	3816	2461
2462	1:40:57	HAMILL, Deirdre	University Of Limerick	F	10:05.5	4290	2462
2463	1:40:58	COOKE, Mary	Wicklow	F35	10:05.6	4321	2463
2464	1:41:03	HARNEY, Mary	West Waterford AC	F	10:06.1	1343	2464
2465	1:41:05	BROWNE, Andy	Glanmire	M	10:06.3	701	2465
2466	1:41:11	BYRNE, Paul	Castleblaney	M	10:06.9	3085	2466
2467	1:41:12	DONNELLAN, Sarah	Kickishen	F	10:07.0	4181	2467
2468	1:41:14	JONES, William	Curraglass	M	10:07.2	3141	2468
2469	1:41:19	ANDERSON, Maureen	Stepaside	F	10:07.7	3457	2469
2470	1:41:21	MATTHEWS, Ian	Loye Valley Runners	M50	10:07.9	790	2470
2471	1:41:25	WALL, Triona	West Waterford AC	F	10:08.3	240	2471
2472	1:41:26	MURRAY, Grainne	UCC Rowing Club	FJ	10:08.4	2760	2472
2473	1:41:29	GROVES, Brigitte	Brighton&Hove RS	F45	10:08.7	1612	2473

2474	1:41:29	WALSH, Joyce	Waterford	F	10:08.7	1400	2474
2475	1:41:31	DOOLY, Zeta	Tramore	F	10:08.9	1631	2475
2476	1:41:32	HENNESSY, Karen	Carrigaline	F	10:09.0	3135	2476
2477	1:41:33	DONOVAN, Aine	Dublin	F35	10:09.1	1619	2477
2478	1:41:36	MCCARTHY, Tadhg	Naval Service	M	10:09.4	2700	2478
2479	1:41:40	O'MAHONY, Donagh	Rochestown	M	10:09.8	4108	2479
2480	1:41:41	O'DRISCOLL, Michael	Bandon	M	10:09.9	3065	2480
2481	1:41:42	CURRAN, Mary	Cork O.C.	F45	10:10.0	1345	2481
2482	1:41:44	RAVEN, Susanna	Brighton&Hove RS	F40	10:10.2	1368	2482
2483	1:41:46	CAREY, John	Mayo	M40	10:10.4	2017	2483
2484	1:41:47	FITZPATRICK, Annette	Rathbourne	F35	10:10.5	3875	2484
2485	1:41:49	O'DRISCOLL, Pat	Baltimore	M	10:10.7	980	2485
2486	1:41:50	ORGAN, Pat	Wilton	M	10:10.8	3677	2486
2487	1:41:54	RAGGETT, Edel	Ballincollog AC	F45	10:11.2	2544	2487
2488	1:41:55	O'BRIEN, Val	Dublin	F40	10:11.3	71	2488
2489	1:41:59	CONNOLLY, Paul	Cobh	M	10:11.7	1529	2489
2490	1:42:03	TURNER, Oonagh	Douglas	F	10:12.1	3654	2490
2491	1:42:03	TURNER, James	Douglas	M	10:12.1	3653	2491
2492	1:42:04	KILMARTIN, John	Dublin	M	10:12.2	1416	2492
2493	1:42:04	HARTE, Jack	Rosscarbery	M	10:12.2	2873	2493
2494	1:42:06	TONGE, Maeve	Galway	M	10:12.4	3289	2494
2495	1:42:07	MARTIN, Rory	HP Galway	M	10:12.5	3288	2495
2496	1:42:07	O'CALLAGHAN, Mellissa	Ballincollog AC	FJ	10:12.5	315	2496
2497	1:42:08	O'BRIEN, Tess	Dublin	F	10:12.6	1123	2497
2498	1:42:08	HEALY, Patricia	Dublin	F	10:12.6	2001	2498
2499	1:42:09	MEAGHER, Noreen	Scariff	F35	10:12.7	3693	2499
2500	1:42:10	O'CALLAGHAN, Kevin	Kenmare	M60	10:12.8	2843	2500
2501	1:42:12	MURRAY, Vincent	Midleton	M	10:13.0	2516	2501
2502	1:42:14	GRIFFIN, Barry	Watergrasshill	M	10:13.2	2219	2502
2503	1:42:25	SOSNOWSKA, Iwona	Whites Cross	F	10:14.3	1691	2503
2504	1:42:28	BROKENSHIRE, Glenn	Fermoy	M	10:14.6	4051	2504
2505	1:42:33	SHEEHAN, Gerard	UL Rowing	M	10:15.1	3275	2505
2506	1:42:34	DESMOND, Alan	Glanmire	M40	10:15.2	2179	2506
2507	1:42:36	LYNCH, David	Ballincollog AC	MJ	10:15.4	1007	2507
2508	1:42:38	O'LEARY, Simon	Ballincollog	MJ	10:15.6	853	2508
2509	1:42:38	WALSH, Anne	Ballincollog AC	F40	10:15.6	1053	2509
2510	1:42:39	SUTTON, Yvette	Wye Valley Runners	F55	10:15.7	1065	2510
2511	1:42:39	PHELAN, Joy	West Waterford AC	F	10:15.7	326	2511
2512	1:42:39	O'SULLIVAN, Deborah	Ballincollog	F	10:15.7	2728	2512
2513	1:42:41	GRANVILLE, Nora Mai	Ballincollog	F	10:15.9	1958	2513
2514	1:42:43	SCALLAN, Richard	Shandon Boat Club	M	10:16.1	2155	2514
2515	1:42:44	DEVINE, Phil	Dublin	M	10:16.2	880	2515
2516	1:42:45	COLGAN, Stephen	Dublin	M	10:16.3	881	2516
2517	1:42:45	CALLAGHAN, Anna-Marie	Donoughmore AC	F35	10:16.3	2120	2517
2518	1:42:45	NI CHIARDHA, Aisling	Ballincollog	FJ	10:16.3	168	2518
2519	1:42:50	BYRNE, Olive	Dublin	F50	10:16.8	1243	2519
2520	1:42:51	KINGSTON, Hilary	St. Annes M&T	F45	10:16.9	1057	2520
2521	1:42:51	HENNESSY, Paul	Wicklow Wanderers	M40	10:16.9	2589	2521
2522	1:42:52	MURPHY, Annette	Kinsale	F	10:17.0	2801	2522
2523	1:42:54	GRIFFIN, Christine	Boosterstown	F	10:17.2	3865	2523
2524	1:43:00	LEE, Ciara	Midleton	F	10:17.8	2395	2524
2525	1:43:01	SHEEHAN, John	FMRC	M50	10:17.9	1299	2525
2526	1:43:06	HEALY, Catherine	Limerick	F	10:18.4	4258	2526
2527	1:43:08	MULCAIR, Robert	Colaiste Choilm	MJ	10:18.6	569	2527
2528	1:43:08	MCEVOY, Emma	Ballingeary	F	10:18.6	4086	2528
2529	1:43:09	TOBIN, Niamh	Passage West	F	10:18.7	3163	2529
2530	1:43:10	LENIHAN, Colm	Passage West	M	10:18.8	3164	2530
2531	1:43:10	MUCKIAN, Shiela	Crosbarry	F40	10:18.8	400	2531
2532	1:43:12	REGAN, Mary	Avon	F45	10:19.0	1258	2532
2533	1:43:13	HARTY, Michael	Blackrock	M	10:19.1	4279	2533
2534	1:43:16	BRADFIELD, John	Cork	M	10:19.4	1162	2534
2535	1:43:17	O'LEARY, Seamus	Cork	M	10:19.5	1163	2535
2536	1:43:18	O'CONNOR, Denise	Cork	F	10:19.6	3897	2536
2537	1:43:18	O'CONNELL, Katie	Buttevant	F	10:19.6	3543	2537
2538	1:43:28	BARRY, Jennifer	Kinsale	F	10:20.6	3612	2538
2539	1:43:29	TUTTY, Kevin	West Waterford AC	M	10:20.7	4194	2539
2540	1:43:31	MCCALLION, Eamonn	Dublin	M	10:20.9	1415	2540
2541	1:43:34	SCOTT, Barry	Dub Runners Belfast	M55	10:21.2	659	2541
2542	1:43:36	POWER, James	Waterford	M40	10:21.4	732	2542
2543	1:43:43	MURPHY, Darren	Ballincollog AC	MJ	10:22.1	398	2543
2544	1:43:44	COLLINS, Eileen	Lissarda	F	10:22.2	1762	2544
2545	1:43:47	O'DRISCOLL, Niall	SCI	M	10:22.5	2441	2545
2546	1:43:50	PIERSE, Sean	City Life	M	10:22.8	1567	2546
2547	1:43:52	O'ROURKE, Neil	Ballincollog	MJ	10:23.0	185	2547
2548	1:43:56	CASEY, Anita	Muckcross Rowing Club	F	10:23.4	3915	2548
2549	1:43:59	BYRNE, Daniel	Mallow AC	M45	10:23.7	2324	2549
2550	1:44:00	MORRIS, Chris	Motorola	M45	10:23.8	186	2550
2551	1:44:05	MURPHY, Gerard	Macroom	M	10:24.3	4265	2551
2552	1:44:09	BURGESS, John	Inniscarra	M40	10:24.7	1653	2552
2553	1:44:10	CRONIN, Kathleen	Mallow AC	F40	10:24.8	2328	2553

2554	1:44:11	KAVANAGH, Wayne	Clondalkin	M	10:24.9	4134	2554
2555	1:44:13	AHERNE, Liam	EMC	M	10:25.1	594	2555
2556	1:44:15	MANLEY, Clara	Millstreet AC	F	10:25.3	378	2556
2557	1:44:16	SELARU, Michael	Ballincollig	MJ	10:25.4	4243	2557
2558	1:44:22	NOLAN, Susan	Croom	F	10:26.0	2059	2558
2559	1:44:23	O'SULLIVAN, Marie	Glanmire	F	10:26.1	3527	2559
2560	1:44:26	HIGGINS, Mary	St. Finbarrs AC	F40	10:26.4	1556	2560
2561	1:44:30	HAYES, John	Limerick	M45	10:26.8	4075	2561
2562	1:44:34	HOEY, Siobhan	Carrigaline	F35	10:27.2	2749	2562
2563	1:44:35	MANNING, Denis	St. Finbarrs AC	M55	10:27.3	50	2563
2564	1:44:37	MORRIS, John	Motorola	M45	10:27.5	187	2564
2565	1:44:38	MARA, Orla	Marino	F	10:27.6	3857	2565
2566	1:44:41	MORAN, Peadar	Enniscorthy	M	10:27.9	1533	2566
2567	1:44:51	MURTAGH, Jason	Riverstick	M	10:28.9	1952	2567
2568	1:44:59	COLLINS, John	Limerick AC	M70	10:29.7	781	2568
2569	1:45:06	CAHALANE, Siobhan	Dublin	F	10:30.4	2645	2569
2570	1:45:14	BOURKE, Eoghan	Locker Room H & F	M	10:31.2	3343	2570
2571	1:45:16	KEANE, Pat	West Waterford AC	M40	10:31.4	1522	2571
2572	1:45:22	WICKAM, Anthony	North Herts R.R.	M50	10:32.0	564	2572
2573	1:45:23	HOPKINS, Neil	North Herts R.R.	M45	10:32.1	563	2573
2574	1:45:32	MURPHY, Anne	Rising Sun AC	F40	10:33.0	1098	2574
2575	1:45:38	CUNNIAM, Carol	Dublin	F35	10:33.6	841	2575
2576	1:45:45	O'SULLIVAN, Collette	West Waterford AC	F	10:34.3	401	2576
2577	1:45:45	SHEEHAN, Betty	West Waterford AC	F40	10:34.3	1222	2577
2578	1:45:46	MEADE, Margaret	Glanmire	F	10:34.4	2303	2578
2579	1:45:47	KEANE, Ricky	Dungarvan	M	10:34.5	4144	2579
2580	1:45:54	PEMBERTON, Liz	Stragglers	F45	10:35.2	1465	2580
2581	1:45:57	CONNOLLY, Christian	Cork	M	10:35.5	3973	2581
2582	1:45:57	QUINN, Mary	Earlscourt	F	10:35.5	3590	2582
2583	1:45:58	O'CARROLL, Cormac	Cork	M45	10:35.6	811	2583
2584	1:45:58	QUILL, Lucy	Cork	F40	10:35.6	1101	2584
2585	1:46:03	LUCEY, Julia	Locker Room H & F	F	10:36.1	3366	2585
2586	1:46:06	TWOHIG, Lisa	Cork	FJ	10:36.4	1255	2586
2587	1:46:08	O'CONNELL, Helena	Cork	F	10:36.6	1291	2587
2588	1:46:14	KIELY, Nicola	Crosshaven	F35	10:37.2	1301	2588
2589	1:46:15	CROWLEY, Noreen	Ballincollig AC	F45	10:37.3	678	2589
2590	1:46:16	BUCKLEY, Darragh	Ballincollig AC	MJ	10:37.4	951	2590
2591	1:46:26	O'CALLAGHAN, Aoife	Inniscarra	FJ	10:38.4	1139	2591
2592	1:46:28	O'SULLIVAN, Nollaig	Naas	F35	10:38.6	2813	2592
2593	1:46:30	HICKEY, Dermot	Locker Room H & F	M	10:38.8	3345	2593
2594	1:46:31	MEADE, Claire	Dublin	F	10:38.9	2302	2594
2595	1:46:31	DURACK, Mike	Limerick	M	10:38.9	4213	2595
2596	1:46:36	COWIE, Heather	Cork	F40	10:39.4	182	2596
2597	1:46:41	GILTINAN, Nola	Naas AC	F	10:39.9	258	2597
2598	1:46:46	O'REILLY, Donal	Ballincollig	M	10:40.4	4077	2598
2599	1:46:47	O'BRIEN, Triona	Glanmire	F	10:40.5	1168	2599
2600	1:46:48	MCCARTHY, Maeve	Vicarstown	FJ	10:40.6	133	2600
2601	1:46:48	LUCEY, Michael	Farnanes	MJ	10:40.6	201	2601
2602	1:46:53	AHERNE, Paul	Mullingar	M	10:41.1	2027	2602
2603	1:46:54	ALLEN, John	Riverstick	M45	10:41.2	148	2603
2604	1:46:59	KENEFICK, Mary	Ballymacoda	F35	10:41.7	2802	2604
2605	1:47:04	WALSH, Tracy	Ballycotton	F	10:42.2	2995	2605
2606	1:47:05	MCNEICE, Conor	Douglas	M50	10:42.3	762	2606
2607	1:47:10	MURRAY, Neil	Invincibles	M55	10:42.8	318	2607
2608	1:47:14	MAC DONALD, David	Helensburgh AC	M55	10:43.2	1681	2608
2609	1:47:17	ROCHE, Caroline	Country Club Runners	F	10:43.5	3705	2609
2610	1:47:18	MURPHY-SHEEHAN, Siobhan	Dublin	F40	10:43.6	1151	2610
2611	1:47:21	SLYE, Alexandra	Fitnessworx	F35	10:43.9	3664	2611
2612	1:47:24	TOBIN, Damien	Tower	M	10:44.2	3605	2612
2613	1:47:25	MCLORNAN, Roisin	Belfast	F	10:44.3	4298	2613
2614	1:47:27	VONHOF, Judith	Ballincollig	F35	10:44.5	1649	2614
2615	1:47:28	GLEESON, Donnacha	Ovens	MJ	10:44.6	193	2615
2616	1:47:30	MANGAN, Katharine	Blackrock	F	10:44.8	2885	2616
2617	1:47:39	LEONARD, Grace	Waterford	F	10:45.7	3043	2617
2618	1:47:40	GREEN, James	Bristol	M	10:45.8	1184	2618
2619	1:47:45	CONNOLLY, Nuala	Glanmire	F	10:46.3	1167	2619
2620	1:47:46	TRENCH, Connie	Glanmire	F	10:46.4	1165	2620
2621	1:47:46	O'SULLIVAN, Donna	Drommahane	F50	10:46.4	494	2621
2622	1:47:50	COTTER, James	Mallow	M	10:46.8	3604	2622
2623	1:47:50	GUINEY, David	Millstreet	M	10:46.8	3603	2623
2624	1:47:53	O'CONNELL, Nuala	Midleton AC	F35	10:47.1	655	2624
2625	1:47:56	BYRNE, Josephine	Slaney Olympic AC	F35	10:47.4	3024	2625
2626	1:47:58	ELLIOTT, Sile	Waterford	F40	10:47.6	3054	2626
2627	1:48:04	RYAN, Gillian	Glanmire	F	10:48.2	784	2627
2628	1:48:05	RYAN, John	Glanmire	M40	10:48.3	783	2628
2629	1:48:06	MORRIS, Brenda	Ballinacurra	F40	10:48.4	95	2629
2630	1:48:07	BARRY, Helen	Birdhill	F	10:48.5	2882	2630
2631	1:48:08	TRACEY, Claire	Sperrin Og LGFC	F	10:48.6	2366	2631
2632	1:48:17	MOYNIHAN, Pat	Glenageary	M40	10:49.5	4295	2632
2633	1:48:22	KIRBY, Lucy	Cobh	F	10:50.0	3296	2633

2634	1:48:23	LANNEN, Paddy	West Waterford AC	M60	10:50.1	1179	2634
2635	1:48:26	OSBORNE, Siobhan	Ballinacurra	F	10:50.4	1812	2635
2636	1:48:29	FAHERTY, Joan	Ballincollog	F45	10:50.7	789	2636
2637	1:48:31	KENNEALLY, Andrea	Youghal	F	10:50.9	3610	2637
2638	1:48:32	O'CALLAGHAN, Tim	Glanmire	M40	10:51.0	2181	2638
2639	1:48:34	O'BRIEN, Alison	Surrey	F35	10:51.2	949	2639
2640	1:48:34	O'BRIEN, Declan	Surrey	M	10:51.2	948	2640
2641	1:48:38	DEASY, Mary	Clonakilty LS	F40	10:51.6	4070	2641
2642	1:48:38	O'REGAN, Tim	Clonakilty	M	10:51.6	2068	2642
2643	1:48:39	HANLEY, Will	Tribesman R.C.	M	10:51.7	4313	2643
2644	1:48:40	FLEMING, Clodagh	Ballinhassig	F	10:51.8	300	2644
2645	1:48:40	TWOMEY, Rosie	Cork	F	10:51.8	3896	2645
2646	1:48:59	MCNAMARA, Michelle	Cobh	F	10:53.7	2216	2646
2647	1:49:00	FENNELL, Victor	Oysterhaven	M50	10:53.8	1515	2647
2648	1:49:01	COTTER, Neil	Cobh	M	10:53.9	3109	2648
2649	1:49:01	MOLONY, James	Corbally	M	10:53.9	2389	2649
2650	1:49:05	O'KEEFFE, David	Ballincollog AC	MJ	10:54.3	70	2650
2651	1:49:12	HOWLETT, Ciara	Kinsale	F	10:55.0	1364	2651
2652	1:49:20	HENNESSY, Ronnie	Glanmire	M	10:55.8	2430	2652
2653	1:49:21	HENNESSY, Tricia	Glanmire	F	10:55.9	2429	2653
2654	1:49:23	GRIMES, David	England	M45	10:56.1	3854	2654
2655	1:49:30	DUFFY, John	Johnswell	M	10:56.8	4011	2655
2656	1:49:36	MCCULLOUGH, Claire	Limerick	F40	10:57.4	1001	2656
2657	1:49:43	O'CRONIN, Diarmuid	Blackrock	M	10:58.1	2886	2657
2658	1:49:45	MANGAN, Yvonne	Blackrock	F	10:58.3	2884	2658
2659	1:49:48	LENANE, Caroline	West Waterford AC	F	10:58.6	2099	2659
2660	1:49:48	HAYES, Helene	West Waterford AC	F50	10:58.6	289	2660
2661	1:49:51	MORAN, Tom	Cashel	M	10:58.9	2270	2661
2662	1:49:51	CLOGAN, Barry	Limerick	M	10:58.9	4319	2662
2663	1:49:52	KEOHANE, Clodagh	Cork	M	10:59.0	3985	2663
2664	1:49:54	SMITH, Aisling	Roscrea	F	10:59.2	3975	2664
2665	1:49:54	BYRNE, Shona	Douglas	F	10:59.2	3969	2665
2666	1:49:58	DWYER, Nora	City Life	F	10:59.6	1559	2666
2667	1:50:05	COTTER, Liam	Cobh	M	11:00.3	3258	2667
2668	1:50:09	DWYER, Oonagh	City Life	F	11:00.7	1576	2668
2669	1:50:10	QUINN, Pamela	Shannon	F	11:00.8	1340	2669
2670	1:50:12	TWOMEY, Luke	Ballincollog AC	MJ	11:01.0	2276	2670
2671	1:50:15	FLANAGAN, Leona	Douglas	F	11:01.3	2473	2671
2672	1:50:21	REYNOLDS, Imelda	City Life	F40	11:01.9	1568	2672
2673	1:50:22	O'DONOGHUE, Clodagh	Dublin	F	11:02.0	4318	2673
2674	1:50:26	MINOGUE, Paschal	Castletroy	M45	11:02.4	522	2674
2675	1:50:35	DINEEN, Denis	Watergrasshill	M50	11:03.3	2475	2675
2676	1:50:42	DILLON, Rena	Glanmire	F	11:04.0	2570	2676
2677	1:50:54	MURPHY, Fergal	Little Island	M	11:05.2	4049	2677
2678	1:50:57	KEATINGE, Bairbre	Midleton	F35	11:05.5	3609	2678
2679	1:51:02	BYRNE, Aoife	St. Finbarrs AC	F	11:06.0	3726	2679
2680	1:51:03	FITZPATRICK, Trish	Sultans AC	F	11:06.1	2019	2680
2681	1:51:03	MCNAMARA, John	Sultans AC	M	11:06.1	1507	2681
2682	1:51:05	BRYANT, Robyn Frances	Shanagarry	F	11:06.3	3114	2682
2683	1:51:09	O'SULLIVAN, Niall	Ballincollog AC	MJ	11:06.7	165	2683
2684	1:51:11	O'BRIEN, Pat	West Waterford AC	M	11:06.9	4178	2684
2685	1:51:17	HOLLAND, Colum	Ballincollog AC	MJ	11:07.5	244	2685
2686	1:51:23	O'SHEA, Kathryn	Clonakilty	F35	11:08.1	4173	2686
2687	1:51:32	O'RIORDAN, Tony	Aherla Harriers	M	11:09.0	2222	2687
2688	1:51:53	MURPHY, Carol	Cork Tri-Ath	F	11:11.1	1819	2688
2689	1:51:59	HOLDROYD, John	Wye Valley Runners	M45	11:11.7	2590	2689
2690	1:52:08	MURRAY, Denis	Cork	M	11:12.6	2786	2690
2691	1:52:10	O'HALLORAN, Jill	Parteen	F	11:12.8	2058	2691
2692	1:52:10	UNKNOWN,	NDB	11:12.8	5006	2692	
2693	1:52:11	UNKNOWN,	NDB	11:12.9	5007	2693	
2694	1:52:15	DORGAN, Catriona	UCC Rowing Club	F	11:13.3	1116	2694
2695	1:52:16	BUCKLEY, Gobnait	Aherla Harriers	F	11:13.4	3185	2695
2696	1:52:24	KEOHANE, Gillian	Inniscarra	FJ	11:14.2	617	2696
2697	1:52:24	KINGSTON, Oliver	Ballymacoda	M	11:14.2	3409	2697
2698	1:52:28	ANGUS, Linda	Brighton&Hove RS	F45	11:14.6	1369	2698
2699	1:52:29	POSTLETHWAITE, Sarah	Brighton&Hove RS	F40	11:14.7	1370	2699
2700	1:52:44	LANNIN, Una	Carrigaline	F	11:16.2	2656	2700
2701	1:52:44	LANNIN, Fiona	Carrigaline	F	11:16.2	2657	2701
2702	1:52:47	O'RIORDAN, Margaret	Westport	F	11:16.5	3904	2702
2703	1:52:47	MURPHY, Ita	Salthill	F	11:16.5	3851	2703
2704	1:52:49	DWYER, Suzanne	Rochestown	F35	11:16.7	4283	2704
2705	1:52:53	KEHOE, Niamh	Gorey	FJ	11:17.1	2456	2705
2706	1:52:53	O'DOHERTY, Patrick	West Waterford AC	M	11:17.1	264	2706
2707	1:52:54	O'NEILL, Yvonne	Rochestown	F35	11:17.2	2553	2707
2708	1:52:55	MOLONEY, Paul	Limerick	M	11:17.3	3471	2708
2709	1:52:55	FOLEY, Valerie	Cork	F	11:17.3	1095	2709
2710	1:52:56	O'CONNOR, Niall	Ballincollog GAA	MJ	11:17.4	363	2710
2711	1:53:11	BARRY, Kevin	Dublin	M	11:18.9	2271	2711
2712	1:53:20	PHILLIPS, Karen	Les Croupiers	F35	11:19.8	1587	2712
2713	1:53:21	GRIFFIN, John	Les Croupiers	M65	11:19.9	1583	2713

2714	1:53:21	HEHIR, Jordan	Ballincollig AC	MJ	11:19.9	817	2714
2715	1:53:28	DWYER, Jim	Carrigaline	M	11:20.6	3160	2715
2716	1:53:37	BALFE, Sue	Ballinlusk Survivors	F50	11:21.5	2310	2716
2717	1:54:01	GREENE, Sarah	Greenhills L.C.	F	11:23.9	3470	2717
2718	1:54:05	FORDE, John	Cork BHAA	M75	11:24.3	2585	2718
2719	1:54:07	GREENE, Iris	Greenhills L.C.	F	11:24.5	3469	2719
2720	1:54:17	HANLEY, Tracee	Ballincollig AC	FJ	11:25.5	232	2720
2721	1:54:22	CRONIN, Joanne	Ballincollig AC	FJ	11:26.0	238	2721
2722	1:54:25	MONAHAN, Eoin	Rathpeacon	M40	11:26.3	759	2722
2723	1:54:26	MAGUIRE, Frank	Rathpeacon	M40	11:26.4	760	2723
2724	1:54:28	MCFADDEN, Fran	Tower	M	11:26.6	2591	2724
2725	1:54:28	KELLEHER, Caroline	Carrigtwohill	F	11:26.6	1781	2725
2726	1:54:31	O'DONOGHUE, Mary	Ballincollig	F	11:26.9	3838	2726
2727	1:54:51	PHELAN, Bryan	Ballincollig AC	MJ	11:28.9	127	2727
2728	1:55:04	O'CONNELL, Catherine	Middleton	F	11:30.2	3420	2728
2729	1:55:04	O'CONNELL, Shirley	Middleton	F	11:30.2	3425	2729
2730	1:55:04	GOULD, Anne	Ballymacoda	F	11:30.2	3424	2730
2731	1:55:13	FARRELL, Ruth	Cork	F35	11:31.1	886	2731
2732	1:55:18	MARSHALL, Sinead	Mullingar	F	11:31.6	471	2732
2733	1:55:25	RAFTERY, John	Cork	M	11:32.3	3582	2733
2734	1:55:41	FINN, Laura	Dublin	F	11:33.9	2158	2734
2735	1:55:53	COOGAN, Anne	Dublin	F65	11:35.1	1953	2735
2736	1:56:11	CARMODY, Deirdre	Kilrush	F35	11:36.9	1975	2736
2737	1:56:18	WALL, Carol	Tower	F	11:37.6	3606	2737
2738	1:56:33	UNKNOWN,	NDB	11:39.1	5008	2738	
2739	1:56:35	UNKNOWN,	NDB	11:39.3	5009	2739	
2740	1:56:45	SMIDDY, Mary	London	F	11:40.3	3129	2740
2741	1:56:47	FARRELL, Brian	LE Ciara	M	11:40.5	1248	2741
2742	1:56:49	SCHOENE, Sandy	Middleton	F	11:40.7	4251	2742
2743	1:56:53	LYNCH, Geraldine	Clonmel	F	11:41.1	4138	2743
2744	1:56:54	O'NEILL, Deirdre	Crusaders AC	F35	11:41.2	1998	2744
2745	1:57:00	MCCARTHY, Val	Naval Service	F	11:41.8	2719	2745
2746	1:57:01	MORRIS, Simone	Limerick	F	11:41.9	3106	2746
2747	1:57:10	FITZGERALD, Elaine	Cork	F	11:42.8	2172	2747
2748	1:57:26	MARSHALL, Martha	Mullingar Harriers	F50	11:44.4	472	2748
2749	1:57:46	DUFFY, Des	Glanworth	M	11:46.4	2084	2749
2750	1:57:56	MASTERSON, Cillian Aidan	Colaiste Choilm	MJ	11:47.4	671	2750
2751	1:58:04	MURPHY, Stephen	Ballincollig	MJ	11:48.2	1127	2751
2752	1:58:06	WALSH, Nicola	Clonmel	F	11:48.4	2823	2752
2753	1:58:38	BRADLEY, Gabriel	Civil Service Harriers	M50	11:51.6	695	2753
2754	1:59:01	DUGGAN, Grainne	Source Health & Fitness	F	11:53.9	1839	2754
2755	1:59:21	REANEY, Sean	Castletroy	M50	11:55.9	3771	2755
2756	2:00:00	O'SHEA, Alison	Waterfall	FJ	11:59.8	88	2756
2757	2:00:00	MULVIHILL, Ciara	Ballincollig AC	FJ	11:59.8	237	2757
2758	2:00:53	DOWDALL, Paul	Ballincollig	M45	12:05.1	710	2758
2759	2:01:42	MOLONEY, Michael	Bristol	M60	12:10.0	1191	2759
2760	2:01:44	KANE, Desiree	Country Club Runners	F35	12:10.2	2184	2760
2761	2:01:52	WHELAN, Eugene	Arklow	M45	12:11.0	2285	2761
2762	2:02:04	SHANNON, Jason	Macroom	M	12:12.2	3265	2762
2763	2:02:06	ROBERTS, Greta	Slaney Olympic AC	F	12:12.4	1636	2763
2764	2:02:10	MCCABE, Aoife	Kinsale	F	12:12.8	298	2764
2765	2:02:29	FINN, Cathal	Kinsale	M	12:14.7	297	2765
2766	2:02:40	MORRIS, Patricia	Running Network	F50	12:15.8	161	2766
2767	2:02:40	HARTE, Majella	Douglas	F35	12:15.8	1411	2767
2768	2:03:53	BUNYON, Triona	Tralee	F	12:23.1	2911	2768
2769	2:04:08	KEOGH, Marcella	Naval Service	F	12:24.6	2707	2769
2770	2:04:25	O'NEILL, Siobhan	Ballincollig AC	FJ	12:26.3	89	2770
2771	2:04:35	RING, Eadaoin	Ballincollig AC	FJ	12:27.3	1701	2771
2772	2:04:47	MCCARTHY, Jeanie	Tallow	F35	12:28.5	4222	2772
2773	2:05:07	SKERRETT, Helen	Dublin	F	12:30.5	3247	2773
2774	2:05:07	HILL, Ricky	UCC Rowing Club	M	12:30.5	4115	2774
2775	2:05:25	WALL, Conor	Ballincollig	MJ	12:32.3	1392	2775
2776	2:05:46	O'SULLIVAN, Emer	Ballincollig AC	FJ	12:34.4	304	2776
2777	2:05:51	BELL, Jacquie	Middleton Harriers	F40	12:34.9	1772	2777
2778	2:05:51	PUGH, Janice	Middleton Harriers	F45	12:34.9	1770	2778
2779	2:05:59	O'TOOLE, Christopher	North Cork AC	M50	12:35.7	369	2779
2780	2:06:00	WIXTED, Mary	Clonmel	F	12:35.8	1038	2780
2781	2:06:43	SHEEHY, Marie	Clonmel	F	12:40.1	4028	2781
2782	2:07:03	WALSH, Aine	New Ross	F	12:42.1	3642	2782
2783	2:07:39	O'LEARY, Daniel	Cork	M40	12:45.7	1154	2783
2784	2:07:55	WALSH, Deirdre	Grange	F	12:47.3	3643	2784
2785	2:08:02	TIMMONS, Nicole	Limerick AC	FJ	12:48.0	1450	2785
2786	2:08:03	TIMMONS, Michael	Limerick AC	M60	12:48.1	1397	2786
2787	2:08:04	TIMMONS, Philip	Kildimo	M	12:48.2	1504	2787
2788	2:08:04	TIMMONS, Michael Jnr	Herbertstown	M	12:48.2	1468	2788
2789	2:11:42	DUGGAN, Aoife	Ballincollig AC	FJ	13:10.0	194	2789
2790	2:11:44	BOWEN, Jessica	Ballincollig AC	FJ	13:10.2	328	2790
2791	2:11:45	GALVIN, Bernadette	Ballinora	FJ	13:10.3	409	2791
2792	2:12:12	COSTELLO, James	Ballincollig	MJ	13:13.0	250	2792
2793	2:12:13	MILLER, Tomas	Ballincollig AC	MJ	13:13.1	1071	2793

2794	2:12:34	O'DONOGHUE, Laura	Ballincollig AC	FJ	13:15.2	546	2794
2795	2:12:47	DENNEHY, Sheila	Rathfarnham	F55	13:16.5	613	2795
2796	2:14:08	LUCEY, Jerry	Farnanes	MJ	13:24.6	202	2796
2797	2:14:54	QUIRKE, Norma	Bishopstown	F	13:29.2	3313	2797
2798	2:14:56	WOLFE, Joyce	Cobh	F	13:29.4	703	2798
2799	2:15:00	CORKERY, Sarah	Cork	F	13:29.8	4199	2799
2800	2:16:09	DELANEY, Martine	Cork	F40	13:36.7	513	2800
2801	2:17:21	DORGAN, Paula	Midleton	F	13:43.9	4204	2801
2802	2:17:36	MCCARTHY, Regina	Hospital	F	13:45.4	3490	2802
2803	2:17:36	HANNAN, Sinead	Celbridge	F	13:45.4	3486	2803
2804	2:17:37	MCDONNELL, Louise	Limerick	F	13:45.5	3908	2804
2805	2:19:13	FAHEY, Caroline	Limerick	F	13:55.1	4232	2805
2806	2:19:14	COOK, Laura	Cork	F	13:55.2	4054	2806
2807	2:19:22	BOURGEOIS, Yvonne	Midleton AC	F45	13:56.0	2178	2807
2808	2:19:22	WALSH, Kathleen	New Ross	F65	13:56.0	3646	2808
2809	2:19:23	FLEMING, Jim	West Waterford AC	M	13:56.1	1351	2809
2810	2:19:46	TOHER, Mary	Midleton AC	F45	13:58.4	2125	2810
2811	2:26:27	LOONEY, Emma	Ballincollig AC	FJ	14:38.5	945	2811
2812	2:35:58	CAMPBELL, Christopher	Blarney-Inniscarra AC	MJ	15:35.6	1173	2812
2813	2:35:58	MASTERSON, Alexandra	Blarney	F40	15:35.6	670	2813